# ORIENTAL COLLEGE OF PHARMACY





-: Criterion 7: -

# Institutional Values And Best Practices

7.1.8 - Describe the Institutional efforts/initiatives in providing an inclusive environment i.e., tolerance and harmony towards cultural, regional, linguistic, communal socioeconomic and other diversities

# ORIENTAL COLLEGE OF PHARMACY





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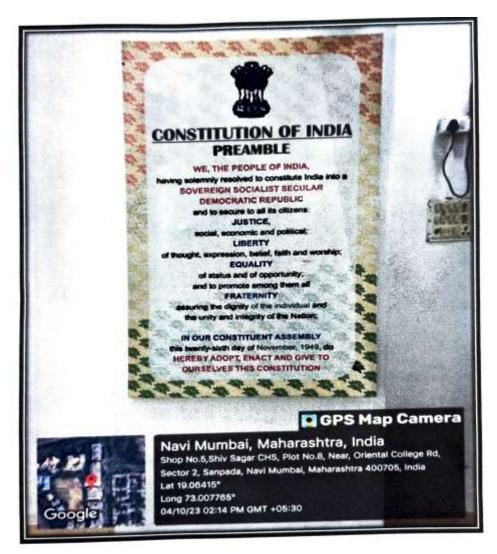
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# ORIENTAL COLLEGE OF PHARMACY





Geo-Tagged picture of Preamble to the Constitution of India placed in our Institution



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# **Consolidated Activity reports 2023-2024**

# A. Cultural committee activities 2023-2024

## Index

S. No.	Name of the Activity	Date
1.	Meri Maati Mera Desh (Panchpran Oath)	9/08/2023
2.	Independence Day	15/08/2023
3.	Teachers's day	5/09/2023
4.	Founder's Day	1/10/2023
5.	Ek Bharat Shreshta Bharat & Bhartiya Bhasha Utsav	28/10/2023
6.	Organ donation Awareness program	21/11/2023, 22/11/2023
7.	Fresher's Party	5/12/2023
8.	Republic Day	26/01/2024
9.	Gravity Timeflare (All cultural events and Annual Day)	From 19/02/2024 to 24/02/2024
10.	Marathi Bhasha Diwas	27/02/2024
11.	Farewell Party	30/05/2024

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ORIENTAL EDUCATION SOCIETY'S

# ORIENTAL COLLEGE OF PHARMACY

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10th August 2023

## REPORT

'Meri Maati Mera Desh' is a campaign initiated by the Government of India with a focus to make India a developed country, eliminate the mentality of slavery, be proud of our rich heritage, uphold unity and solidarity, fulfill duties as citizens and respect those who protect the nation. This campaign started on 9th August 2023. All the educational institutes in the country were asked to participate in the various activities in relation to this campaign.

As per the communication received from the Directorate of Technical Education (DTE) in regards to the initiation of this campaign, all the staff members (teaching and non-teaching) and the students of Oriental College of Pharmacy took the *Panchpran* Oath on 9th August 2023 at 10:00 a.m.

Faculty in-charge explained the importance of this campaign to the students and then recited the oath which was repeated by students. Photographs of the students and faculty taking the oath were taken and uploaded on the DTE site.

It was indeed a moment of pride for every citizen to take such an oath.

Dr. Sudha Rathod

Dr. Manasi Gholkar

Cultural In-charge

Mr. Abhijit Kanavaje

Asso. Cultural In-charge



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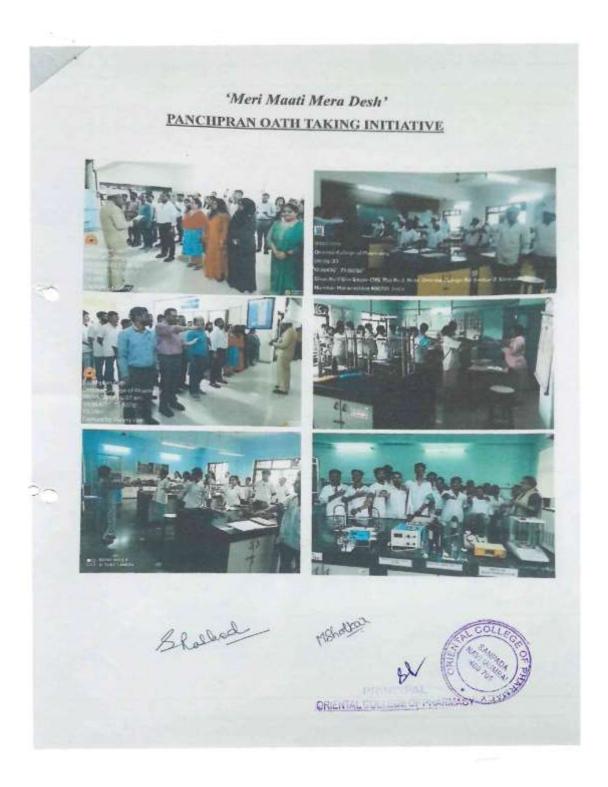
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#### REPORT

#### INDEPENDENCE DAY CELEBRATION 2023

India celebrated its 77<sup>th</sup> Independence Day on 15<sup>th</sup> August 2023. To mark the celebration of 76 years of independence we the staff of Oriental College of Pharmacy, along with the other colleges of Oriental Education Society at the Sanpada campus celebrated it by hoisting our National flag followed by some cultural programs.

The program started by hoisting the National flag by Prof. Rupaii Jamode, Oriental College of Law. It was followed by the National Anthem.

The spirit of freedom and the sacrifices done by our national heroes were remembered through the various cultural programs presented by the students of the different colleges of OES. Students presented their artistic skills by performing dances on various patriotic songs. Some students also played musical instruments to showcase their talent.

The program ended with our student playing the national anthem on his flute.

The air was filled with a feeling of pride and peace.

Dr. Sudha Rathod

ORENTAL COLLEGE OF P

Dr. Manasi Gholkar

Cultural In-charge

Mr. Abhijit Kanavaje

Associate Cultural In-charge

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#### REPORT

#### TEACHERS' DAY

Dr. Sarvepalli Radhakrishnan was elected as the 2<sup>nd</sup> President of India in 1962. He was a great teacher, philosopher, scholar and Bharat Ratna awardee. We celebrate 5th September as Teachers' Day to commemorate his birth anniversary. Dr. Radhakrishnan believed that "teachers should be the best minds in the country". Hence when some of his students wished to celebrate his birthday, he proposed to celebrate 5th September as Teachers' Day to acknowledge the invaluable contribution of the teachers to society.

Student Council of Oriental College of Pharmacy celebrated Teachers' Day by organizing a small event for their teachers. The event started with a dance performance by Final Year student Ms. Akanksha Patil which reflected the importance of teachers in a students like. Mr. Vinayak Dubey (Final Year) expressed gratitude towards the teaching and non-teaching faculty of the college through his speech. This was followed by the cake cutting ceremony.

Further it was followed by a quiz organized by the Students Council for the teachers. All the teachers had fun. The teaching and non-teaching staff were then felicitated by giving a small gift by the students.

Dr. Mohib Khan, delivered a small speech for the students and the event concluded with the Vote of Thanks been delivered by Ms. Navya Unnikrishnan (ex-G S of the Students Council).

Dr. Sudha Rathod MIAL COLLEGE OF PIRENELS

Dr. Manasi Gholkar

Cultural In-charge

Mr. Abhijit Kanavaje

Asso. Cultural In-charg

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## GLIMPSES OF TEACHERS' DAY EVENT







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5th October 2023

#### REPORT

Your life was a blessing, your memory a treasure, You are loved beyond words and missed beyond measure.

These thoughts truly express the feelings of every person whose life has been touched by our beloved Founder Late Prof. Javed Khan Sir.

Oriental Education Society is a brain child of this great personality and hence we honour him by celebrating our Founder's Day on 1st October which is Javed Sir's birthday.

This year all the colleges and schools under the umbrella of OES situated in Navi Mumbai celebrated the Founder's Day on 4th October on its Sanpada Campus. The program began with the lamp lighting ceremony by the management and the principals of all the colleges/schools. Student of Oriental College of Pharmacy accompanied this ceremony by playing the Saraswati Vandan on his flute. This was followed by an inaugural address by Dr. Lasune, Principal SCCT. Hon. Dr. Azeem Khan, Treasurer, OES was felicitated with a floral bouquet and hand-made portrait of Late. Prof. Javed Khan made by a student of Sanpada College of Commerce and Technology (SCCT). All the other dignitaries were felicitated with floral bouquets. Dr. Sudha Rathod, Principal, Oriental College of Pharmacy (OCP), through a short speech, shared her memories of Javed sir.

An audio-visual clip on the life of Late Prof. Javed Khan was screened during this gathering. Short cultural events were presented by the students of Oriental College of Education (OCE), SCCT and OCP. Mr. Aviral Tripathi from OCP gave a mesmerizing flute performance. Entire event was anchored by Mr. Abhijit Pawar, Assistant professor, SCCT.

Dr. Sangeeta Nath, Principal OCE, proposed the vote of thanks. The function was followed by refreshments for the staff members.

Dr. Sudha Rathod Principal RINCIPAL ORIENTAL COLLEGE OF Dr. Manasi Gholkar Cultural Incharge Mr. Abhijit Kanavaje Associate Cultural Incharge

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# FOUNDER'S DAY









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# FOUNDER'S DAY





S. Rathad

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Date: 28th October 2023

# Report on Poetry Recitation and Elocution Competition

The college organized Poetry Recitation and Elocution competition on 28th October 2023. Saturday, under the theme of 'Ek Bharat, Shreshtha Bharat' and "Bhartiya Bhasha Utsav." The event was conducted in classroom no. 306 from 3:30 pm onwards.

The competition saw enthusiastic participation from students across different academic levels. It aimed to promote literary and oratorical skills, aligning with the cultural and linguistic objectives outlined under the campaign 'Ek Bharat, Shreshtha Bharat' and "Bhartiya Bhasha Utsav."

The winners of the competition were announced as follows:

## Poetry Recitation Winners

First Prize: Ms. Poonam Kahar (T.Y.B.Pharm)

Second Prize: Ms. Sonali Baramade (T.Y.B.Pharm)

3. Third Prize: Ms. Madiha Siddiqui (Final Year B.Pharm)

#### **Elocution Competition Winner**

First Prize: Ms. Divyasree Bhandari (First Year B.Pharm)

The event was a resounding success, showcasing the exceptional talents of the participating students. It was evident that the efforts and dedication put forth by the contestants added an enriching dimension to the academic and cultural atmosphere of the institution.

Congratulations to all the winners and participants for their commendable performances. Their active involvement has significantly contributed to the spirit of literary expression and oratory skills within the academic community. This event exemplifies our commitment to nurturing talents and fostering a culture that celebrates the diverse linguistic and cultural heritage of our nation.



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Regards.

Dr. (Mrs.) Sudha Rathod

Principal
Oriental College of Pharmacy
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Sanpada, Navi Mumbal.

Aff.) Sudha Rathod

Mr. Abhijit Kanavaje

Eme of

Associate Cultural Incharge

NACTO SALES OF TO

Michaelega Dr.(Mrs.)Manasi Gholkar Cultural Incharge

Mrs. Vishakha Surve Event Co-ordinator

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Date: 22nd November 2023

# Report on Organ Donation Awareness program

As per the Government of India initiative of 'National Organ and Tissue Transplant Organization' (NOTTO) to augment awareness about organ donation, the college organized a programme on 'Organ Donation awareness' on 21st November 2023 and 22nd November 2023 for our students and staff respectively.

The speaker for the programme was Mrs. Prarthana Dwivedi - Public Education Counsellor who works for MOHAN Foundation. The awareness program successfully disseminated the awareness, dispelled myths and misconceptions about organ donation.

Towards the end of the session students and staff took the Organ Donation pledges and were convinced about the importance and necessity of organ donation in India.

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Regards,

Dr. (Mrs.) Sudha Rathod

PfindMas.) Sudha Rathod

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Mr. Abhijit Kanavaje

Associate Cultural Incharge

Mahalkal Dr.(Mrs.)Manasi Gholkar SAMPADA

Cultural Incharge

Mrs. Vishakha Surve

Event Co-ordinator

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7th December 2023

#### REPORT

#### FRESHERS PARTY

Welcoming our juniors is a tradition at Oriental College of Pharmacy. To build a healthy environment in the college we believe in knowing our juniors and also our seniors. In a symbiotic association both the groups flourish, with this aim in mind, we had organized a Freshers party for our new comers, the first year B. Pharm and first year M. Pharm students.

The event was organized at Shri Gajanan Maharaj Hall in Nerul on 5th December 2023 from 4pm onwards. The freshers were welcomed with a special wrist band. The formal event started with the welcoming of Principal madam, Cultural heads and the other faculties present at the venue. Principal madam shared some valuable thoughts where she emphasized on the fact how the relationship between the senior and junior students goes a long way even after they complete their formal education.

Students of the first year participated in some interesting games organized by the cultural committee in co-ordination with their seniors and the winners were gifted. Based on their talents and their responses in the Q&A round, Ms. Urvi Maurya was selected as Miss. OCP2023 and Mr. Sahil Pawar was selected as Mr. OCP 2023.

This was followed by refreshments and a DJ session. Students enjoyed to the fullest with their friends. Old friendship was nurtured and newer connects established.

Dr. Sudha Rathod

Principal

Dr. Manasi Gholkar

Cultural In-charge

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Mr. Abhijit Kanavare Asso. Cultural In-charge

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Fresher's Party 2023





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Fresher's Party 2023





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## ORIENTAL COLLEGE OF PHARMACY

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## REPORT

## 75™ REPUBLIC DAY CELEBRATION

Oriental College of Pharmacy, Sanpada, Navi Mumbai

This year the 75th Republic Day was celebrated on Friday, 26th January 2024 at the Sanpada Campus of Oriental College of Pharmacy. The host for the event was Sanpada College of Commerce and Technology. It was a common event for all 4 colleges of the Oriental Education Society situated at the Sanpada Campus.

The celebration started with a march past by the NSS students of (Sanpada College of Commerce and Technology) followed by the flag hoisting at 8.00 am by the chief guest, Dr. Suryakant Lasune, Principal, SCCT. As a mark of respect towards the Tri-colour, all the staff members saluted the flag and sang the National Anthem. The guests were escorted to the seminar hall for Cultural events by NSS students of SCCT. The Cultural events started with a speech by the Chief Guest. Various cultural events, with a patriotic base, were performed by the students. Oriental College of Pharmacy students sang a patriotic song, Oriental College of Law students presented a Drama along with the students of Oriental College of Education presenting a dance performance. The students from the host institute performed a dance performance as well as a skit. The event concluded with a Vote of thanks from Cultural In-charge of SCCT and the National Anthem. The program was followed by refreshments.

Dr. Sudha Rathod Principal Dr. Manasi Gholkar Cultural In-charge Mr. Abhijit Kanavaje Asso. Cultural In-charge

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#### REPORT



# GRAVITY - TIMEFLARE, 2024

The annual event of Oriental College of Pharmacy - Gravity - was themed 'Timeflare' this year. Timeflare embodies a vibrant burst of energy connecting the past and future. It's a luminous moment where historical wisdom collides with future potential, creating a dynamic space for creativity and brightness.

Our theme 'Gravity: TimeFlare,' symbolizes the harmonious celebration of past experiences and future innovation, surpassing the boundaries of time. The cultural events of Gravity were conducted every evening between 19th February to 23rd February 2024. The entire day of 22rd February was utilized for some of the intellect-based events like the Shark Tank, Quiz, Debate, Spell Bee etc.

Along with these events we also conducted, Singing, Dance, Artistic Chinese Whispers, Postlt, Mehandi, Mismatch Art, where the students could showcase their artistic skills. The Treasure Hunt revealed the problem-solving skills, critical thinking, creativity and team-effort skills of the various teams that participated.

To showcase some of the attire based creativity of the students we organized Denim, Mismatched Day, Bollywood Day/Retro and Traditional Day. The entire week was filled with simultaneous cultural and sports events like open cricket, volleyball, carrom, and a lot of other fun-filled competitions. This was followed by the Annual Day organized on the 24th of February, in CIDCO Exhibition Centre, Vashi. We were honored that, Mr. Dilip Ketiwala, Operations and Business Development Head, Fredun Pharmaceuticals Ltd., agreed to grace this event with his invaluable presence. Also we were honored to have our alumni, Mr. Husain Sabuwala, Managing Director, Attari Bros. and Mr. Girish Trivedi, Head Mobility Devices,

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Fredun Pharmaceuticals Ltd. as our Guests of Honour. Along with them this year we had a special guest Mr. Vidyut Jammwal, a leading Bollywood Personality grace our event. The entire event was conducted under the guidance and support of our esteemed Principal, Dr. (Mrs.) Sudha Rathod. The event commenced with, the honorable dignitaries lighting the lamp to seek blessings from the Almighty, requesting Him to oversee the well-being of each and every one present, and to surmount any obstacle that may arise mid-way. This was followed by the felicitation of the guests and dignitaries on the dais, who were presented with a memento and a sapling as a token of good gesture, as it symbolises longevity and re-birth. Subsequently, our esteemed Principal read the Annual Report of the college, showcasing our ever-growing community, their achievements and the ample amount of facilities provided by the college. Soon after that, the Chief Guest and Guests of Honor addressed the students and faculty members in the crowd.

The academic winners as well as the winners of the sports and cultural events were presented with medals and certificates during the formal function. All the committee members who work throughout the year for various events were felicitated at the hands of the guest.

The event further continues with a dance competition and a fashion show which the audience seemed to have thoroughly enjoyed. The Cultural In-Charges, Dr. (Mrs.) Manasi Gholkar and Mr. Abhijit Kanavaje, marked the end of the ceremony by addressing the vote of thanks.

Dr. Sudha Rathod Principal

-ballad-

Dr. Manasi Gholkar In-charge Mr. Abhijit Kanavaje Asso. In-charge

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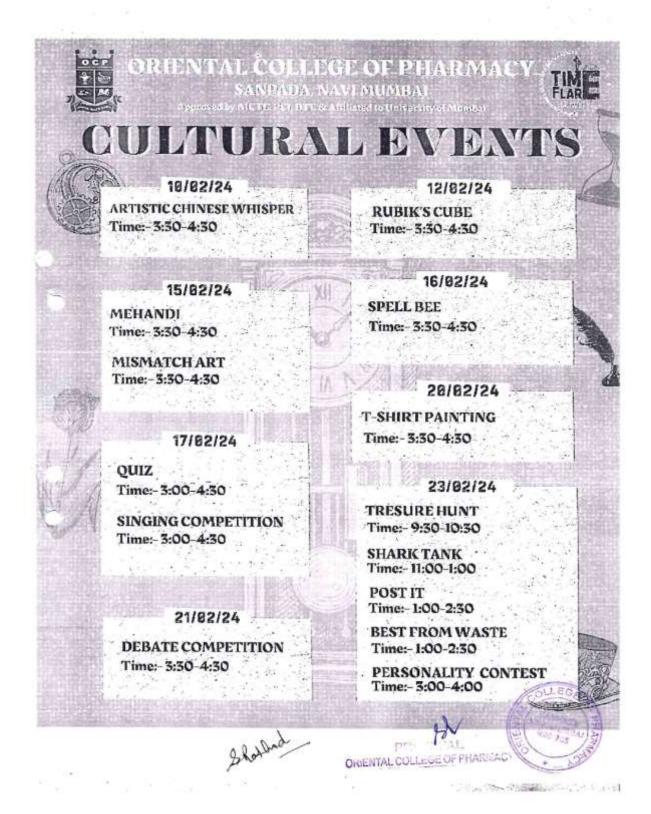
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# GRAVITY-TIME FLARE 2024

#### CULTURAL DAYS

Sr. No	Date	Day	Cultural Day
1	15/2/2024	Thursday	Mismatch Day
2 .	16/2/2024	Friday	Twin Day/ Group Day
3	20/2/2024	Tuesday	Bollywood/ Retro Day
4	22/2/2024	Thursday	Traditional Day
5	23/2/2024	Friday	Denim Day

Drow

Dr. (Mrs.) Sudha Rathod Principal Dr. (Mrs.) Manasi Gholkar Cultural In-charge Mr. Abhijit Kanavaje Asso. Cultural In-charge

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Mehndi competition A.Y.2023-24





Mismatch Art competition A.Y.2023-24





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Treasure Hunt

A.Y.2023-24





Best out of waste competition

A.Y.2023-24



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# ORIENTAL EDUCATION SOCIETY'S ORIENTAL COLLEGE OF PHARMACY (Approved by AICTE, PCL D.T.E., AIVE and its University of Marries & Conflict by 800 0001.2008)







Rubick's cube competition A.Y.2023-24



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## GLIMPSES OF THE EVENT











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(Ignored by ANTE-POR Q.U., ATTENDED by Marchal & Contribed by EDD 2000 2000)



Date: 2nd March 2024

#### Report on Poetry Recitation and Singing Competition

#### 1. Title - Marathi Bhasha Gaurav Din

- 2. Objective 'Marathi Bhasha Gaurav Din' also known as 'Marathi Bhasha Diwas' is celebrated on February 27th every year in the state of Maharashtra. It is celebrated with the main objective to promote Marathi literature, culture, and heritage and to encourage the use of the Marathi language among people. This day is dedicated to the rich cultural heritage and vibrant linguistic tapestry of the Marathi language. It holds immense significance for the Marathi-speaking community worldwide, commemorating the contributions of its legendary poet Vishnu Vaman Shirwadkar (Kusumagraj).
- 3.Date and Time of the event The event was conducted on 2<sup>nd</sup> March 2024 from 3:00 pm onwards.
- 4. Venue Classroom no. 406
- 5.No. of Participants Poetry Recitation 05 & Singing competition 01
- 6.Review The competition saw enthusiastic participation from students across different academic levels. It aimed to promote literary and oratorical skills, aligning with the cultural and linguistic objectives of 'Marathi Bhasha Gaurav Din'.

