

ORIENTAL EDUCATION SOCIETY'S

ORIENTAL COLLEGE OF PHARMACY

(Approved by AICTE, PCI, D.T.E., Affiliated to University of Mumbai & Certified by ISO 9001:2008)



Date: 16/10/24

Title of the Report with Academic year:

Lecture on "Personality Development and Women's Hygiene" organised by Women's Development Committee 2024-2025 at Oriental college of Pharmacy, Sanpada.

Details of activity:

Name of the Activity	Lecture on Personality Development and Women's Hygiene	Activity Number	WDC/01
Date	14 th October 2024	Department /Committee or Faculty	Women's Development cell
Venue	Seminar hall and ground	Time	1pm to 2pm
Nature of Activity (Indoor/Outdoor)	Indoor	Total number of Participants	130

Activity Information:


Objectives	Menstrual hygiene awareness and education is important for women's health and well-being. It can help women and girls be disease free and feel confident as well as empowered.
Methodology or Brief summary	On 14 th October 2024 "Lecture on Personality Development and Women's Hygiene" was taken under Women development cell for first to final year girls. Miss. Saniya Pathan, Corporate trainer, Y-connect Brandtouch & Analytics pvt. Ltd. Mumbai was invited as a guest speaker. 130 total girls had attended the lecture.





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	<p>The Program started with a welcome note by Miss Tanvi Sadaye, TY student and member of WDC. The guest started her session with the introduction of importance of personality development and menstrual hygiene for girl students. She mentioned about the pros and cons of the same. She on the behalf of Y-connect Brandtouch & Analytics pvt, Ltd. Mumbai also distributed free sanitary pads and hair removal razers to all the girl students as a gift.</p> <p>All the girl students had actively attended the session. They felt that it would be really useful for them. Some of the students expressed very good views in their feedback. Mrs Kranti D.Patil, Women development committee incharge and ladies staff were present for the workshop. The workshop ended with Vote of thanks.</p>
Outcome	<p>Good menstrual hygiene can help prevent illnesses like urinary tract infections and bacterial vaginosis. Good menstrual hygiene can help women feel confident and have a better sense of self-worth.</p> <p>The objective of personality development for girls is to empower them to become confident, well-rounded individuals with strong self-esteem, effective communication skills, critical thinking abilities, and a positive self-image, enabling them to navigate life challenges and pursue their goals with resilience and agency, regardless of societal expectations.</p>

Pictures attached with the report.


 Mrs Kranti D. Patil
 WDC Convener


 Dr. Sudha Rathod

Principal
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Pic's of Personality Development and Women's Hygiene



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