The event was a resounding success, showcasing the exceptional talents of the participating students. It was evident that the efforts and dedication put forth by the contestants added an enriching dimension to the academic and cultural atmosphere of the institution.



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#### 7. Beneficiary & Outcome

#### List of Participants -Poetry Recitation

Sr.no.	Name	Class	
1	Mr.Swarup Shridhar Khetale	F.Y.B.Pharm	
2	Mr.Manas Sunil Awere F.Y.B.Pha		
3	Ms.Sonali Barmade	T.Y.B.Pharm	
4	Ms.Shravani Pisal	T.Y.B.Pharm	
5	Ms.Madiha Siddiqui	Final year B.Pharm	

# List of Participants -Singing Competition

Sr.no.	Name	Class
1.	Ms.Shravani Pisal	T.Y.B.Pharm

The winners of the competition were announced as follows:

## Poetry Recitation Winners

- First Prize: Ms. Madiha Siddiqui (Final Year B.Pharm Div B)
- Second Prize: Mr.Manas Awere (First Year B.Pharm Div A)

Congratulations to all the winners and participants for their commendable performances. Their active involvement has significantly contributed to the spirit of literary expression and oratory skills within the academic community.



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Regards,

Dr. (Mrs.) Sudha Rathod

Principal

Mr. Abhijit Kanavaje

Associate Cultural Incharge

Dr.(Mrs.)Manasi Gholkar

Cultural Incharge

Mrs. Vishakha Surve

Event Co-ordinator

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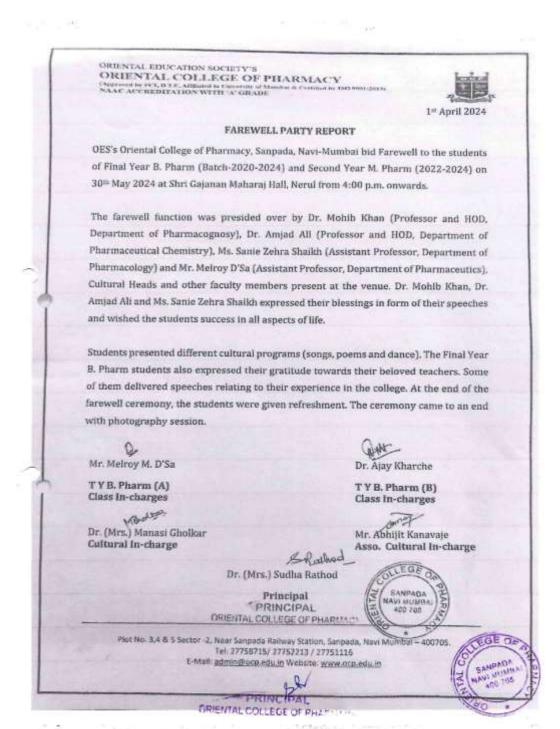
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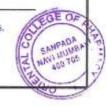
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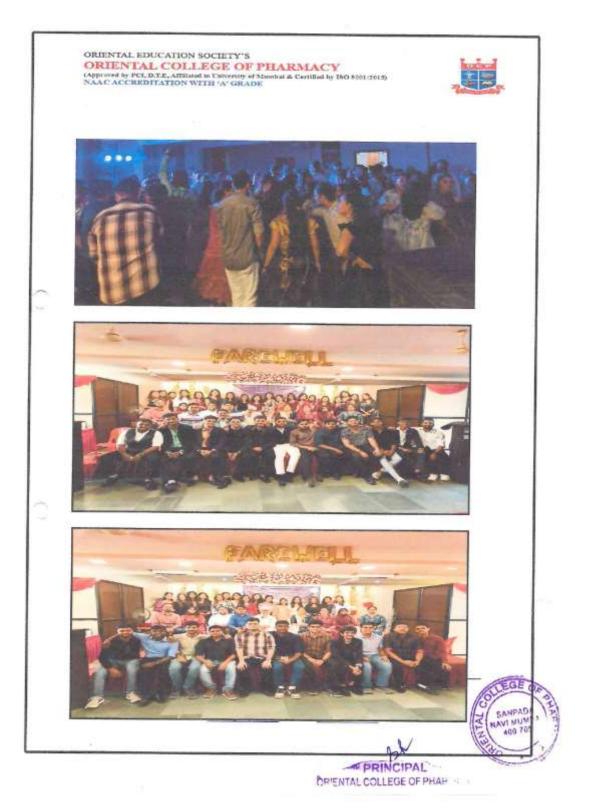
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## B. NSS Activities

S. No.	Name of the Activity	Date
1.	<b>Environment Awareness Programme</b>	05-06-2023
2.	International yoga day	21-06-2023
3.	River Bank Cleaning	25-06-2023
4.	Orientation programme	28-07-2023
5.	World Breast Feeding Day	01-08-2023
6.	Tree Plantation Drive	22-08-2023
7.	Climate Change Workshop	23-08-2023
8.	International Sports Day	29-08-2023
9.	NSS Day Celebration	24-09-2023
10.	World Rabies Day	28-09-2023
11.	Gandhi Jayanti	02-10-2023
12.	Sanvidhan Din	26-11-2023
13.	World AIDS Day	01-12-2023
14.	Blood Donation Drive-Nerul	08-12-2023
15.	Traffic control rules and regulation	28-12-2023
16.	Social Media Awareness	30-12-2023
17.	Awareness Programme Oral Hygiene	29-12-2023
18.	Blood Donation Drive-Vashi	01-12-2024
19.	TATA marathon	21-01-2024
20.	National voters' day	25-01-2024
21.	World Leprosy Day	30-01-2024
22.	Cancer Awareness Camp	04-02-2024
23.	World Tuberculosis Day	24-03-2024

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Date: - 02/10/2023

## ENVIRONMENT AWARENESS PROGRAMME

Subject: "Cultivating Awareness for Environmental Conservation on Monday, 5th June 2023 at Vashi Palm Beach Road, Navi Mumbai.

The schedule of the Awareness for Environmental given as below...

Date of the programme - 02/10/2023 Venue of the program – Vashi, Near Railway Station No NSS Volunteers participated: 36



#### Introduction:

In today's world, the pressing need for environmental conservation has become increasingly evident. As human activities continue to exert unprecedented pressure on the planet's ecosystems, there is a growing urgency to raise awareness and foster a deeper understanding of environmental issues. This

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subject aims to explore the significance of cultivating awareness for environmental conservation and the various avenues through which it can be achieved.

#### Understanding Environmental Awareness:

Environmental awareness refers to the consciousness and understanding of the impact of human actions on the environment and the recognition of the need for sustainable practices to mitigate these impacts. It involves acknowledging the interconnectedness of all living organisms and recognizing our responsibility to preserve and protect the natural world for future generations

#### Importance of Environmental Awareness:



Preservation of Ecosystems: Increased awareness fosters a greater appreciation for the intricate balance of ecosystems and the importance of biodiversity in maintaining ecological stability.

Mitigation of Environmental Degradation: By understanding the causes and consequences of environmental degradation, individuals and communities are empowered to adopt sustainable behaviors and advocate for policies that promote conservation.

Climate Change Mitigation: Awareness of climate change and its far-reaching implications motivates collective action towards reducing carbon emissions, promoting renewable energy, and implementing adaptation strategies.

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Resource Conservation: Awareness prompts individuals to adopt practices such as reducing, reusing, and recycling to minimize resource consumption and waste generation.



Health and Well-being: A clean and healthy environment is essential for human health and well-being. Awareness of environmental hazards encourages efforts to improve air and water quality, thereby enhancing public health outcomes.

## Promoting Environmental Awareness:

Education and Outreach Programs: Schools, universities, and community organizations play a crucial role in educating individuals about environmental issues through curriculum integration, workshops, and outreach activities.

Media and Communication: Leveraging various media platforms, including social media, documentaries, and news outlets, to disseminate information and raise awareness about environmental challenges and solutions.

Policy Advocacy: Engaging in advocacy efforts to influence policymakers and promote environmentally responsible legislation at local, national, and international levels.

Corporate Responsibility: Encouraging businesses to adopt sustainable practices, reduce environmental footprint, and invest in eco-friendly technologies through consumer demand and corporate accountability measures.

Community Engagement: Emprovering communities to participate in conservation initiatives, such as tree planting campaigns, beach clean-ups, and

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habitat restoration projects, fosters a sense of ownership and stewardship towards the environment.

#### Conclusion:

In conclusion, cultivating awareness for environmental conservation is paramount in addressing the complex challenges facing our planet. By fostering a deeper understanding of environmental issues, empowering individuals and communities to take action, and advocating for systemic change, we can work towards building a sustainable future for generations to come. It is through collective efforts and unwavering commitment that we can safeguard the environment and ensure the well-being of both present and future generations.

## Aknowledgement:

We extend our gratitude to all NSS volunteers, community members, and stakeholders who contributed to the success of this campaign and reaffirmed their commitment to the global awareness for Environment.

Dr. (Mrs.) Sudha Rathod.

Principal

PRINCIPAL OF PHARMACY

Mr. Nilesh Babre

NSS Programme Officer

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Date: - 21/6/2023

## INTERNATIONAL YOGA DAY CELEBRATION

International Yoga Day is a day to celebrate the Indian practice of yoga and to raise awareness about its importance. This day has been celebrated since 2014 and has been recognized by the UN General Assembly as an International Day of Recognition.

The first International Day of Yoga was observed around the world on 21<sup>st</sup> June 2015. The Ministry of AYUSH made the necessary arrangements in India. 35,985 people, including PM Modi and dignitaries from 84 nations, performed 21 asanas (yoga postures) for 35 minutes at Rajpath in New Delhi, becoming the largest yoga class ever held and with the largest number (84) of participating nations.

Yoga provides a holistic approach to health and well-being. Yoga also brings harmony in all walks of life and thus, is known for disease prevention, health promotion, and management of many lifestyle-related disorders. A few minutes of Yoga during the day can be a great way to get rid of stress that accumulates daily, in both, the body and the mind. Yoga postures, Pranayama, and meditation are effective techniques to release stress.

Yoga Day was celebrated at Oriental College of Pharmacy, Sanpada Navi Mumbai campus on 21st June 2023. Principal Dr. (Mrs.) Sudha Rathod, faculty members & students participated in the event. The celebration started with the speech of the Principal, who said that practicing yoga helps control an individual's mind, body, and soul. It also helps in increasing flexibility, muscle strength and body tone.

All the faculty members and students did various assans under the instructions of the yoga instructor. Warm-up exercises were taken and all the students, teaching, and non-teaching staff members performed sitting and standing asanas, the importance of these was explained simultaneously.

The celebration concluded with a speech by our **Principal**. She encouraged students to practice **regular yoga** to remain **fit** and **improve concentration**.

On Yoga Day, around 40 NSS Volunteers actively participated, and there were 130 beneficiaries who performed the yoga.

Page 1 of 3

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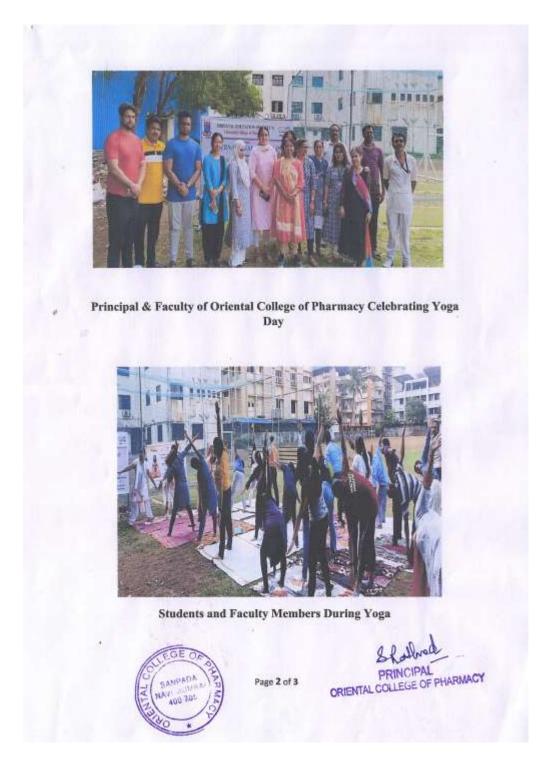
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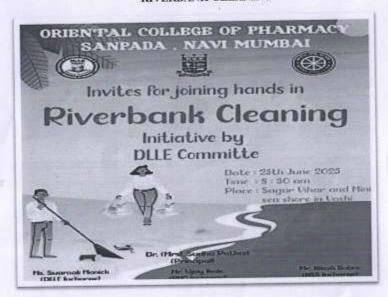


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Date: - 25/6/2023

#### RIVERBANK CLEANING



The objective bellhind this drive was to restore the beauty of mother nature and save the flora and fauna, animals of the water bodies from hurman cruelty of polluting water bodies.

The initiative was taken by the NSS and PHO Committee. Ms Swarnali Manick and Mr. Vijay Ikale (PHO Co-Ordinator) were present at the venue to monitor the students as well as guiding them.

Riverbank Cleaning was conducted at Sagar Vihar, Vashi on 25<sup>th</sup> June 2023. The reason for such venue selection was the principal's recommendation to eliminate any possible accidents that could have occurred near any sea-bank.

Despite of heavy rainfall, F.Y.B. & S. Y. B Pharm showed great enthusiasm to successfully conduct the task assigned to them all. Together total 37 students were present for riverbank cleaning

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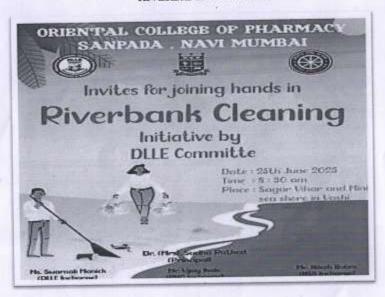
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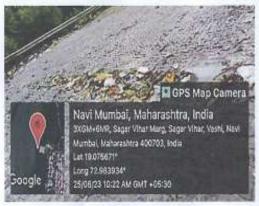
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The flyer and posters were prepared by the NSS students andre-imbursement of all the expenses by the students was done by the NSS Unit . Few moments of the event were captured are being shared below.











Dr. (Mrs.) Sudha Rathod.
Principal
PRINCIPAL
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Date: - 28/07/2023

#### **NSS Orientation Programme**

The NSS Orientation Programme was organized at Oriental College of Pharmacy Sanpada Navi Mumbai on 28-07-2023, Provide knowledge on NSS programmes, and activities, organizing NSS camps and special camps.

Impart comprehensive knowledge on youth development activities, Team Building, Leadership, Developmental issues, Disaster management, and village adoption.

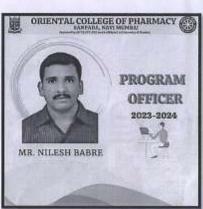
All-year students are participated in this event, NSS Unit, Oriental College of Pharmacy Sanpada Navi Mumbai presented a video before the dignitaries and newcomers about the programme and activities being done under the National Service Scheme (NSS).

Speaker: Mr. Nilesh Babre

Designation: Asst. Professor and NSS Programme Officer.

Principal: Dr. (Mrs.) Sudha Rathod





Dr. (Mrs.) Sudha Rathod
Principal

SAMPADA HAVI JUNGAN HAVI JUNGA

Mr. Nilesh Babre NSS Programme Officer

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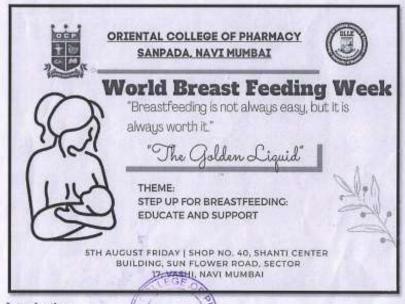
Date: - 01/08/2023

#### WORLD BREASTFEEDING WEEK

Subject: "Celebrating World Breastfeeding Week: Promoting Health and Well-being for Infants and Mothers" on Tuesday, 01st August 2023 at Sanpada, Navi Mumbai.

The schedule of the World Breastfeeding Week Awareness given as below...

Date of the programme - Tuesday, 01st August 2023 Venue of the program - Sanpada, Navi Mumbai Reporting time - 03.00 p.m. No NSS Volunteers participated: 29



Introduction:

World Breastfeeding Week is a annual observance held on August Pst/Week to promote and support breastfeeding as the best way to provide infants with the nutrients they need for healthy growth and development. This subject explores the significance of World Breastfeeding Week in promoting the health and well-being of infants and mothers globally.

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Breastfeeding is a natural and fundamental aspect of early childhood nutrition, providing numerous health benefits for both infants and mothers. The World Health Organization (WHO) recommends exclusive breastfeeding for the first six months of life, followed by continued breastfeeding alongside complementary foods for up to two years or beyond. Despite its importance, breastfeeding rates vary worldwide, influenced by cultural, social, economic, and environmental factors.

#### Key Themes:

- Nutritional Benefits: Breast milk is uniquely tailored to meet the nutritional needs of infants, providing essential nutrients, antibodies, and enzymes that support their immune system, brain development, and overall health. World Breastfeeding Week emphasizes the unparalleled nutritional benefits of breastfeeding and its role in reducing the risk of infectious diseases, malnutrition, and childhood obesity.
- Health Equity: World Breastfeeding Week advocates for equitable access to breastfeeding support and resources, ensuring that all mothers, regardless of their socio-economic status, receive the assistance they need to initiate and sustain breastfeeding. Addressing barriers such as lack of education, social stigma, inadequate healthcare services, and workplace discrimination is essential to promoting breastfeeding as a universal practice.
- Maternal Health: Breastfeeding offers significant health benefits for mothers, including a reduced risk of breast and ovarian cancer, postpartum depression, and cardiovascular disease. World Breastfeeding Week highlights the importance of maternal well-being and the positive impact of breastfeeding on maternal-infant bonding, emotional health, and birth spacing.
- Environmental Sustainability: Breastfeeding is environmentally sustainable, requiring no packaging, transportation, or waste disposal compared to formula feeding. World Breastfeeding Week promotes breastfeeding as an eco-friendly feeding option that conserves natural resources, reduces carbon emissions, and minimizes environmental pollution, contributing to a healthier planet for future generations.
- Community Support: World Breastfeeding Week emphasizes the role of family, healthcare providers, employers, policymakers, and communities in creating supportive environments for breastfeeding mothers. By fostering a culture of acceptance, understanding, and empowerment, communities can help mothers overcome challenges and successfully breastfeed their infants.

#### Activities and Initiatives:

World Breastfeeding Week is commemorated through various activities and initiatives, including:

- Public awareness campaigns through media channels, social media platforms, and community events.
- Educational workshops, seminars and breastfeeding support groups for mothers and families.
   Healthcare provider training putpamsood improve breastfeeding counseling and
- support services.

  Policy advocacy of forts to anotal beautiful and property and property
- Policy advocacy efforts to enact legislation that protects and promotes breative of the protects and protects and promotes breative of the protects and protects and protects are protected by the protect of the protects and protects are protected by the protect of the pr
- Breastfeeding-friendly workplace initiatives that provide lactation accommodations, paid maternity leave, and breastfeeding breaks for employees.

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 Community breastfeeding events such as latch-on challenges, breastfeeding walks, and baby-friendly festivals.

policies and programs, we can create a more breastfeeding-friendly world where every child has the best start in life and every mother receives the support she needs to breastfeed successfully.

Conclusion World Breastfeeding Week serves as a powerful platform to raise awareness, advocate for policy change, and celebrate the importance of breastfeeding in nurturing healthier families and communities. By recognizing breastfeeding as a fundamental human right and investing in supportive



#### Acknowledgement:

We extend our gratitude to all NSS volunteers, community members, and stakeholders who contributed to the success of this campaign and reaffirmed their commitment to the global awareness for World Breastfeeding Week.

PRINCIPAL ORIENTAL COLLEGE OF PHARMACY Principal

Dr. (Mrs.) Sudha Rathod.

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NSS Programme Officer Mr. Nilesh Babre

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Date: 22/08/2023

#### TREE PLANTATION DRIVE

Trees are the foremost source for producing the oxygen in environment, they help to reduce the level of CO<sub>2</sub>. As we all know that the whole world is facing the problem of global warming and to recover from such problem planting the trees is become one of the most important aspects today.

Plantation holds significant importance for various ecological, environmental, economic, and social reasons. It helps maintain biodiversity, which is crucial for the stability and resilience of ecosystems. Trees and plants absorb carbon dioxide from the atmosphere through photosynthesis and store carbon in their biomass and soil. This helps mitigate the effects of climate change by reducing the concentration of greenhouse gases in the atmosphere.

The tree is the key to a pollution-free environment for a long time. Trees filter and purify the air by absorbing pollutants and releasing oxygen. They also play a vital role in maintaining water quality by preventing soil erosion, filtering water runoff, and replenishing groundwater reserves.

Plantation helps prevent soil erosion by **stabilizing soil** with their roots and providing a protective layer against wind and water erosion. This is crucial for maintaining fertile soil for agriculture and preventing land degradation.

Plantation plays a vital role in sustaining life on Earth by contributing to biodiversity conservation, carbon sequestration, climate regulation, and overall environmental health.

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Tree plantation drive was conducted from the side of Eco club of Oriental College Tree Plantation by College Facultyof Pharmacy on 22<sup>nd</sup> August, 2022.

Date of the programme – 28.08.2023 Venue of the program –Sanpada Railway station, Navi Mumbai No NSS Volunteers participated: 30

Principal Dr. (Mrs.) Sudha Rathod and all other faculty members participated in the same. Oriental College of Pharmacy Sanpada Navi Mumbai has a well-maintained medicinal garden rich with different medicinal herbs. Few more medicinal herbs were planted to contribute to this diversity.





Tree Plantation by Principal Dr. (Mrs.) Sudha RatRiinCIPAL
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Tree Plantation by College Faculty

This plantation was in accordance with Paryavarn Sanrakshan Gatividhi (PSG)'s, National Students Paryavaran Competition (NSPC) - "Ek Ped Desh ke Naam"

Dr. (Mrs.) Sudha Rathod. Principal

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Mr. Nilesh Babre NSS Programme Officer

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Date: 23/8/2023

## CLIMATE CHANGE WORKSHOP

Climate change refers to long-term shifts in temperatures and weather patterns. In common usage, climate change describes global warming—the ongoing increase in global average temperature—and its effects on Earth's climate system.

"Don't choose extinction, make new start or changes." It's the journey from Global Warming to Global Warning.

The main greenhouse gases that are causing climate change include carbon dioxide and methane. Humans—more specifically, the greenhouse gas (GHG) emissions that human activity generates—are the leading cause of the earth's rapidly changing climate today. Greenhouse gases play an important role in keeping the planet warm enough to inhabit. But the amount of these gases in our atmosphere has skyrocketed in recent decades.

"Energy conservation isn't just about saving watts and dollars; it's a critical step towards preserving the delicate balance of our planet's climate and securing a sustainable future for generations to come."

Climate Change Workshop was conducted by NSS Unit of Saraswati College of Engineering, Kharghar in collaboration with Energy Swaraj Foundation ( IIT Bombay) for raising the awareness on Environmental Sustainability and the urgent need for Climate action on 23<sup>rd</sup> August 2023.

NSS students of various colleges such as Oriental College of Pharmacy, Sanpada Navi Mumbai etc. participated in this seminar and acknowledged more about the climate change.

The Seminar started with the recidance of Dr. Manjusha Deshmukh, the Principal of SCOE. Then Dr. Shaurya member of Energy Swaraj Foundation shared there experience of working with the Prof. Chetan Singh Solanki - Solar Man of India. Further it proceeded with the guiding the students with the modules regarding the Energy Literacy Training and Climate Change following the quiz.

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Dr. Manjusha Deshmukh - Principal of SCOE guiding the students





Dr. Shaurya- members of Energy Swaraj Foundation guiding the student



Students of Oriental College of Pharmacy, Sanpada

PRINCIPAL SIN

Principal
Dr. (Mrs.) Sudha Rathod.

NSS Programme Officer Mr. Nilesh Babre



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Date:- 29/8/2023

## INTERNATIONAL SPORTS DAY CELEBRATION

The National Sports Day in India is celebrated on 29 August, on the birth anniversary of hockey player Major Dhyan Chand. This day marks the birthday of Major Dhyan Chand Singh, the hockey player who won gold medals in Olympics for Indiain the years 1928, 1932 and 1936. He scored 400 goals in his total career, from 1926-1949.

The programme saw the participation of around hundred participants who were all praises for the conduction of such a webinar. Last but not least, the event concluded with the vote of thanks presented by Mr. Joydeep Talapatra, HOD i/c of Department of Physical Education who thanked everyone for their active support towards the organization, completion and success of the programme. Few moments of the programme were captured as screenshots and are being shared below.

Like every year, International Sports Day 2023 was celebrated with solemnity by the Department of Sports Committee in collaboration with NSS committee of Oriental College of Pharmacy, Sanpada Navi Mumbai on 29th August 2023 from 10 am onwards to commemorate the birth anniversary of the legendary Hockey player and Olympian, Major Dhyan Chand.

**Principal** spoke about the importance of observing such a day as well as congratulated the attempts of all those who organized the wonderful event. The event started with the students playing cricket and various other games.

The students showed the enthusiasm throughout the sports event and later the winners of the events were felicitated with the trophy and the certificates.

The programme saw the participation of around hundred participants who were all praises for the conduction of such a event. Last but not least, the event concluded with the vote of thanks presented by the Sport Incharge Dr. Sasyed Mateen who thanked everyone

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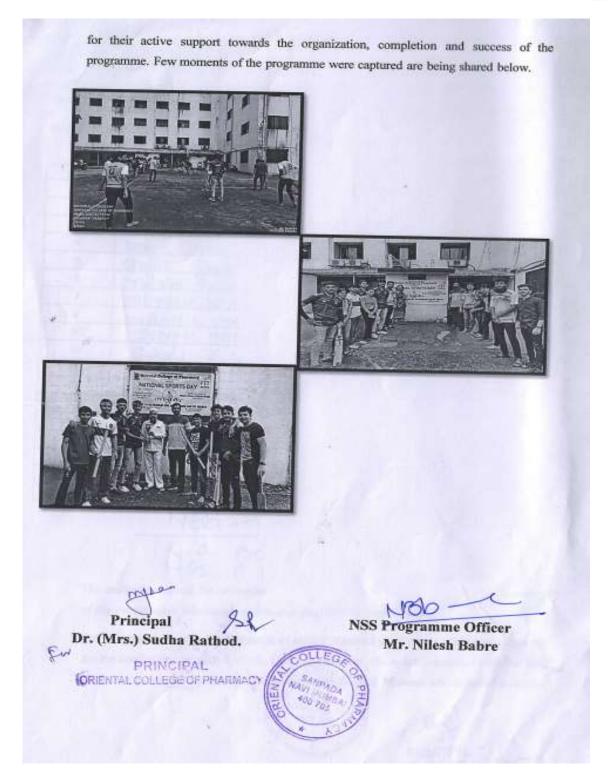
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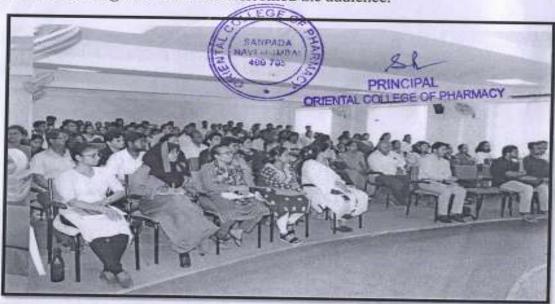


Date: - 24/09/2023

## Brief Report on NSS Day Celebrations

The National Service Scheme (NSS) is a central sector scheme of the government of India, Ministry of Youth Affairs & Sports. It allows the students of 11th & 12th Technical Institutions, graduate & post-graduate at colleges and university level of India to be a part of various government-led community service activities and programs. It aims to provide hands-on experience to young students in delivering community service. The growth of students' enrollment in NSS activities has been increasing from 40000 during 1969 to over 3.8 million by the end March 2018.

NSS Day was celebrated on 24th September 2023 at Oriental College of Pharmacy Sanpada Navi Mumbai. NSS and YODHA student club volunteers along with the teachers and staffs of all departments of took part in the event. A total of about 150 students and faculty members participated in this event. The event started around 10 am in seminar hall - 1 of academic block - Mr Nilesh Babre, NSS Programme officer welcomed the audience.



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Principal Dr.(Mrs.) Sudha Rathod motivated and advised the volunteers to conduct more events under NSS platform.

The event started with an amazing performance by the dance team and music team, then the volunteers of NSS and Yodha student club had performed skits on various scenarios depicting the real-life events namely, Swatch Bharat Abhiyan, Nirbhaya Case, Environment, Animal protection etc.

Principal:

Dr. (Mrs.) Sudha Rathod.

Sharma

NSS Programme Officer:

Mr. Nilesh Babre

Or. (Mrs.) Sudha Rathod Principia Oriental Coulege of Pharmacy Plot Nu 1 & B, Sector-2, Sanpada, Haw Mumbal.



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Date: - 28/09/2023

#### World Rabies Day

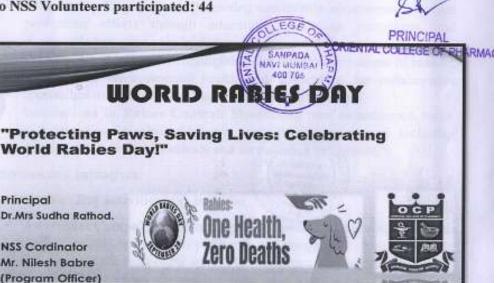
Subject: "Observing World Rabies Day: Preventing, Protecting, and Promoting Awareness" on Thursday, 28th September 2023 at Sanpada, Navi Mumbai.

The schedule of the World Rabies Day given as below...

Date of the programme - Thursday, 28th September 2023 Venue of the program - Sanpada, Navi Mumbai Reporting time - 03.00 p.m.

No NSS Volunteers participated: 44

World Rabies Day!"



#### Introduction:

Principal

Dr.Mrs Sudha Rathod.

NSS Cordinator Mr. Nilesh Babre (Program Officer)

World Rabies Day is a global initiative observed annually on September 28th to raise awareness about rabies prevention and to highlight the importance of vaccination and control efforts to eliminate this deadly virus. Since its inception, World Rabies Day has served as a platform for governments, organizations, and

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communities worldwide to come together, share knowledge, and take action to combat rabies.

#### Background:

Rabies is a viral disease that affects the central nervous system of mammals, including humans. It is primarily transmitted through the saliva of infected animals, most commonly through bites. Once symptoms appear, rabies is almost always fatal, making it a significant public health concern in many parts of the world, particularly in regions where vaccination programs and access to healthcare are limited.

#### Themes and Objectives:

Each year, World Rabies Day is organized around a specific theme aimed at addressing key aspects of rabies prevention, control, and awareness. Themes may include:

- ✓ Vaccinate to Eliminate: Emphasizing the importance of mass dog vaccination campaigns as a cost-effective strategy to prevent rabies transmission and protect human health.
- ✓ Community Engagement: Promoting community involvement in rabies prevention efforts through education, awareness campaigns, and responsible pet ownership initiatives.
- ✓ One Health Approach: Highlighting the interconnectedness of human, animal, and environmental health and advocating for collaborative approaches to rabies control that involve multiple sectors.
- ✓ Innovations in Rabies Control: Showcasing new technologies, tools, and strategies for rabies diagnosis, surveillance, and control, including novel vaccine delivery methods and surveillance techniques. SANPADA

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## Activities and Initiatives:

## World Rabies Day activities may include:

- ✓ Awareness Campaigns: Launching public awareness campaigns through media channels, social media platforms, and community events to educate people about the risks of rabies and the importance of vaccination.
- ✓ Vaccination Drives: Organizing mass dog vaccination campaigns in high-risk areas to increase vaccine coverage and reduce the incidence of rabies in animal populations.
- ✓ Educational Workshops: Conducting workshops, seminars, and training sessions for healthcare professionals, veterinarians, and community members on rabies prevention, first aid for animal bites, and postexposure prophylaxis.

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- Advocacy Efforts: Advocating for policy changes and increased funding for rabies control programs at the national and international levels, as well as promoting legislation to promote responsible pet ownership and humane animal control practices.
- Research and Innovation: Supporting research initiatives to develop new rabies vaccines, diagnostic tools, and treatment methods, as well as evaluating the effectiveness of existing control strategies.

#### Global Impact:

World Rabies Day plays a crucial role in raising awareness about rabies as a preventable disease and mobilizing action to eliminate it. By promoting vaccination, responsible pet ownership, and community engagement, World Rabies Day contributes to the global effort to achieve the goal of zero human deaths from rabies by 2030, as outlined in the Global Strategic Plan to End Human Deaths from Dog-Mediated Rabies by 2030.

#### Conclusion:

Observing World Rabies Day provides an opportunity to unite stakeholders from across sectors and regions in the fight against rabies. By working together to raise awareness, promote vaccination, and implement effective control measures, we can protect both human and animal health and ultimately eliminate rabies as a public health threat.

#### Acknowledgement:

We extend our gratitude to all NSS volunteers, community members, and stakeholders who contributed to the success of this campaign and reaffirmed their commitment to the global awareness for World Rabies Day.

Principal

PRINCIPAL

Dr. (Mrs.) Sudha Rathod.

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**NSS Programme Officer** 

Mr. Nilesh Babre

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Date: - 02/10/2023

## GANDHI JAYANTI AND INTERNATIONAL NON-VIOLENCE DAY

Subject: "Bhajan Sandhya" - Gandhi Jayanti and International Day of Non-Violence program on 2<sup>nd</sup> October 2022 at Gateway of India, Mumbai.

The schedule of the Gandhi Jayanti and International Non-Violence Day program was as below...

Date of the programme - Sunday, 2nd October 2022 Venue of the program - Gateway of India, Mumbai Reporting time - 03.00 p.m. No NSS Volunteers participated: 37

Gandhi Jayanti is an annual national holiday in India that celebrates the birth anniversary of Mohandas Karamchand Gandhi, also known as Mahatma Gandhi. It is observed on October 2<sup>nd</sup> each year to honor the significant contributions made by Gandhi to India's struggle for independence from British colonial rule and to promote his philosophy of non-violence, truth, and self-reliance.

On October 2, 2023, Mumbai University organized a grand program at the iconic Gateway of India in Mumbai to commemorate the birth anniversary of Mahatma Gandhi, also known as Gandhi Jayanti, and to mark the International Day of Non-Violence.

The primary objective of this program was to honor Mahatma Gandhi's legacy, promote the principles of non-violence and peace, and create awareness about his philosophy, which has had a profound impact on the world.

A variety of cultural performances, including traditional dances, songs, and skits, were presented by students from Mumbai University and NSS. These performances highlighted the values of truth, non-violence, and communal harmony that Gandhi advocated.

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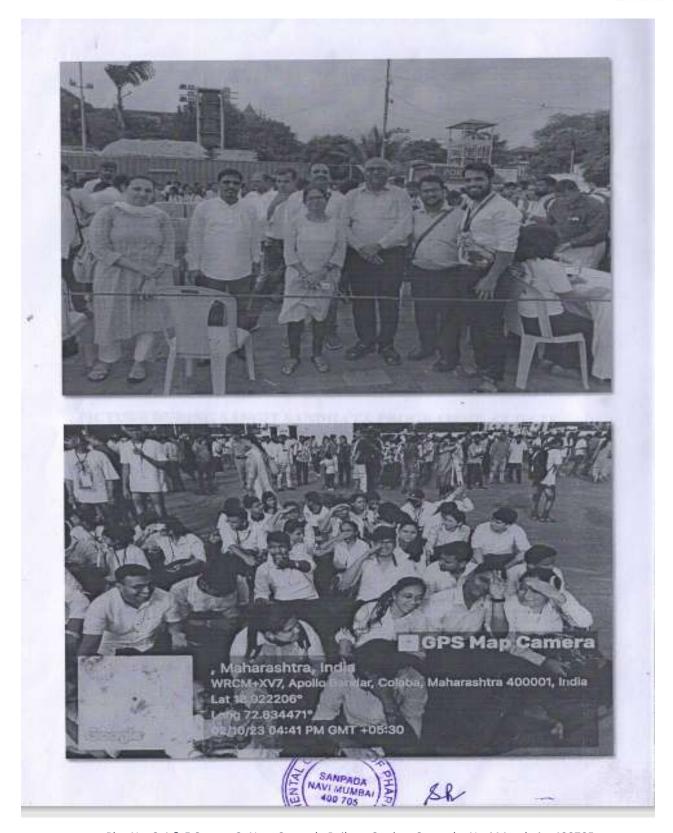
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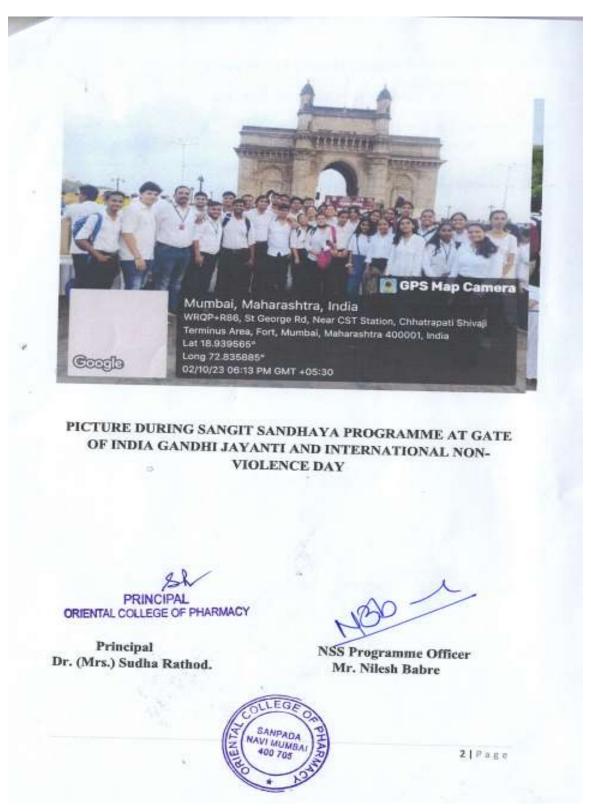


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# UNIVERSITY OF MUMBAI NATIONAL SERVICE SCHEME Attendance of NSS Volunteers participated in the Bhajan Sandhya program on the occasion of Gandhi Jayanti- International Non-Violence Day at Gateway of India on 2nd October 2022 Name of the College-\_Oriental College of Pharmacy, Sanpada. Total students participated in the program (as per list) - \_37\_\_\_\_\_ PRINCIPAL ORIENTAL COLLEGE OF PHARMACY

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Date: 26/11/2023

# ONE-DAY CONFERENCE ON THE PROBLEM OF RUPEE: ITS ORIGIN AND SOLUTION SANVIDHAN DIN

Constitution Day also known as 'Savidhan Divas', is celebrated in our country on 26th November every year to commemorate the adoption of the Constitution of India. On 26th November 1949, the Constituent Assembly of India adopted the Constitution of India, which came into effect on 26th January 1950. The celebration of Constitution Day also marks the end of the struggle of the Constituent Assembly of India in the Compilation of the Indian Constitution. The thesis on - The Problem of Rupee: Its Origin and Solution was written by Dr. BR. Ambedkar in the year 1922-1923 and raised many currency questions in British India which led to the creation of the Reserve Bank of India. Thus this thesis plays a very important role in establishing the economic development and monetary stability of the nation under the supervision of the Reserve Bank of India.

On Sunday 26 November 2023, The University of Mumbai along with Dr. Babasaheb Ambedkar International Research Centre and Dr. Babasaheb Ambedkar Research and Training Institute, Pune in collaboration with the London School of Economics and Political Science organized One Day Conference on The Problem of Rupee: Its Origin and Solution on the

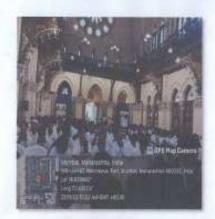


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occasion of the Centenary Celebration of the Thesis: The Problem of
Rupee submitted to London School of Economics by Bharatratna DR. BR.
Ambedkar and Sanvidhan Din in Sir CowasjeeJehangir Convocation Hall,
University of Mumbai, Fort, Mumbai.

The conference started with National Anthem and Maharashtra State

Anthem followed by Preamble and a very melodious Welcome Song around

10:00 AM. The program continued with felicitation of the various Guests

present and lamp lighting. The speech by Guest of Honour Dr. Satish

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the independence. The speech by Prof. (Dr.) Ravindra Kulkarni concentrated on the struggle in Compilation of the Constitution and various challenges faced by Dr. BR. Ambedkar. There was an intense discussion on the economic condition and monetary instability of the British India which ultimately led to the formation of Reserve Bank of India (RBI) as a governing body to keep a check on the above problem. The conference concluded with an euphonious song by the students of University of Mumbai around 4:00 PM.

Five NSS volunteer students of Oriental College of Pharmacy, Sanpada affiliated to the University of Mumbai participated in this event along with various other NSS volunteers from different colleges.



Photographs of a one-day conference on The problem of the rupee: its origin and solution Sanvidhan din.

Principal Dr. (Mrs.) Sudha Rathod.

PRINCIPAL (ORIENIAL COLLEGE OF PHARMAC) NSS Programme Officer Mr. Nilesh Babre

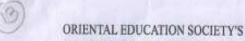
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#### ORIENTAL COLLEGE OF PHARMACY

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Date: - 01/12/2023

#### WORLD HIV/AIDS DAY

Subject: "Uniting Against HIV/AIDS: Empowering Communities for World AIDS Day" on Friday, 01<sup>st</sup> December 2023 at Sanpada, Navi Mumbai.

The schedule of the HIV/AIDS Awareness given as below...

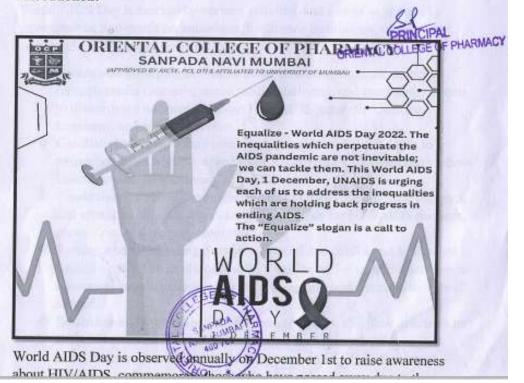
Date of the programme - Friday, 01st December 2023

Venue of the program - Sanpada, Navi Mumbai

Reporting time - 03.00 p.m.

No NSS Volunteers participated: 78 (THREE ELGHT)

#### Introduction:



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disease, show support for those living with HIV, and celebrate the progress made in the global fight against HIV/AIDS. Since its inception in 1988, World AIDS Day has become one of the most recognized international health days, uniting people worldwide in the fight against HIV/AIDS.

#### Background:

HIV (Human Immunodeficiency Virus) is a virus that attacks the immune system, weakening the body's ability to fight off infections and diseases. AIDS (Acquired Immunodeficiency Syndrome) is the most advanced stage of HIV infection when the immune system is severely damaged. HIV/AIDS has claimed millions of lives worldwide since it was first identified in the early 1980s. However, significant progress has been made in prevention, treatment, and awareness since then.

#### Themes:

Each year, World AIDS Day is organized around a specific theme to focus attention on key aspects of the HIV/AIDS pandemic. Themes often revolve around promoting education, challenging stigma and discrimination, supporting those affected by HIV/AIDS, and advocating for increased funding and resources for prevention and treatment programs.

#### Activities:

World AIDS Day is marked by various activities and events organized by governments, non-profit organizations, healthcare institutions, and communities. These activities include:

- Awareness Campaigns: Public awareness campaigns are launched through media channels, social media platforms, and community events to disseminate information about HIV/AIDS prevention, testing, treatment, and support services.
- Candlelight Vigils: Many communities hold candlelight vigils to remember those who have died from AIDS-related illnesses and to show solidarity with people living with HIV.
- Fundraising Events: Fundraisers such as charity walks, runs, concerts, and art exhibitions are organized to raise funds for HIV/AIDS research, prevention, and support programs.
- Testing and Counseling Services: Specialized clinics and healthcare facilities offer free or discounted HIV testing and counseling services to encourage people to know their HIV status and seek appropriate care if needed.
- Educational Workshops: Workshops, seminals, and panel discussions are held to educate the public, heatthcare professionals, and policymakers about the latest developments in HIV/AIDS research, treatment, and prevention strategies.

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Advocacy Efforts: Advocacy campaigns aim to address social and structural barriers to HIV/AIDS prevention and treatment, including stigma, discrimination, gender inequality, and lack of access to healthcare services.

#### Global Impact:

World AIDS Day serves as a reminder of the global impact of HIV/AIDS and the need for continued collective action to end the pandemic. Despite significant progress in recent years, challenges remain, including disparities in access to treatment, the rise of HIV infections in certain populations, and the ongoing stigma associated with HIV/AIDS. By coming together on World AIDS Day, individuals and organizations reaffirm their commitment to achieving the goal of ending the HIV/AIDS epidemic by 2030, as outlined in the United Nations Sustainable Development Goals.

#### Conclusion:

World AIDS Day is a crucial opportunity to raise awareness, show support, and mobilize action in the fight against HIV/AIDS. Through education, advocacy, and solidarity, we can continue to make progress towards ending the HIV/AIDS pandemic and ensuring a world where everyone can live healthy and fulfilling lives regardless of their HIV status.

#### Acknowledgement:

We extend our gratitude to all NSS volunteers, community members, and stakeholders who contributed to the success of this campaign and reaffirmed their commitment to the global awareness for World HIV/AIDS Day.

SANPADA

Principal

Dr. (Mrs.) Sudha Rathod.

Shallrod

Dr. (Mrs.) Sudha Rethod Principal

Oriental College of Pharmacy Pl. No. 3, 4 & 5, Sector-2, Sanpada, Nevi Mumbal. Mr. Nilesh Babre

NSS Programme Officer

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ORIENTAL EDUCATION SOCIETY'S

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Date: - 08.12.2023

#### **Blood Donation Camp**

A successful blood donation camp was organized at Nerul Station, spearheaded by the enthusiastic participation of NSS students. This event aimed not only to collect blood donations but also to raise awareness about the significance of blood donation and its potential to save lives.

The camp was held on 08th December 2023 at Nerul Station (Navi Mumbai).

The NSS students took the initiative to approach potential donors. They visited various locations, engaging with people and educating them about the importance of blood donation.

Through informative sessions and one-on-one interactions, the students conveyed the critical role of blood donation in healthcare emergencies and its impact on saving lives. Apart from donor recruitment and awareness, the NSS students also assisted in the smooth conduct of the camp by managing registration desks, providing refreshments to donors, and ensuring hygiene and safety protocols were followed.



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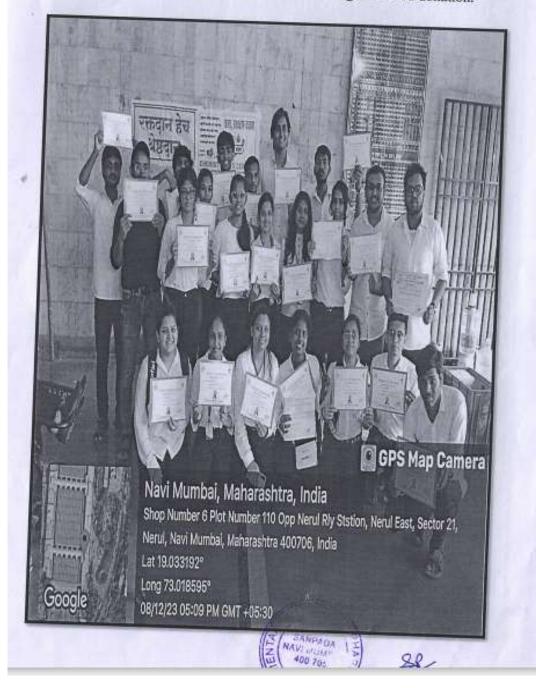
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A commendable number of donors were successfully mobilized, reflecting the effectiveness of the NSS students' outreach efforts. The camp not only achieved its primary goal of collecting blood but also succeeded in enhancing public awareness about the importance and benefits of regular blood donation.

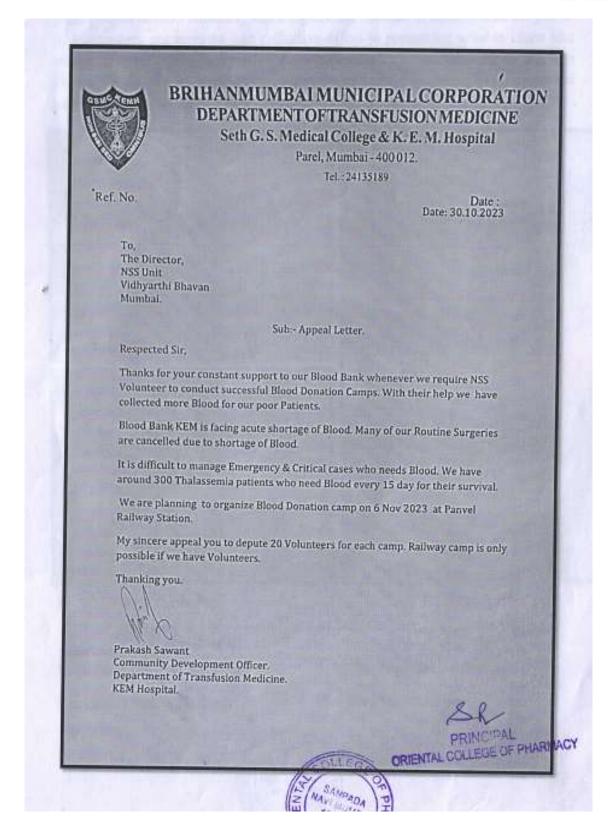


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The NSS students played a pivotal role in making this camp a resounding success. The blood donation camp at Nerul Station, organized with the active participation of NSS students, was a significant success. It underscored the power of community engagement and collective effort in promoting a noble cause like blood donation. The event not only served immediate healthcare needs but also fostered a culture of compassion, altruism, and civic responsibility among the participants and the broader community.







PRINCIPAL
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Principal:

Dr. (Mrs.) Sudha Rathod.

NSS Programme Officer:

Mr. Nilesh Babre



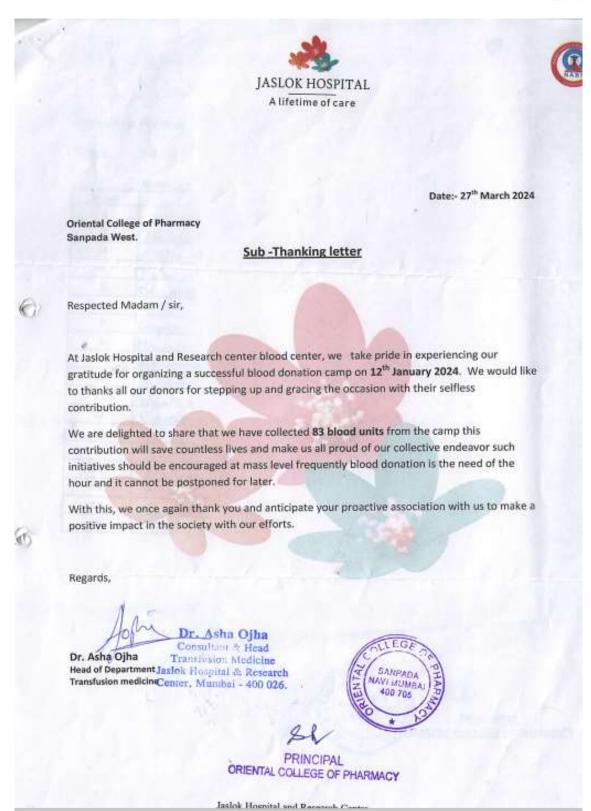
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Date: - 28/12/2023

#### TRAFFIC CONTROL RULES AND REGULATIONS

Subject: "Traffic Control Rules and Regulations" on Thursday, 28th December 2023 at Sanpada, Navi Mumbai.

The schedule of the Traffic Control Rules and Regulations given as below...

Date of the programme - Thursday, 28th December 2023 Venue of the program - Sanpada, Navi Mumbai Reporting time - 03.00 p.m. No NSS Volunteers participated: 80

# TRAFFIC CONTROL RULES AND REGULATIONS PROGRAM Follow Traffic Rules, Save Your Future Principal Dr. Mrs. Sudha Rathod NSS Coordinater Mr. Nilesh Babre (Program Officer) ORIENTAL COLLEGE OF PHARMACY

#### Introduction:

Traffic control rules and regulations are essential components of road safety management aimed at ensuring the smooth flow of traffic, minimizing accidents, and protecting the lives of road users. Understanding and adhering to these rules are critical for all drivers, pedestrians, and cyclists to maintain order and prevent chaos on the roads.

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#### Key Components of Traffic Control Rules and Regulations:

#### \* Traffic Signals:

Traffic signals such as traffic lights, stop signs, yield signs, and pedestrian crossing signals regulate the movement of vehicles and pedestrians at intersections.

Drivers must obey traffic signals, understanding their meanings and responding appropriately to changes in signal colors or signs.

#### Speed Limits:

Speed limits are imposed to control the speed of vehicles on different types of roads, ensuring safety for all road users.

Drivers are required to adhere to posted speed limits, adjusting their speed according to road conditions, weather, and visibility.

#### Lane Discipline:

Lane discipline dictates the proper use of lanes on multi-lane roads, highways, and expressways.

Drivers must stay within their designated lanes, use turn signals when changing lanes, and avoid unnecessary lane changes to maintain the smooth flow of traffic.

#### \* Right of Way:

Right-of-way rules determine which vehicle or pedestrian has the legal right to proceed first at intersections, crosswalks, and merging lanes.

Drivers must yield the right of way to pedestrians, emergency vehicles, and vehicles already in the intersection or on the main road.

#### Traffic Signs and Markings:

Traffic signs, road markings, and pavement symbols convey important information to drivers regarding speed limits, directions, hazards, and regulations.

Drivers must understand and obey these signs and markings to navigate roads safely and legally.

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#### Pedestrian Safety:

Pedestrian safety rules protect individuals walking or crossing roads, sidewalks, and crosswalks.

Drivers must yield to pedestrians at designated crosswalks, stop for pedestrians waiting to cross, and exercise caution in areas with high pedestrian activity.

#### Parking Regulations:

Parking regulations govern the proper parking and stopping of vehicles in designated areas, including parking lots, street parking, and loading zones.

Drivers must park their vehicles legally, avoiding prohibited areas, blocking traffic, or obstructing visibility.

#### Importance of Adhering to Traffic Control Rules and Regulations:

- ✓ Safety: Compliance with traffic control rules reduces the risk of accidents, injuries, and fatalities on the roads, promoting safer travel for all road users.
- ✓ Efficiency: Traffic flow improves when drivers follow rules and regulations, reducing congestion, delays, and frustration for commuters.
- ✓ Legal Compliance: Adhering to traffic laws helps drivers avoid fines, penalties, and legal consequences associated with traffic violations, preserving their driving privileges and records.
- ✓ Respect for Others: Following traffic control rules demonstrates respect for the safety and rights of other road users, fostering a culture of cooperation and mutual respect on the roads.



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#### Conclusion:

Traffic control rules and regulations serve as the foundation of road safety and orderly traffic management. By understanding, respecting, and adhering to these rules, drivers, pedestrians, and cyclists contribute to safer, more efficient, and harmonious road environments for everyone. Enforcing compliance with traffic laws through education, enforcement, and public awareness campaigns is essential for promoting responsible behavior and reducing traffic-related incidents.

#### Acknowledgement:

We extend our gratitude to all NSS volunteers, community members, and stakeholders who contributed to the success of this campaign and reaffirmed their commitment to the global awareness for Traffic control rules and regulations.

Principal

Dr. (Mrs.) Sudha Rathod.

NSS Programme Officer

Mr. Nilesh Babre

Dr. (Mrs.) Sudha Rathod Principal Oriental College of Pharmacy Plot No. 1, 4 & 5, Sector-2,

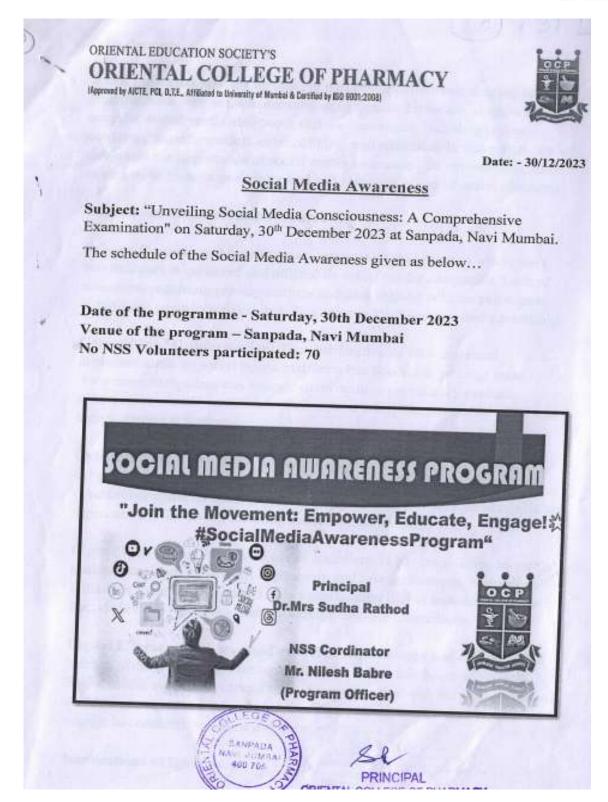
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#### Introduction:

Oral hygiene plays a vital role in maintaining overall health and well-being. However, despite its importance, many individuals neglect proper oral care, leading to various dental and systemic health issues. In response to this, an "Awareness Program on Oral Hygiene" aims to educate and empower individuals to prioritize their oral health through comprehensive knowledge, practical tips, and community engagement.

#### Objectives:

- Educate about Oral Health: Disseminate essential information about the importance of oral hygiene, the anatomy of the oral cavity, common dental problems, and their prevention.
- Promote Proper Dental Care Practices: Encourage individuals to adopt effective oral hygiene habits such as regular brushing, flossing, and tongue cleaning, along with the importance of routine dental checkups.
- Raise Awareness about Oral Diseases: Increase awareness about common oral diseases including dental caries, gum disease, oral cancer, and their risk factors, symptoms, and preventive measures.
- Address Myths and Misconceptions: Challenge myths and misconceptions surrounding oral health, dental treatments, and hygiene practices to promote evidence-based information.
- Empower Behavioral Change: Provide practical guidance and resources to empower individuals to make informed decisions and incorporate healthy oral care behaviors juto their daily routines.

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#### **Program Components:**

Educational Workshops: Conduct interactive workshops in schools, workplaces, and community centers to educate participants about oral hygiene practices, emphasizing the importance of early intervention and preventive measures.

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#### Introduction:

Social media has become an integral part of our daily lives, shaping how we communicate, interact, and consume information. However, along with its benefits, social media also poses various challenges, including privacy concerns, misinformation, cyberbullying, and addiction. In this report, we will delve into the importance of social media awareness, its implications, and strategies to foster a more informed and responsible use of social platforms.

#### Importance of Social Media Awareness:

**Privacy Protection:** Many users are unaware of the extent to which their personal data is collected and utilized by social media companies. Lack of awareness regarding privacy settings and data sharing policies can expose individuals to various risks, including identity theft and targeted advertising.

Combatting Misinformation: The proliferation of fake news and misinformation on social media platforms has become a pressing issue. Awareness campaigns can educate users on how to critically evaluate information, identify unreliable sources, and verify the credibility of content before sharing it further.

Cyberbullying Prevention: Social media provides a platform for cyberbullying, harassment, and online abuse. By promoting awareness about cyberbullying and its consequences, users can be empowered to recognize and report abusive behavior, fostering a safer online environment.

Digital Well-being: Excessive use of social media has been linked to mental health issues such as anxiety, depression, and low self-esteem. Awareness initiatives can encourage users to practice healthy digital habits, such as setting boundaries, taking breaks, and prioritizing real-life interactions.

Digital Literacy: With the rapid evolution of technology and media, digital literacy skills are essential for navigating the online landscape effectively. Social media awareness campaigns can provide users with the knowledge and skills necessary to navigate privacy settings, identify online threats, and engage in constructive online discourse

Implications of Ignorance

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Failure to address social media awareness can have serious consequences, including:

**Privacy Violations:** Users may unwittingly expose sensitive personal information, leading to privacy breaches and potential exploitation by malicious actors.

**Spread of Misinformation:** Without the ability to discern credible information from false content, users may inadvertently contribute to the dissemination of misinformation, undermining trust in media and democratic processes.

Increased Cyberbullying: Ignorance regarding cyberbullying may perpetuate harmful behavior, resulting in psychological harm to victims and perpetuators alike.

Negative Impact on Mental Health: Unawareness of healthy digital habits may exacerbate mental health issues associated with social media use, leading to decreased well-being and productivity.

**Digital Divide:** Lack of social media awareness can widen the digital divide, as individuals with limited access to information and resources may be disproportionately affected by online threats and exploitation.

Strategies for Promoting Social Media Awareness

Education and Training: Integrate social media awareness into educational curricula and provide training sessions for users of all ages to promote digital literacy and responsible online behavior.

Awareness Campaigns: Launch targeted awareness campaigns through social media platforms, traditional media outlets, and community events to raise awareness about privacy, misinformation, cyberbullying, and digital wellbeing.

Collaboration with Tech Companies: Collaborate with social media companies to develop user-friendly tools, resources, and features that promote privacy, safety, and digital literacy

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Community Engagement: Foster community engagement through online forums, discussion groups, and workshops where users can share experiences, seek support, and learn from one another.

Parental Guidance: Provide parents and guardians with resources and guidance on how to monitor and support their children's online activities, emphasizing the importance of open communication and setting appropriate boundaries.

#### Conclusion:

In an increasingly interconnected world, social media awareness is paramount to fostering a safe, informed, and inclusive online environment. By promoting digital literacy, privacy protection, and responsible online behavior, we can harness the potential of social media for positive social change while mitigating its associated risks. Through collaborative efforts involving educators, policymakers, tech companies, and communities, we can empower users to navigate the digital landscape with confidence, resilience, and empathy.

#### Acknowledgement:

We extend our gratitude to all NSS volunteers, community members, and stakeholders who contributed to the success of this campaign and reaffirmed their commitment to the global awareness for Social Media Awareness.

Principal:

Shalland

Dr. (Mrs.) Sudha Rathod.

NSS Programme Officer:

Mr. Nilesh Babre

Dr. (Men ) Gudha Rathod

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Date: - 29/12/2023

#### AWARENESS PROGRAM ON ORAL HYGIENE

Subject: "Promoting Oral Health: An Awareness Program on Oral Hygiene" on Friday, 29th December 2023 at Sanpada, Navi Mumbai.

The schedule of the Awareness Program on Oral Hygiene given as below...

Date of the programme - Friday, 29th December 2023 Venue of the program - Sanpada, Navi Mumbai No NSS Volunteers participated: 68

## AWARENESS ON ORAL HYGIENE "Smile Bright: Promoting Awareness on Oral Hygiene"

Principal
Dr.Mrs Sudha Rathod

NSS Cordinator:
Mr. Nilesh Babre
(Program Officer)





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- Informational Campaigns: Launch multimedia campaigns utilizing social media, posters, pamphlets, and infographics to reach a broader audience with key messages about oral health and hygiene.
- ✓ Dental Screenings and Check-ups: Collaborate with local dental professionals to organize free or subsidized dental screenings and check-ups, providing participants with personalized oral health assessments and treatment referrals if necessary.
- Demonstrations and Practical Sessions: Organize hands-on demonstrations and practical sessions on proper brushing and flossing techniques, oral hygiene product selection, and healthy dietary choices for optimal oral health.
- ✓ Community Engagement Events: Engage the community through events such as oral health fairs, dental camps, and school presentations, offering interactive activities, games, and giveaways to promote active participation and learning.
- Partnerships and Collaborations: Forge partnerships with dental associations, healthcare providers, educational institutions, local businesses, and government agencies to leverage resources, expertise, and support for sustained program implementation and outreach.

#### **Evaluation and Impact:**

- ✓ Pre- and Post-Assessments: Conduct pre- and post-program assessments to measure participants' knowledge, attitudes, and behaviors related to oral hygiene, allowing for the evaluation of program effectiveness and impact.
- ✓ Surveys and Feedback: Collect feedback from participants, stakeholders, and volunteers through surveys and focus group discussions to assess program satisfaction, identify areas for improvement, and gather testimonials highlighting positive outcomes and behavioral changes.
- ✓ Long-Term Monitoring: Establish mechanisms for long-term monitoring and follow-up to track participants' oral health status, adherence to recommended practices, and sustained improvements in oral hygiene behaviors over time.
- ✓ Case Studies and Success Stories: Document and share case studies and success stories of individuals who have benefited from the

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program, showcasing tangible outcomes and inspiring others to prioritize their oral health.

#### Conclusion:

An "Awareness Program on Oral Hygiene" serves as a proactive approach address the prevalent issue of poor oral health by empowering individuals with knowledge, skills, and resources to maintain optimal oral hygiene practices. By fostering a culture of prevention, early intervention, and community engagement, such initiatives contribute to improving overall oral health outcomes and promoting well-being across diverse populations.

#### Acknowledgement:

We extend our gratitude to all NSS volunteers, community members, and stakeholders who contributed to the success of this campaign and reaffirmed their commitment to the global awareness for Awareness Program on Oral Hygiene.

Principal:

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Dr. (Mrs.) Sudha Rathod.

NSS Programme Officer:

Mr. Nilesh Babre

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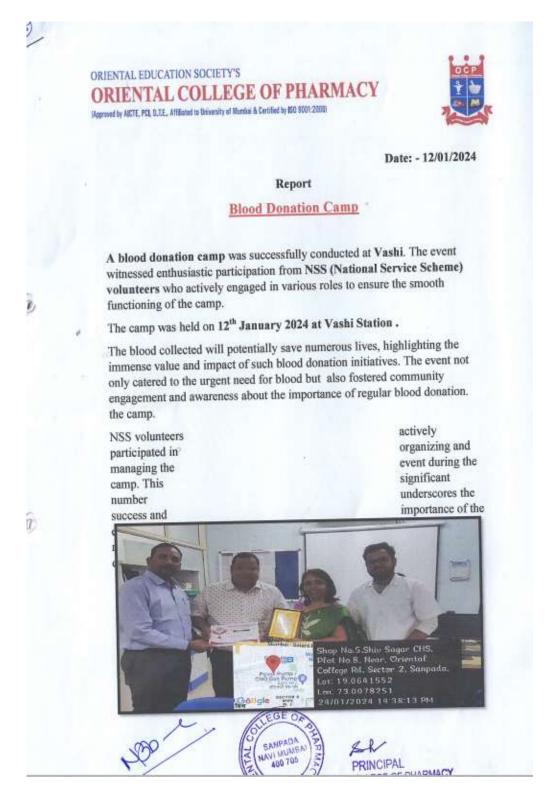
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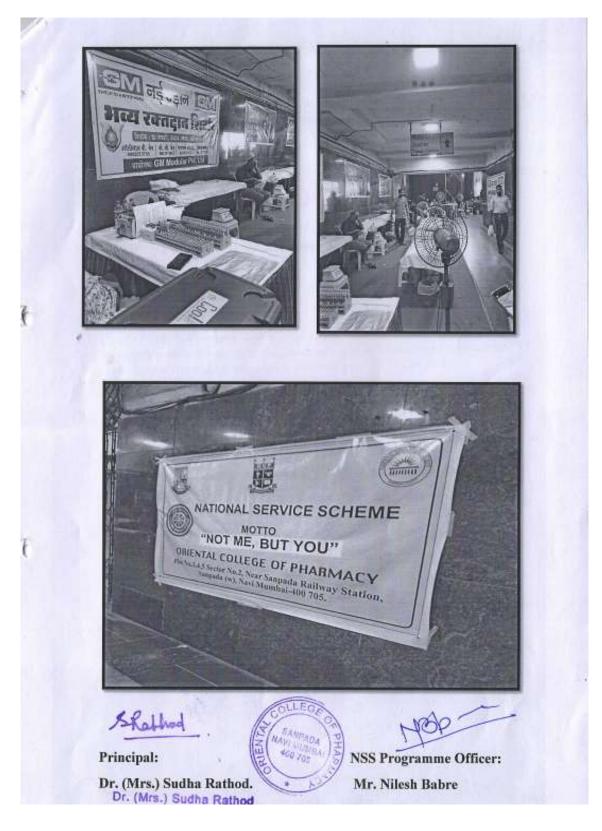
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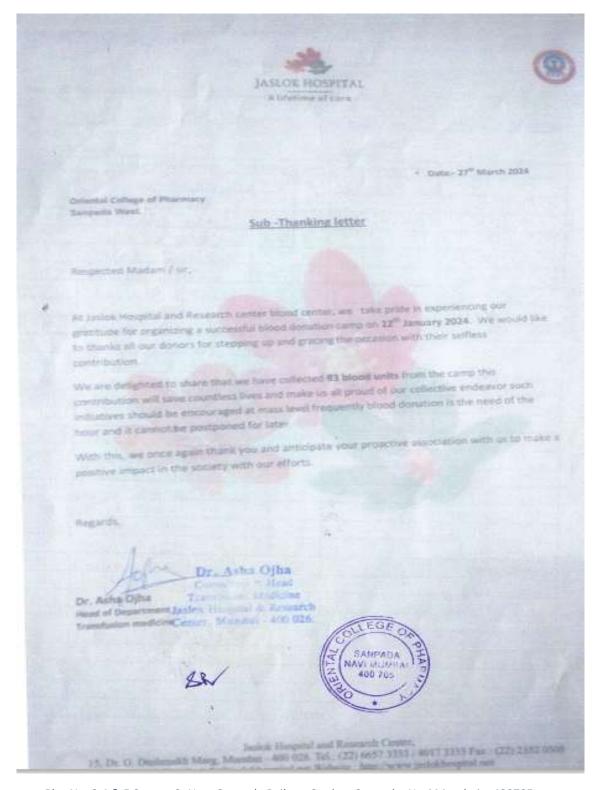


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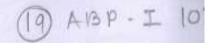
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Date: -21/01/2024

#### TATA MARATHON

The **Tata Marathon**, one of the most prestigious running events in the city, was recently held at **CST Churchgate**. This event witnessed an overwhelming response from participants and spectators alike. Notably, the event was made possible and successful with the active participation and dedicated efforts of the NSS (National Service Scheme) students from various institutions.

The Marathon was held on 21st January 2024 at Between Cross and Oval Maidan at Bombay Court (CST).

The NSS students played a pivotal role in coordinating various aspects of the marathon. They were stationed at multiple checkpoints, ensuring smooth flow and organization of the event.

NSS volunteers were responsible for guiding the participants along the designated route. They ensured the safety of the runners and maintained the flow of traffic at crucial intersections.

The students set up and managed water and aid stations at regular intervals along the marathon route. They ensured that the participants stayed hydrated and provided first aid when necessary. With thousands of spectators cheering for the runners, the NSS students efficiently managed the crowd to prevent any congestion or disruption.

After the marathon concluded, the NSS students actively participated in the cleanup process, ensuring that the venue was left spotless.

The NSS students exhibited commendable teamwork, dedication, and professionalism throughout the event. Their enthusiasm and willingness to contribute were instrumental in making the Tata Marathon at CST Churchgate a resounding success. The participants and organizers alike expressed their gratitude towards the NSS students for their invaluable contributions. Their

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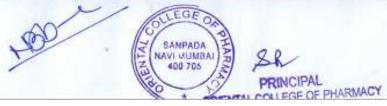


gratitude towards the NSS students for their invaluable contributions. Their involvement not only facilitated the smooth execution of the event but also added a touch of community spirit and camaraderie.

The Tata Marathon at CST Churchgate was a memorable event, showcasing the spirit of unity, athleticism, and community involvement. The NSS students' participation as volunteers was a shining example of their commitment to service and their ability to make a meaningful impact on large-scale events. Their efforts were pivotal in ensuring the success and safety of all participants, making them an integral part of this grand celebration of sport





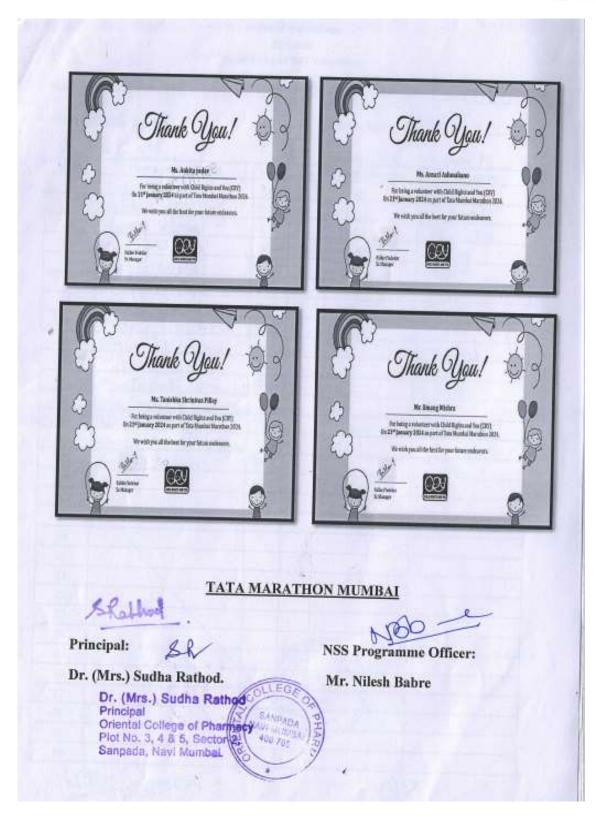


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Date: - 25/01/2023

#### NATIONAL VOTERS DAY

Subject: "National Voters Day: Empowering Democracy Through Active Participation" on Wednesday, 25th January 2023 at Sanpada, Navi Mumbai.

The schedule of the National Voters Day Awareness given as below...

Date of the programme - Wednesday, 25th January 2023 Venue of the program - Sanpada, Navi Mumbai No NSS Volunteers participated: 80



Introduction:

National Voters Day (NVD) is an annual observance in India held on January 25th to celebrate the foundation of the Election Commission of India (ECI) and to promote voter awareness and participation in the democratic process.

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recognize the importance of voting rights and to encourage citizens, especially young voters, to actively engage in shaping the future of the nation through their votes.

#### Background:

The Election Commission of India was established on January 25, 1950, the same day India's Constitution came into effect. National Voters Day was introduced in 2011 to commemorate this historic event and to mark the ECI's commitment to conducting free, fair, and transparent elections in the world's largest democracy.

#### Objectives:

- Promoting Voter Education: National Voters Day aims to educate citizens about the significance of voting rights, electoral processes, and the role of voters in strengthening democracy.
- ✓ Encouraging Voter Registration: The observance encourages eligible citizens to register as voters and ensures their inclusion in the electoral roll to exercise their right to vote.
- Empowering Youth: National Voters Day focuses on engaging young voters by highlighting the importance of their participation in the electoral process and fostering a sense of responsibility towards nationbuilding.
- Enhancing Electoral Participation: The day serves as a reminder for all citizens to actively participate in elections and fulfill their civic duty by casting their votes without fear or favor.

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#### Activities:

National Voters Day is marked by various activities and initiatives organized by the Election Commission of India, government agencies, educational institutions, civil society organizations, and community groups. These activities include:

- ✓ Voter Registration Drives: Special voter registration camps are set up across the country to facilitate the enrollment of new voters and update existing voter records.
- Educational Workshops and Seminars: Workshops, seminars, and interactive sessions are conducted to educate citizens, particularly youth, about the electoral process, voting rights, and the importance of making informed choices.

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- Awareness Campaigns: Public awareness campaigns are launched through various media channels, including television, radio, print, and social media, to disseminate information about voting procedures, voter ID cards, polling stations, and election dates.
- Swearing-in Ceremonies: In a symbolic gesture, newly eligible voters are invited to participate in swearing-in ceremonies where they take an oath of allegiance to uphold democratic values and exercise their right to vote responsibly.
- Essay Competitions and Debates: Schools, colleges, and universities organize essay writing competitions, debates, quizzes, and other competitions to engage students in discussions on democracy, electoral reforms, and the role of voters in governance.

#### Conclusion:

National Voters Day serves as a reminder of the fundamental principles of democracy and the collective responsibility of citizens to participate actively in the electoral process. By promoting voter education, encouraging voter registration, and empowering youth, National Voters Day contributes to the strengthening of democratic institutions and the consolidation of India's democratic heritage. It underscores the importance of every vote in shaping the future of the nation and fostering inclusive and participatory governance.

#### Acknowledgement:

We extend our gratitude to all NSS volunteers, community members, and stakeholders who contributed to the success of this campaign and reaffirmed their commitment to the global awareness for National Voters Day.

Principal:

Dr. (Mrs.) Sudha Rathod.

Dr. (Mrs.) Sudha Rathod Principal

Oriental College of Pharmacy Plot No. 3, 4 & 5, Sector-2, Sanpada, Navi Mumbal: NSS Programme Officer:

Mr. Nilesh Babre

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Date: - 30/01/2024

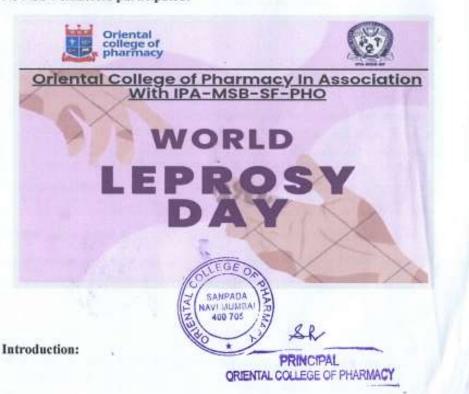
#### REPORT

#### WORLD LEPROSY DAY

Subject: "Combatting Stigma: Empowering Communities for Leprosy Awareness and Eradication" on Tuesday, 30<sup>th</sup> January 2024 at Sanpada, Navi Mumbai.

The schedule of the Leprosy Awareness given as below...

Date of the programme - Tuesday, 30th January 2024 Venue of the program - Sanpada, Navi Mumbai Reporting time - 03.00 p.m. No NSS Volunteers participated:



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a detailed overview of the significance, history, current status, and future outlook of World Leprosy Day.

#### Significance:

World Leprosy Day holds significant importance in the global efforts to combat leprosy. It serves as a platform to educate the public about the disease, its symptoms, treatment, and prevention measures. Additionally, it aims to promote social inclusion and acceptance of individuals affected by leprosy, combating the deep-rooted stigma and discrimination they face.

#### History:

World Leprosy Day was established by French humanitarian Raoul Follereau in 1954. Follereau was deeply moved by the suffering of leprosy patients he encountered during his travels, and he dedicated his life to raising awareness and support for them. He proposed the idea of a day dedicated to leprosy awareness to the United Nations, which led to the establishment of World Leprosy Day. Since then, it has been observed annually by various organizations, governments, and communities worldwide.

#### Current Status:

Despite significant progress in the fight against leprosy, the disease remains a public health concern in many parts of the world. According to the World Health Organization (WHO), over 200,000 new cases of leprosy are reported globally each year, with the majority occurring in countries like India, Brazil, and Indonesia. While effective treatment is available through multidrug therapy (MDT), late diagnosis and social stigma continue to pose challenges to the elimination of leprosy.

#### Activities and Initiatives:

On World Leprosy Day, numerous activities and Child College of PHARMACY promote awareness and support for those affected by leprosy. These may include:

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 Health campaigns providing information on leprosy symptoms, treatment, and prevention.

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- Educational workshops and seminars for healthcare professionals, community leaders, and the general public.
- Advocacy campaigns to address stigma and discrimination associated with leprosy.
- Fundraising events to support research, treatment programs, and rehabilitation services for leprosy patients.

#### Future Outlook:

Efforts to eliminate leprosy as a public health problem continue, with the goal set by the WHO to reduce the global burden of the disease. This includes strengthening healthcare systems, improving access to early diagnosis and treatment, and addressing social determinants that contribute to stigma and discrimination. Additionally, research into new diagnostic tools, treatment regimens, and vaccines remains a priority in the fight against leprosy.

#### Conclusion:

World Leprosy Day serves as a reminder of the ongoing challenges faced by those affected by leprosy and the importance of collective action to eliminate the disease and support those living with it. By raising awareness, promoting early detection, and combating stigma, we can work towards a world where leprosy no longer poses a threat to public health and where all individuals are treated with dignity and respect, regardless of their health status.

#### Acknowledgement:

We extend our gratitude to all NSS volunteers, community members, and stakeholders who contributed to the success of this campaign and reaffirmed their commitment to the global awareness for World Leprosy Day.

Principal:

Dr. (Mrs.) Sudha Rathod.

Dr. (Mrs.) Sudha Rathod Principal Oriental College of Pharmacy Plot No. 3, 4 & 5, Sector-2, Sanpada, Navi Mumbal.

NSS Programme Officer:

Mr. Nilesh Babre

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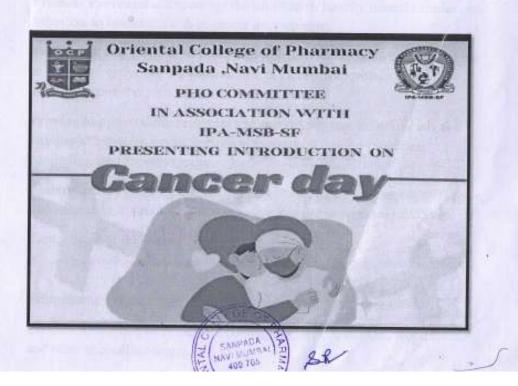
Date: - 04/02/2023

#### CANCER AWARENESS DRIVE

Subject: "Celebrating Cancer Education Day: Empowering Communities Against Cancer on Saturday, 4th February 2023 at Vashi Railway station, Navi Mumbai.

The schedule of the Cancer Education Day given as below...

Date of the programme - Saturday, 4th February 2023 Venue of the program - Vashi Railway station, Navi Mumbai No NSS Volunteers participated: 52



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#### Introdution:

Cancer continues to be a major public health concern worldwide, with millions of new cases diagnosed each year. While significant progress has been made in cancer research and treatment, prevention and early detection remain critical in reducing the burden of this disease. Education plays a pivotal role in empowering individuals and communities to adopt healthy behaviors, recognize early warning signs, and seek timely medical care. In response to this need, the following report outlines a detailed cancer education program aimed at raising awareness, promoting prevention strategies, and fostering early detection practices within communities.

## Goals of the Cancer Education Program:

Raise Awareness: Increase knowledge and understanding of different types of cancers, risk factors, and preventive measures among community members.

Promote Prevention: Encourage the adoption of healthy lifestyle choices and behaviors to reduce the risk of cancer development.

Facilitate Early Detection: Equip individuals with the knowledge and skills to recognize early warning signs of cancer and seek appropriate medical attention promptly.

**Provide Support:** Offer resources and support services to individuals and families affected by cancer, including access to screening programs, counseling, and support groups.

Foster Community Engagement: Engage community leaders, organizations, and volunteers in promoting cancer awareness and prevention initiatives.

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Components of the Cancer Education Program:

**Educational Workshops:** 

Conduct interactive workshops in community centers, schools, workplaces, and other accessible venues.

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Cover topics such as cancer basics, risk factors, screening guidelines, healthy lifestyle choices, and symptom recognition.

Utilize multimedia presentations, handouts, and interactive activities to engage participants of all ages.

## Awareness Campaigns:

Launch multimedia campaigns utilizing social media, print materials, and public service announcements to reach a broader audience.

Collaborate with local media outlets, influencers, and community partners to amplify messaging.

Organize awareness events such as health fairs, walks, and fundraisers to engage the community and disseminate information.

#### School Programs:

Integrate cancer education into school curricula, focusing on age-appropriate content for students,

Train teachers to deliver educational modules and facilitate discussions on cancer prevention and healthy behaviors.

Organize school-based events such as assemblies, poster contests, and health days to reinforce learning and promote student engagement.

## Screening and Early Detection Initiatives:

Partner with healthcare providers, clinics, and hospitals to offer cancer screening services at discounted rates or free of charge.

Conduct community outreach programs to promote the importance of regular screenings and facilitate access to screening facilities.

Provide educational materials on self-examination techniques for early detection of certain cancers, such as breast and skin cancer.

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### Support Services:

Establish support groups for cancer survivors, caregivers, and individuals undergoing treatment.

Offer counseling services, informational resources, and referrals to support organizations and healthcare providers.

Collaborate with local hospitals and clinics to provide navigation services for individuals diagnosed with cancer, guiding them through the healthcare system and available resources.

## Training and Capacity Building:

Provide training sessions for healthcare professionals, community health workers, and volunteers on cancer education and communication strategies.

Equip participants with the knowledge and skills to deliver effective cancer education programs, conduct outreach activities, and provide support to community members.



## **Evaluation and Monitoring:**

Implement pre- and post-program assessments to concern the changes in knowledge, attitudes, and behaviors related to cancer prevention and early detection.

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Collect feedback from participants, community stakeholders, and program partners to identify strengths, areas for improvement, and emerging needs.

Monitor program metrics, such as attendance rates, screening uptake, and engagement levels, to evaluate the program's impact and inform future planning and resource allocation.



#### Conclusion:

A comprehensive cancer education program is essential for empowering communities to take proactive steps in preventing cancer and detecting it early when treatment is most effective. By raising awareness, promoting healthy behaviors, and providing support services, this program aims to reduce the burden of cancer and improve the overall health and well-being of individuals and families. Through collaboration with community partners and ongoing evaluation, the program can adapt to evolving needs and continue making a meaningful impact in the fight against cancer.

### Aknowledgement:

We extend our gratitude to all NSS volunteers, community members, and stakeholders who contributed to the success of this campaign and reaffirmed their commitment to the global fight against cancer.

Principal:

Dr. (Mrs.) Sudha Rathod Dr. (Mrs.) Sudha Rathod Principal NSS Programme Officer:

Mr. Nilesh Babre

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Date: - 24/03/2024

## WORLD TUBERCULOSIS DAY

Subject: "Uniting Against Tuberculosis: World Tuberculosis Day" on Sunday, 24th March 2024 at Sanpada, Navi Mumbai.

The schedule of the World Tuberculosis Day given as below...

Date of the programme - Sunday, 24th March 2024 Venue of the program - Sanpada, Navi Mumbai No NSS Volunteers participated: 30

#### Introduction:

World Tuberculosis (TB) Day, observed annually on March 24th, stands as a global reminder of the ongoing battle against one of the oldest and deadliest infectious diseases in human history. This day commemorates the discovery of the bacteria Mycobacterium tuberculosis by Dr. Robert Koch in 1882, a pivotal moment that paved the way for understanding and combating the disease. Despite significant progress in diagnosis and treatment, TB remains a pressing global health challenge, affecting millions of people every year. World Tuberculosis Day serves as a call to action to accelerate efforts towards ending the TB epidemic.

## Understanding the Burden of Tuberculosis:

Tuberculosis continues to exert a heavy toll on public health worldwide. According to the World Health Organization (WHO), TB is one of the top 10 causes of death globally, ranking above HIV/AIDS. In 2020, an estimated 10 million people fell ill with TB, with approximately 1.5 million succumbing to the disease. Vulnerable populations such as those living with HIV, malnutrition, or in overcrowded conditions size a heightened risk of TB infection and poor outcomes.

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#### Challenges in TB Control:

Several factors contribute to the persistence of TB as a global health threat. Chief among these challenges are limited access to healthcare services, inadequate diagnostic tools, the emergence of drug-resistant strains, and social determinants such as poverty and stigma. Additionally, the COVID-19 pandemic has exacerbated TB disparities and disrupted essential TB services, underscoring the need for resilient health systems and innovative approaches to TB care delivery.

### Key Strategies for TB Elimination:

Achieving the ambitious goal of ending the TB epidemic by 2030, as outlined in the United Nations Sustainable Development Goals, demands concerted action at global, national, and community levels. Key strategies include:

- Strengthening healthcare systems to ensure universal access to quality TB prevention, diagnosis, and treatment services.
- Scaling up efforts to reach vulnerable and marginalized populations with tailored TB interventions, addressing social determinants and reducing stigma.
- Investing in research and development for new TB diagnostics, drugs, and vaccines, including novel approaches such as precision medicine and immunotherapies.
- Promoting multisectoral collaboration and partnerships to address the complex drivers of TB, including poverty, inequality, and migration.
- Empowering communities through education, advocacy, and patientcentered care models that prioritize the needs and voices of those affected by TB.

#### Conclusion:

World Tuberculosis Day serves as a critical moment to renew commitments and galvanize action towards a TB-free world. By leveraging innovation, solidarity, and political will, we can overcome the challenges posed by TB and ensure that every individual, regardless of their circumstances, has the opportunity to live a healthy and fulfilling life. Let us stand united in the fight against tuberculosis, working together to turn the tide and consign this ancient scourge to the annals of history.

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## Acknowledgement: We extend our gratitude to all NSS volunteers, community members, and stakeholders who contributed to the success of this campaign and reaffirmed their commitment to the global awareness for World Tuberculosis Day. NSS Programme Officer: Principal: Dr. (Mrs.) Sudha Rathod. Mr. Nilesh Babre Dr. (Mrs.) Sudba Rathod Principal Original Pollege of Pharmacy Plot No. 1, 4 & 5, 51 12-2, Sanpada, Nevi Mumuus.

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## C. DLLE ACTIVITY

S. No.	Name of the Activity	Date
1.	Old clothes donation drive	16.09.2023 to 23.09.2023
2.	World Pharmacist Day celebration	25.09.2023
3.	DIY Aviary Treat Station	02.12.2023
4.	International Human Solidarity Day celebration	18.12.2023 to 30.12.2023
5.	CPR training session	23.12.2023
6.	Awareness of Menstrual Hygiene	24.12.2023
7.	Civil Rights Day celebration	15.01.2024
8.	OCP Dynasty Convivial Noon 2.0	20.01.2024

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# ORIENTAL EDUCATION SOCIETY'S ORIENTAL COLLEGE OF PHARMACY (Approved by AISTL FCL D.L.L., At Market to University of Mundon & Certified by 150 5001 2008)



## **Old Clothes Donation Drive**

## Details of activity:

Name of the Activity	Old Clothes donation drive	Activity Number	DLLE/2023-24/01
Day/ Date	12 <sup>th</sup> to 25 <sup>th</sup> Sept 2023	Department /Committee or Faculty	DLLE Committee
Venue	Oriental College of Pharmacy	Time	-
Nature of Activity (Indoor/Outdoor)	Indoor	Total number of Participants	50 students

## Activity Information:

Objectives	The objective behind this drive was to promote social responsibility by encouraging students as well as staffs to give back to the community, supporting underprivileged individuals, reduce textile waste and promote sustainability.
Methodology or Brief summary	The initiative was taken by DLLE Committee in association with GOONJ NGO.
	Anshu Gupta (known as clothing man) is a founder of this NGO GOONJ at 1999. Not only used clothes, but also anything and everything can be donated there. This NGO recycles the donated used clothes into useful products for the poor, which also provides employability to all the needy men and women working under them. GOONJ has its franchises all over India and is working selflessly since 1999 by also helping people in disasters like earthquakes, floods, etc. Complete information about this NGO can be retrieved from the official website <a href="www.goonj.org">www.goonj.org</a> .  Dr. Neelima Akhtor has been working with GOONJ for the past 6 years, had delivered a speech providing complete knowledge on how this NGO works, which people gets benefitted, their way of recycling, etc.

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Student Managers of Third Year was given the responsible to handle the entire event by the Co-Ordinator Ms. Swarnali Manick, who guided them throughout the event from 12<sup>th</sup> to 25<sup>th</sup> Sept (One day seminar by Dr. Neelima and one week for old clothes donation by students, teaching as well as non-teaching staffs). Special thanks to Mr. Vijay Ikale sir (member of DLLE committee) for providing this helping hands.

Outcome

This drive resulted in a significant collection of used clothing items from students, faculty and staff. The students got the opportunity to contribute to a meaningful and noble cause to make a positive impact on the lives of underprivileged individuals in the community. Participating in such initiatives helps students develop a sense of empathy, social responsibility and altruism.

#### Flyers -



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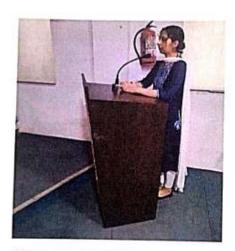
## Geotagged photos-



Seminar hall where Dr. Neelima addressed the crowd



Dr. Neelima with Principal madam and Co-ordinator Ms. Swarnali Manick



Dr. Neelima giving a speech on how GOONJ works



Handmade bags and other stuffs made by the women working in the NGO are gifted by Dr. Neelima Akhtor

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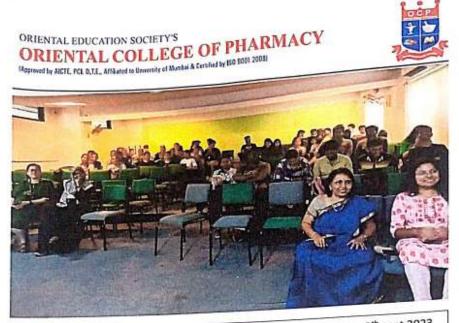
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Principal, teaching staffs and the students present for the seminar on  $9^{\text{th}}$  sept 2023



Old clothes collected and packed for transferring to the location by the students



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#### ORIENTAL EDUCATION SOCIETY'S ORIENTAL COLLEGE OF PHARMACY (Approved by ASCTE, PCL D.LE, AttRacted to University of Muchan & Continue by ISO 2001 2003)



## World Pharmacist Day Celebration

#### Details of activity:

Name of the Activity	PHARMANIC	Activity Number	DLLE/2023-24/02
Day/ Date	25 <sup>th</sup> Sept 2023/ Monday	Department /Committee or Faculty	DLLE Committee
Venue	Oriental College of Pharmacy, Sanpada	Time	1:00 pm to 5:00 pm
Nature of Activity (Indoor/Outdoor)	Indoor	Total number of Participants	60 students

#### Activity Information:

Objectives	The objective behind this event was to celebrate "World Pharmacist Day" on 25th September 2023 and also encourage students to widespread their knowledge to others by exploring the ocean of Pharmacy world.
Methodology or Brief summary	This year DLLE Committee decided to take the lead for celebrating this auspicious day for all the pharmacists worldwide. DLLE Committee organized an event named "PHARMANIC" which comprised of various competitions, namely Poster Presentation, Digital Logo making, Debate, Quiz Competition, Pictionary and Rangoli Competition.  DLLE Students of Third Yr B Pharm. had organized and managed the entire event in a day.  For smooth conduction of all the competitions, there were students volunteers to keep an eye on all the participants during the competition.  Two judges among the faculty members were allotted in each category for fair judgment.  To conclude the day with more excitement, all the winners were awarded with cash prizes.  E-certificates to all the participants were also distributed later.

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### Outcome

#### Enhanced Knowledge sharing:

Participants actively engaged in the competitions, contributing to the exchange of knowledge and expertise within the pharmacy community.

#### Promotion of innovation:

All the competitions provided a platform for showcasing innovative ideas, fostering a culture of creativity and advancement.

#### Stimulated Critical thinking:

Competitors demonstrated analytical and critical thinking skills through various challenges.

## Positive Impact on Participants:

Competitors reported increased confidence, a sense of accomplishment and a deeper commitment to their roles and responsibilities as a pharmacist.

### Winners are as follows:

 Poster making competition (Topic: Enhancing Drug safety surveillance with AI – driven Pharmacovogilance)

1st position – Ms. Meena Gupta (Final Yr.) 2nd position – Ms. Nandita Pandit (T.Y.)

2. Digital Logo making competition (Topic : Medicine meets
Machine Learning)

1st position — Ms. Sneha Gupta (T.Y.) 2nd position — Ms. Priti Sasmal and Mr. Ashutosh Yadav (T.Y.) 3rd position — Ms. Arpita Yadav (T.Y.)

## 3. Quiz Competition ( Pharmacy related basics)

1<sup>st</sup> position – Siddhi Mhatre, Sharvari Mhatre, Swapnil Pal, Raju Pasi (T.Y.)

2<sup>nd</sup> position – Richa Mahadik, Sakshi More, Navya Unnikrishnan and Tejashri Gunjal (Final Yr.)

#### 4. Pictionary

1st position- Nikita Rawat, Numa Shaikh, Pradnya Tiwari and Shehnaz Shaikh (T.Y.)

2<sup>nd</sup> position – Ashmabano Ansari, Sonali Baramde, Poonam Kah

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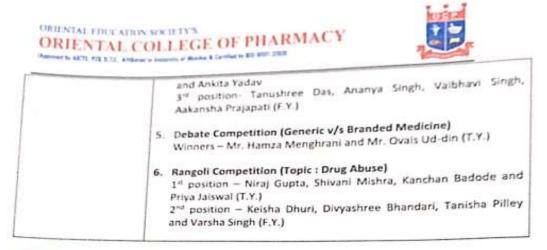
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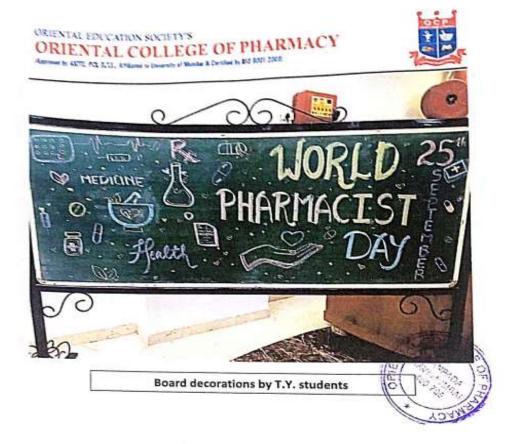
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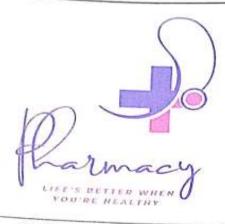
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ORIENTAL EDUCATION SOCIETY'S ORIENTAL COLLEGE OF PHARMACY Represent by ARCH FCE D.C.E., APPLICANT to Committing of Months & Continued by Elic 9701 2008:







1st Prize winner (Logo Designing)

2<sup>nd</sup> Prize winner (Logo Designing)





2<sup>nd</sup> Prize winner (Logo Designing)

3rd Prize winner (Logo Designing)

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**Quiz Competition** 



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**Debate Competition** 

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1st Prize winner (Rangoli)

2<sup>nd</sup> Prize winner (Rangoli)





### **Rangoli Competition**

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Organizers of the event (T.Y. students) with the DLLE Co-ordinator

Dr. (Mrs.) Sudha Rathod

C \_\_\_\_\_(Principal) PHARM

Ms. Swarnali Manick

(DLLE Co-ordinator)

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## **DIY Aviary Treat Station**

## Details of activity:

Name of the Activity	DIY Aviary Treat Station	Activity Number	DLLE/2023-24/03
Day/ Date	2 <sup>nd</sup> Dec 2023	Department /Committee or Faculty	DLLE Committee
Venue	Oriental College of Pharmacy	Time	-
Nature of Activity (Indoor/Outdoor)	Indoor and Outdoor	Total number of Participants	15 students

#### Activity Information:

Objectives	This initiative was taken up by the DLLE Committee to promote environmental awareness and biodiversity conservation by treating our feathery friends in our locality. It also aims to engage students in hands-on learning experiences that foster creativity, craftsmanship and community engagement, contributing to the beautification of the surrounding environment.	
Methodology or Brief summary	This project majorly involved F.Y. and S.Y. students where several handmade bird feeders were made by them and they were placed in college medicinal garden and also hanged in trees present outside the college on the way to Sanpada station.	
Outcome	The outcome of this project includes increased bird activity and diversity in the area, as well as a greater sense of environmental stewardship among students. Additionally, the project fosters a sense of pride and accomplishment among students as they witness the positive impact of their efforts on local wildlife.	

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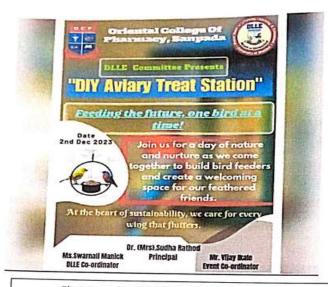
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## Flyers -



Flyer prepared by students for the event

## Geotagged photos-







Students with their handmade bird feeders

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Placement of bird feeders in different locations



Dr. (Mrs.) Sudha Rathod PRINCIPAL

ORIGINAL COPHING PHARMACY

Ms. Swarnali Manick

**DLLE In-charge** 

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### International Human Solidarity Day celebration

## Details of activity:

Name of the Activity	International Human Solidarity Day celebration	Activity Number	DLLE/2023-24/04
Day/ Date	18th to 27th Dec 2023	Department /Committee or Faculty	DLLE Committee
Venue	Near Nerul railway station	Time	4:30 to 5:30 pm (from 18 <sup>th</sup> to 27 <sup>th</sup> Dec)
Nature of Activity (Indoor/Outdoor)	Outdoor	Total number of Participants	15 students

## Activity Information:

Objectives	The objective of teaching underprivileged children and distributing sanitary napkins in slum areas are to empower marginalized communities through education and promote health and hygiene among girls and women. These initiatives aim to address socio-economic disparities, improve access to education and essential healthcare services.
Methodology or Brief summary	Human Solidarity means to awareness of shared interests, standards and sympathies creating a psychological sense of unity of different classes of people. This day is celebrated every year on 20th December aiming to bind all classes of people together.
	This project was taken up by T.Y. students where the students took initiatives under the guidance of Ms. Swarnali Manick, to teach underprivileged kids in slum areas everyday after their college from 18 <sup>th</sup> to 27 <sup>th</sup> Dec 2023. The students also distributed sanitary napkins among the girls and women present there. Our students had enjoyed spending quality time with small kids by teaching them basics ABCD, hindi and English poems and also drawing. On the last day, our students gifted all the kids a kit comprising of notebooks, pencils, eraser, colouring books, colour pencils, etc.

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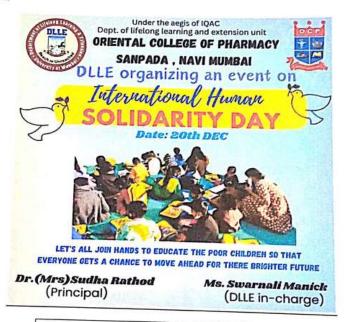
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Outcome

Teaching underprivileged children and distributing sanitary napkins in slum areas improved literacy rates and educational attainment among children, leading to greater opportunities for socio-economic development. Additionally, the provision of sanitary napkins promotes better menstral hygiene practices, reducing health risks and empowering them to lead healthier and dignified lives.

#### Flyers -



Flyer prepared by students for the event



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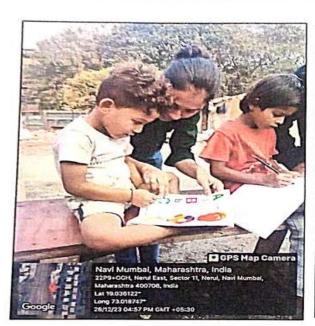


## Geotagged photos-





T.Y. students teaching underprivileged kids in slum areas





T.Y. students teaching underprivileged kids in slum areas

Drawings of small kids

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Distribution of sanitary napkins among the girls and women



Distribution of gifts to the small kids

Dr. (Mrs.) Sudha Rathod
Principal
PRINCIPAL

... AL COLLEGE OF PHARMACY

Ms. Swarnali Manick DLLE In-charge

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## CPR Training session and Blood Donation Camp

## Drails of action

Name of the Activity	CPR Training session	Activity Number	DLLE/2023-24/05
Day Date	23 <sup>rd</sup> Dec 2023	Department /Committee or Faculty	DLLE Committee and PHO Committee
Venue	Chemist Bhavan, Sanpada	Time	1:30 pm onwards
Nature of Activity (Indoor Outdoor)	Oundoor	Total number of Participants	115 students

## Activity Information:

Objectives	The objective of CPR (Cardiopulmonary Resuscitation) training for staff and students is to equip them with the knowledge and skills necessary to respond effectively in emergency situations involving cardiac arrest or other life-threatening medical emergencies. By providing CPR training, individuals can learn how to recognize the signs of cardiac arrest, perform chest compressions and rescue breaths, and use automated external defibrillators (AEDs) when available, thereby increasing the likelihood of survival and reducing the risk of irreversible brain damage or death.
Methodology or Brief summary	CPR training and Blood Donation Camp was arranged for the students and staff members in association with <b>DocSmart Healthcare System</b> .  DocSmart is an app where all the hospitals are registered and common people can book their appointments using the app and also book ambulance in emergency, search for nearby blood banks, etc.
	Dr. Anil Chhajed from Mahavir International Navi Mumbai briefed the crowd regarding what exactly happens and in which condition we need to give CPR. Students as well as staffs were very satisfied with the training. They brought dummies which were used for practicing correct CPR.

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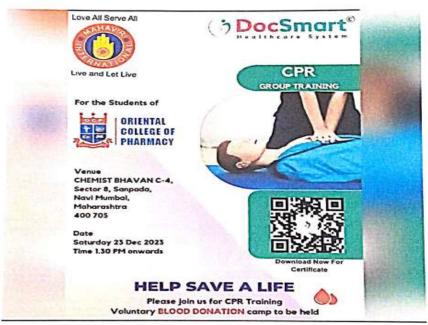


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	After the CPR session in Chemist Bhavan, there were made arrangements for blood donation whoever wishes to donate.  DLLE and PHO Committee came forward to make this event successful.
Outcome	By equipping individuals with the ability to perform CPR and use automated external defibrillators (AEDs), the training increases the likelihood of survival and improves outcomes in emergency situations, ultimately enhancing community safety and preparedness.

#### Flyers -



Flyer provided by DocSmart Healthcare System



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## Geotagged photos-





Felicitation of Principal Madam and Dr. Anil Chhajed and DocSmart team





Poster



CPR training of Principal Mam using dummy

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ORIENTAL EDUCATION SOCIETY'S
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Principal, teaching staffs and students





**Blood Donation Camp** 

Dr. (Mrs.) Sudha Rathod Principal

Rallod

PRINCIPAL ON ENTAL COLLEGE OF PHARMACY Ms. Swarnali Manick DLLE In-charge

Mr. Vijay Ikale PHO In-charge

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#### Awareness on Menstrual Hygiene

## Details of activity:

Name of the Activity	Awareness on menstrual hygiene and free distribution of sanitary napkins	Activity Number	DLLE/2023-24/06
Day/ Date	24 <sup>th</sup> Dec 2023	Department /Committee or Faculty	DLLE Committee
Venue	Vatsalya Trust, Sanpada	Time	1:30 pm onwards
Nature of Activity (Indoor/Outdoor)	Outdoor	Total number of Participants	10 students

## Activity Information:

Objectives	The objective of raising awareness on menstrual hygiene is to educate individuals, particularly women and girls, about proper menstrual hygiene practices and promote access to menstrual hygiene products and facilities. By addressing menstrual taboos and stigma, the awareness campaigns aim to empower individuals to manage their menstruation with dignity, reduce the risk of infections and health complications, and promote overall well-being and gender equality.	
Methodology or Brief summary	The students involved in this activity were from Third Year.  They visited Vatsalya trust, nearby to Oriental College of Pharmacy to educate people there regarding the importance of hygiene during menstruation. They also discussed about myths and facts, followed by distribution of free sanitary napkins to the girls and women.	
Outcome	The outcomes of raising awareness on menstrual hygiene included improved health outcomes for individuals through the adoption of proposition menstrual hygiene practices, reduced stigma and increased empowerme among women and girls to manage their menstruation with dignity, and	

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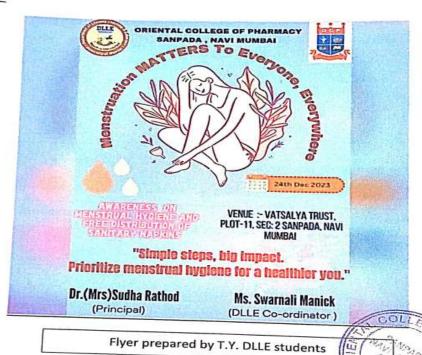
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greater access to menstrual hygiene products and facilities, leading to overall well-being and gender equality.

#### Flyer -



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#### Geotagged photos-





Students educating the crowd

Packed sanitary pads for free distribution



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#### Geotagged photos-





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Vatsalya Trust

Dr. (Mrs.) Sudha Rathod

Shallood

Principal

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Ms. Swarnali Manick DLLE In-charge

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#### Civil Rights Day celebration

#### Details of activity:

Name of the Activity	Civil Rights Day celebration	Activity Number	DLLE/2023-24/07
Day/ Date	15 <sup>th</sup> Jan 2023	Department /Committee or	DLLE Committee
Venue	Vatsalya Trust, Sanpada	Faculty Time	12-00
Nature of Activity	Outdoor	Total number of	12:00 pm
(Indoor/Outdoor)		Participants	7 (2) (1) (2) (2) (3) (4) (4) (4) (4) (4) (4) (4) (4) (4) (4

#### Activity Information:

Objectives	To educate individuals about their rights and responsibilities as citizens, promote equality, justice, and non-discrimination, and empower them to advocate for and uphold civil liberties within their communities and society at large. By fostering a deeper understanding of civil rights principles and historical struggles, awareness campaigns seek to inspire individuals to actively engage in social justice initiatives, promote inclusivity, and work towards creating a more equitable and just society for all.
Methodology or Brief summary	The students involved in this activity were from Second Year.  They visited Vatsalya trust, nearby to Oriental College of Pharmacy to educate people about their Civil Rights.
Outcome	The outcomes of raising awareness on civil rights include increased civic engagement and activism among individuals, leading to greater advocacy for equality, justice, and human rights. Additionally, heightened awareness fosters a more inclusive and tolerant society, where individuals are empowered to challenge discrimination and uphold the rights and freedoms of all members, ultimately contributing to social progress and the advancement of civil liberties.

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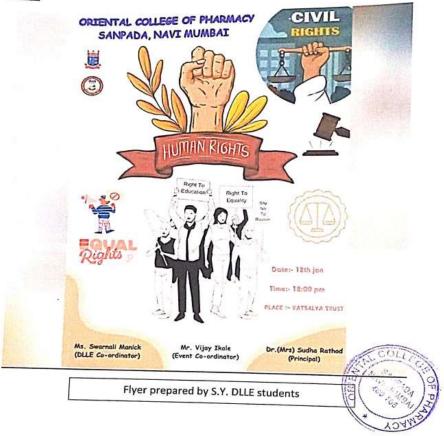
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#### Flyer -



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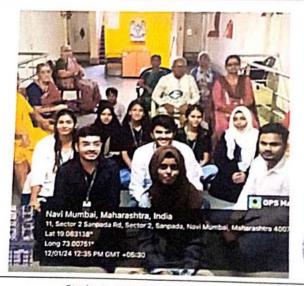


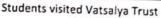
#### Geotagged photos-





#### Students educating the crowd





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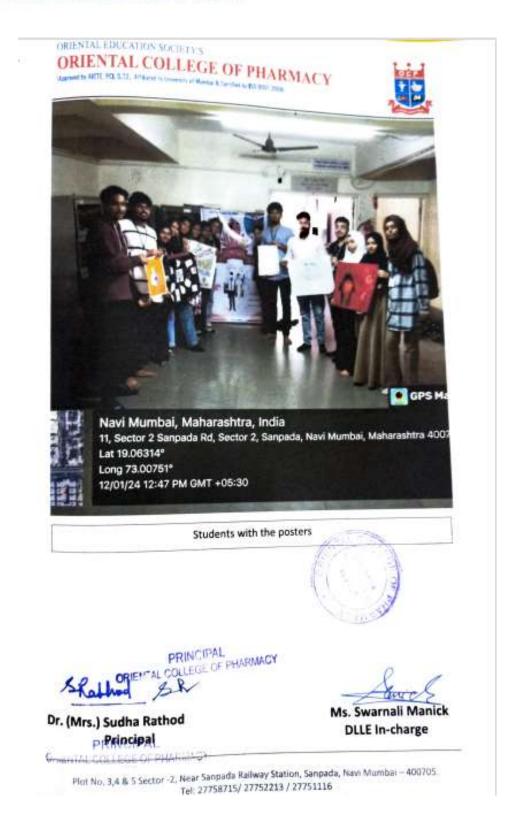
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# ORIENTAL COLLEGE OF PHARMACY



#### Dynasty Convivial Noon 2.0

#### Details of activity:

Name of the Activity	Dynasty Convivial Noon 2.0	Activity Number	DLLE/2023-24/08
Day/ Date	22 <sup>ed</sup> Jan 2023	Department /Committee or Faculty	DLLE Committee
Venue	Ground floor, OCP	Time	12:00 pm onwards
Nature of Activity (Indoor/Outdoor)	Indoor	Total number of Participants	15 students

#### Activity Information:

Objectives	The objective of the food stall by students is to cultivate entrepreneurial skills among participants by providing them with hands-on experience in running a business venture. Through this initiative, students learn essential aspects of entrepreneurship such as financial management, marketing strategies, and customer service, empowering them to develop innovative ideas, take calculated risks, and ultimately, foster a spirit of entrepreneurship within the college community.
Methodology or Brief summary	T.Y. students initiated the event and the students of all the years participated in this event to put up their stalls either food stalls or game stalls. Competition was among food stalls which encouraged students to participate and show interest. The theme was staple food of different states. Stalls of states like Maharashtra, West Bengal, Kerala, Jammu and Kashmir were put up.  Students and staffs enjoyed delicious food items prepared by the students
	and also enjoyed playing games.

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ORIEN Asproved by AICTE, 1	Winners of the competition are as follows  I** Rank -(Idli gajar ka halka,Idli sambhar , uniapam, coconut barfi)  Sakshi Mishra, Vishakha Mannath, Kavya Gupta and Bani Yadav
-	2nd Rank- (Puchka &chaas ) -Daksh Amin, Kashish Attar and Meraz Ansari
	3rd Rank (Misal pav) -Mayuri Ashok Kawade and Tanmay Devidas Dhage
	3rd Rank (Kashmiri kahwa) -Murtaza Mushtaq and Aaqib Manzoor
Outcome	the development of practical entrepreneurial skills, such as business acumen, financial management, and marketing proficiency, among participants. Additionally, the initiative fosters a culture of innovation creativity, and self-reliance within the college community, empowering students to explore entrepreneurial opportunities and contribute positivel to the local economy.

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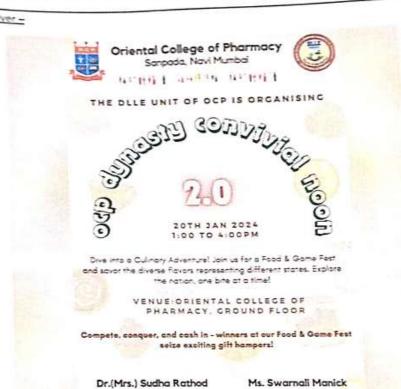
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Flyer prepared by T.Y. DLLE students

DLLE Incharge

Principal

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#### Geotagged photos-









Principal, judges, teaching and non-teaching staffs at the food stalls

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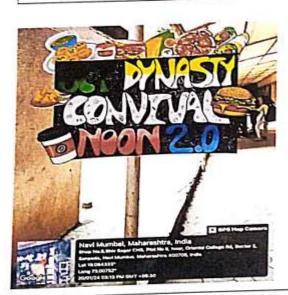
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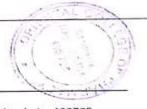


Food stalls arranged by the students





#### Decoration done by the students



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Game stall

Dr. (Mrs.) Sudha Rathod
Principal
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Ms. Swarnali Manick DLLE In-charge

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#### D. PHO ACTIVITY

S. No.	Name of the Activity	Date
1.	Kal Aur Jeevan Ka Sanrakshan: Stem Cell Kahani aur virasat	31.01.2024
2.	World Health Day_ Cancer Day	03.02.2024

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# The Indian Pharmaceutical Association Maharashtra State Branch Student's Forum

## **PUBLIC HEALTH OFFICE 2023-2024**

Activity Report – Kal aur jeevan ka sanrakshan: Stem cell kahani aur virasat

Type of campaign: Community outreach

Organizing Institute: Oriental College of Pharmacy, Sanpada

Coordinator of Activity and her/his email address and contact number:

Name: Ms. Jeeya Shaikh

Phone No.: +91 7666688799

Email: Jeeyashaikh9@gmail.com

Digital platform where the event was conducted:



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Sr. no.	Location	Social media links (promotional posts/ videos)	Timing	Activity
1.	Instagram	https://www.instagram .com/p/C2r1gQ6NcYa/ ?igsh=MjBtZGV1dXJ0 MHI3	6:35PM	Post
		https://www.instagram .com/reel/C2ube24N2 GP/?igsh=MWo5YnM1 Z3poZ2Nwdg==	6:45PM	Reel

#### Locations where the event was conducted:

Sr. No.	Location	Date	Timing	Target audience	Activities
1.	Sanpada Railway Station, Sanpada subway,Sector 3, Sanpada, Navi Mumbai, Maharashtra 400705	31st January 2024	2:45 PM to 3:15 PM	15+	A) Skit performance B) Public Speaking C) Feedback (Form + video)

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SANPADA

E-Mail: <a href="mailto:admin@ocp.edu.in">admin@ocp.edu.in</a> Website: <a href="mailto:www.ocp.edu.in">www.ocp.edu.in</a>

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Vashi Railway Station, S pranavanandji Marg, sector 30, Vashi Navi Mumbai Maharashtra 400703	31st January 2024	3:30 PM to 4:00 PM.	30+	D) Public Interactions
--	-------------------------	---------------------------	-----	---------------------------

Number of target audience: 45+

List of volunteers and their contact numbers:

#### 1) Managing Committee

Name	Contact	Name	Contact
Jeeya Shaikh	+91 76666 88799	Nirbhay Pandey	+91 86930 86389
Ashutosh Yadav	+91 91362 55651	Gaurav Singh	+91 85915 80013
Priti Sasmal	+91 97025 75029	Abhishek Mishra	+91 93211 45819

2) Skit members





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Name	Contact			
Bishant Dainut		Name	Contact	
Dishant Rajput	+91 91495 14388	Ankita Yadav	+91 99678 98110	
Shehnaz Shaikh	+91 89765 13959	Ashish Sharma		
Omkar Soni		risiisii Sharma	+91 93214 84686	
Offical Corn	+91 89287 37967		+91 86525 85191	
Priti Patil	+91 84338 93550	Sobiya Siddiqui	+91 89283 82020	

#### Short description of the activity-

#### What are stem cells?

Stem cells have the remarkable potential to renew themselves. They can develop into many different cell types in the body during early life and growth. Researchers study many different types of stem cells. There are several main categories: the "pluripotent" stem cells (embryonic stem cells and induced pluripotent stem cells) and non embryonic or somatic stem cells (commonly called "adult" stem cells). Pluripotent stem cells have the ability to differentiate into all of the cells of the adult body. Adult stem cells are found in a tissue or organ and can differentiate to yield the specialized cell types of that tissue or organ.

#### Properties of stem cells

Unlike muscle cells, blood cells, or nerve cells—which do not normally replicate— stem cells may replicate many times. When a stem cell divides, the resulting two daughter cells may be:

- 1) both stem cells,
- 2) a stem cell and a more differentiated cell, or
- 3) both more differentiated cells. What controls the balance between these types of divisions to maintain stem cells at an appropriate level within a given tissue is not yet well known.

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In alignment of the above study and research, the Public health Office Committee of Oriental College of Pharmacy Sanpada organized a nukkad natak so as to increase public awareness about stem cell preservation. — Kal aur jeevan ka sanrakshan: Stem cell kahani aur virasat. This campaign, held on January 31, 2024, served as a platform to raise awareness about stem cell preservation covering the relevance of umbilical cord blood and their use in many diseases.

#### Methods used for conducting the campaign:

Initiating the stem cell preservation campaign on January 31st, 2024, the PHO committee members carefully planned each and every step to ensure that the campaign was informative and engaging to the local audience. We started by understanding the importance of stem cells, how they are used in diseases and its preservation. We then started to work on the script and dialogue writing encouraging members to use their creative side and also managed to make it under the given rules. After which we casted characters for the skit. Then we started to practice and direct the scenes. Encourage the members about themselves and that they could make it perfect. We used the traditional way to gather and attract people.

We carefully managed to make the skit 5 minutes and 19 seconds long, in Hindi language for better understanding, precisely addressing concerns identified through prior surveys before the actual skit to be performed our volunteers conducted a per survey The skit revolves around a small girl Kahish who fought Cancer with the help of chemotherapy but she still struggles to live a normal life. She was encouraged by her parents Riya and Aviral. Three of them had hopes of a happy life ahead. Dr. Prakash informed them about stem cells and suggested the treatment for betterment of Kashish's health. After 7 months they preserved the stem cells from Riya's umbilical cord and cured Kashish despite the objection of Anu.

After the skit our managing committee started to interact with the local audience and street vendors about the stem cells and helped them with survey forms so as to ensure a comprehensive evaluation of the campaign. Additionally we posted the skit video on social media and circulated the survey forms so as to capture more audience. In summary of our campaign was carried our seamlessly also we used both the traditional and the digital platforms to separated awareness about Stem cell preservation.



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## Advertisement of the campaign

Our Volunteers send out promotional pamphlets. Also posted a promotional photo and reel on Instagram.

#### Video drive links:

Location	Video/Photos Link
	https://drive.google.com/drive/folders/17pw3QHVlga6lGPmgpyXV XO1o0E3EB7UU

#### Result of your activity:

Following the stem cell preservation skit, our primary focus was to assess its impact on public awareness and understanding. To capture the nuanced perspectives of our diverse audience, we distributed feedback forms featuring questions in **Hindi** ensuring accessibility and ease of comprehension these questions were thoughtfully crafted to

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Community outsetch: Stem Cell awareness



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## Location 2 : Vashi Railway Station



#### Obem cell oworeness

#### ID cards of volunteers

1. Managing committee

Or. (Mrs.) Sudha Rathod Principal Oriental College of Phannacy Plot No. 3, 4 & 5, Sector-2, Sanpada, Navi Mumbal



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### The Indian Pharmaceutical Association Maharashtra State Branch Students' Forum

# PUBLIC HEALTH OFFICE 2023-2024

Activity Report - World Health Day (Cancer Day)

Type of the campaign : World Health Day (Cancer Day)

Organizing Institute: Oriental College of Pharmacy, Sanpada

Co-ordinator of Activity and her/his e-mail address and contact number:

Name: Ms. Jeeya Shaikh

Phone No.: 7666688799

Email: Jeeyashhaikh9@gmail.com

#### Digital platform/s where the event was conducted:

Sr. no	Location	Social media links (promotional posts/ videos)	Timing	Activity
1.	Instagram	https://www.inst agram.com/reel/ C26- sYSx7En/?igsh= MW5iMm5zbDE5 eWRwbw==		Reel

#### Locations where the event was conducted:

Sr. no	Location	Date	Timming	Target Audience	Activity
1.	Nerul East, Sector- 11, Nerul, Navi Mumbai- 400706	3 <sup>rd</sup> February 2024	10:00 am — 11:20 am	20+	Public Speaking     Feedback (Form)     Public Interactios
2.	Vatsalya, sector-2, near Sanpada Railway Station, Sanpada, Navi	3 <sup>rd</sup> February 2024	12:00 pm – 1:00 pm	30+	a Raidad_

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Mumbai- 400705	
lumber of target audience :	
a	

List of volunteers and their contact numbers: (Scanned IDs/Library Cards/Latest fee receipt to be attached

Name		o be attached at the end	with the photos)
	Contact no.	Name	
Jeeya Shaikh	7666688799		Contact no
Ashutosh Yaday		Priti Patil	8433893550
Priya Jaiswal	9136255651	Sidharth Bhagat	9372932882
rtiya Jaiswai	9372070552	Mukesh Saw	9950631056
Om Singh			8850631956
Abhishekh Mishra		Nirbhay Pandey	8693086389
Abilishekii iviishra	9321145819		

#### Short description of the activity-

## World Health Day: World Cancer Day

#### What is Cancer?

Cancer is a large group of diseases that can start in almost any organ or tissue of the body when abnormal cells grow uncontrollably, go beyond their usual boundaries to invade adjoining parts of the body and/or spread to other organs. Cancer is the second leading cause of death globally, accounting for an estimated 9.6 million deaths, or 1 in 6 deaths, in 2018. Lung, prostate, colorectal, stomach and liver cancer are the most common types of cancer in men, while breast, colorectal, lung, cervical and thyroid cancer are the most common among women.

#### Prevention

Cancer risk can be reduced by:

- Not using tobacco;
- Maintaining a healthy body weight;
- Eating a healthy diet, including fruit and vegetables;
- Doing physical activity on a regular basis;
- Avoiding or reducing consumption of alcohol;
- Avoiding ultraviolet radiation exposure and/or using sun protection
- Ensuring safe and appropriate use of radiation in health care (for diagnostic and therapeutic purposes);

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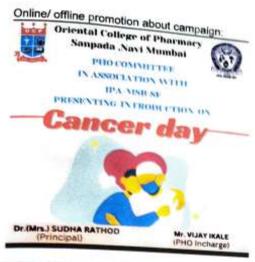
Tel: 27758715/ 27752213 / 27751116

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Day of campaign: Concer day activity

Location 1: Sangada



Dr. (Mrs.) Sudha Rathod

Principal
Oriental College of Pharmacy
Plot No. 3, 4 & 5, Sector-2,
Sanpada, Navi Mumbal.

Plot No. 3,4 & 5 Sector -2, Near Sanpada Railway Station, Sanpada, Navi Mumbai – 400705. Tel: 27758715/ 27752213 / 27751116

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Principal
Oriental College of Pharmacy
Plot No. 3, 4 & 5, Sector-2,
Sanpada, Navi Mumbal.



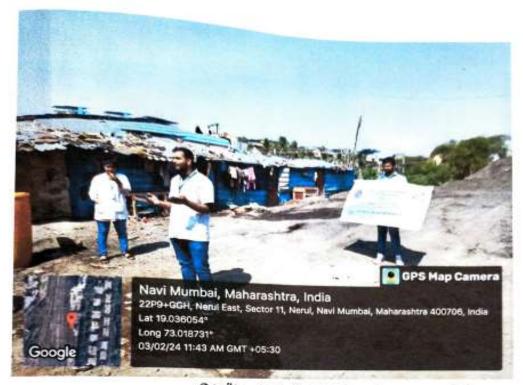
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#### Location2:





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Dr. (Mrs.) Sudha Rathod Principal Oriental College of Pharmacy

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#### E. WOMEN'S DEVELOPMENT CELL ACTIVITY

S. No.	Name of the Activity	Date
	International Women's Day celebration	23/03/2024
1.	(Lecture on Laws related to Women empowerment)	
2.	Karate Workshop for girls	30/3/24, 13/04/24, 20/04/24

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#### Report on International Women's Day Celebration at Oriental College of Pharmacy, Sanpada on 23rd March 2024

Date: 23/03/2024

#### Topic: Laws Related to Women Empowerment

Program Organized by: Women Development Cell (WDC) of OCP and Institute Innovation Council (IIC), OCP in association with Shiksha Sanskriti Uthaan Nyaas, New Delhi.

Program Hosted by: Mr. Aditya Yadav and His Colleague

#### Guests:

- Adv. Shri. Ram S Apte, Senior Advocate, High court of Mumbai felicitated by Principal Dr. Sudha Rathod.
- Adv. Saurabh Mishra, Advocate, High court of Mumbai felicitated by Vice- Principal Dr. Mohib Khan Sir,

#### Overview:

The Women's Day Celebration at Oriental College of Pharmacy's Seminar Hall in Sanpada on March 23, 2024, was a resounding success, bringing together faculty, non-teaching, students, and esteemed guests to commemorate the achievements of women and discuss pertinent issues surrounding women's empowerment and legal rights.

#### Event Highlights:

- Guest Felicitation: The event commenced with the felicitation of distinguished guests, Adv. Shri. Ram S Apte and Adv. Saurabh Mishra, by Principal Dr. Sudha Rathod and Vice-Principal Dr. Mohib Khan Sir, respectively. They were honoured for their contributions to women's empowerment.
- 2. Lecture on Women's Rights: The focal point of the event was a comprehensive lecture delivered by an eminent speaker Adv. Shri Ram Apte. The lecture covered various aspects of women's rights, emphasizing the significance of legal frameworks in ensuring gender equality and empowerment.

#### Key points included:

- Acknowledgment of women's inherent strength and the importance of reinforcing it.

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- Discussion on the legal provisions safeguarding women from various forms of discrimination and violence, citing examples such as Article 14 (Right to Equality), Article 15 (Prohibition on Discrimination), and Article 16 (Prohibition on Public Employment) of the Indian Constitution.
- Emphasis on fundamental rights enshrined in Article 21 (Right to Life) and specific provisions such as Article 42 (Maternity Benefit).
- Insights into legislative developments, including the 1952 Hindu Succession Act and its subsequent amendments in 2005, highlighting their implications for women's rights and inheritance.

Vote of thanks was given by Mrs. Kranti Patil, Convener, Womens Development Cell(WDC).

3. Attendance and Participation: The event witnessed active participation from various members of WDC & IIC, teaching and non-teaching including Mrs. Kranti Patil, Convener of WDC, OCP, Mr. Pavankumar Chopde, Vice President of IIC, Mrs. Vishakha Surve, Convener of the Incubation Cell, Mrs. Shreya Amilkanthwar, a faculty member of IIC, Miss Anjali Rai, Member WDC. Additionally, student members of the WDC & IIC and students from SY B Pharm actively engaged in the discussions and activities.

4. Plantation Drive: As a symbolic gesture of nurturing growth and sustainability, the felicitated guests were presented with saplings, underscoring the importance of environmental conservation alongside women's empowerment efforts.



Glimpses of International Womens Day Celebration conducted by Womens

Development Cell (WDC) and Institute Innovation Council (IIC) at OCP, Sanpada





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#### Conclusion:

The Women's Day Celebration at Oriental College of Pharmacy served as a platform for meaningful dialogue, reflection, and advocacy for women's rights and empowerment. Through engaging lectures, felicitation of esteemed guests, and active participation from faculty and students, the event successfully highlighted the ongoing efforts towards gender equality and the importance of legal frameworks in achieving this objective.

Overall, the event was a testament to the institution's commitment to fostering an inclusive and empowering environment for women's holistic development.

Convener, Womens Development Cell (WDC)

Dr.Sudha Rathod Principal

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Mrs. Vishakha Surve

Convener, Institle Innovation Council (IIC)







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Glimpses of International Womens Day Celebration conducted by Womens Development Cell (WDC) and Institute Innovation Council (IIC) at OCP, Sanpada





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#### Attendance sheet

#### LAWS RELATED TO WOMEN EMPOWERMENT

Date : 23rd March 2024 Roll		Time - 2 pm to 3 pm	
No.	Name of the Student	Sign	
1	Amin Daksh Jagdish	Source	
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3	Ansari Meraz Mohd.Riyaz	Menair	
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8	Chaudhari Govind Ramshesh	Consed	
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11	Chaurasia Piyush Raju	physish	
12	Chaurasiya Nilam Prakash	Wilam.	
13	Choudhary Yash Ramlal	Duyesh	
14	Deshmukh Sujit Vinod	the state of the s	
15	Dhanawade Apurva Vijay	Apuoua-	
16	Donga Lohitha Laxmi		
17	Ghadge Mandar Krishnat	(9)	
18	Ghadge Sanket Narayan	Source	
19	Gond Aditya Murli	Grond	
20	Gupta Aman-Mukesh	tries	
	Gupta Ashish Pradip Kumar	Ashish	
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24	Gupta Pracha Subhashchand	Prache	
25	Gupta Priyakumari Vinod	En	
	Gupta Shreya Gopal	100	
	Guram Dhanashree Deepak	dro.	
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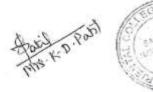
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39	Khan Mohammad Saqlain S.	Sagklaur
40	Khandkar Aarya Gajanan	वक्तीद
41	Malim Namira Parvez	Manufater
42	Manath Vishaka Ajith	Ding
43	Mishra Sakshi Kamlesh	SALL
44	Pajai Vedant Santosh	Aut 1
45	Pandey Srishti Harishankar	-
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47	Rai Priyanka Mahesh	Back
48	Rajbhar Sanjana Dhruvchand	- Mon-
49	Shaikh Arzoo Mohd.Arif	
50	Shaikh Jainab Tabrez	Jalue
51	Shaikh Mohd.Sadik T.	Saddle
52	Shaikh Mohd.Raza Md.Ashraf	8-37
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58	Singh Gauray Sushil	Comme
59	Sul Shweta Anantkumar	
60	Suvarna Saideep Sunil	Snider
61	Vishwakarma Rishabh J.	0.00
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# ORIENTAL COLLEGE OF PHARMACY, SANPADA, NAVI MUMBAI.

S.Y. (A.Y. 2023-24) - DIVISION-&

Attendance sheet

# LAWS RELATED TO WOMEN EMPOWERMENT

Date: 23rd March 2024

Time - 2 pm to 3 pm

No	Name of the Student	Sign
64	Pal Priyanka Subhash	Payankon
65	Jain Vivek	Ozain
66	Khalifa Mohammed Mohsin Mohd.Moin	Mohsin
67	Khan Almas Humayun	Almas
68	Khan Mohd Abej Raish Ahamad	Moeri
69	Khan Mohd. Zeeshan Mohd Sagir	Quede
70	Khan Sayed Raza	Jugo.
71	Khan Zainab Khursheed	Thinks)
72	Khan Ziyasara Sharafatullah	Tystoner
73	Khankhedia Divya Chhagannlal	Divya
74	Malviya Yuvraj Kalulal	9maluiy4
75	Maurya Rahul Ramashankar	Kelien
76	Mishra Abhishek Dinesh	Dahjahak
77	Mishra Raj Omshankar	(Dushing
78	Mishra Umang Ashvinikumar	
79	Haroon Khan	-
80	Nager Mahir Rakesh	<b>₩</b>
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32	Pandey Nirbhay Atmanand	Whobbie
13	Prajapati Krishna Kanhaiyalal	Krishne
4	Prajapati Parag Satish	Patrox
5	Prajapati Priyanka Pappu	Driyanka
6	Rana Saurav Anand	24
7 5	Sadaye Tanvi Jayendra	(Dann-
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9 5	Sangar Mauli Atish	(m) Sangar
0 5	Shah Shifa Khalil Ahmed	(1×1-0

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Dr. (Mrs.) Sudha Rathod Principal Orio nal College of Pharmace

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Date: 14/05/24

Title of Report with Academic year:

Karate workshop organised by Women's development committee 2023-2024 at Oriental college of Pharmacy, Sanpada.

## Details of activity:

Name of the Activity	Karate workshop	Activity Number	WDC/02
Date	30th March 2024	Department /Committee or Faculty	Women's development committee
Venue	Seminar hall and ground	Time	3.30 pm
Nature of Activity (Indoor/Outdoor)	Indoor	Total number of Participants	47

#### Activity Information:

Objectives	Karate training is a life skill that helps girls to be more aware of their surroundings and be prepared for the unexpected at any time. Through the self defence training, the girls are taught to become psychologically, intellectually and physically strong enough to protect themselves in times of distress.
Methodology or Brief summary	On 30th March, 13th April and 20th April 2024 (3 days) Karate workshop was taken for first year and second year girl students under Women development committee. Mr.Mohit Tupone, Shotokan Karate Self Defence Association International Gold Medalist was invited as a coach for karate session 47 total girls had participated in the workshop.

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	The Program started with a welcome note by Miss Palak Tiwari, SY student. She introduced the Mr.Mohit Tupone sir to the gathering. He started his session with the introduction of importance of martial arts for personal defence for girl students. He gave the pros and cons of learning karate for girls. In the workshop how to protect our self when some attacks happen and how to save others were taught. Karate is a sport that builds strength, speed, stamina, and endurance in girls, keeping them physically fit, establishes a positive personal image and further promotes confidence in life in general. All the girl students very actively participated in the workshop They felt that it would be really useful for them. Some of the students expressed very good views in their feedback on the program. Mrs Kranti D.Patil, Women development committee incharge was present for the workshop. The workshop ended with Vote of thanks.
Outcome	<ul> <li>The confidence level has been increased</li> <li>Girls have been emotionally, mentally and physically prepared to deal with an attack. They are able to defend and raise their voice.</li> <li>They have been aware on defense against offense attacks</li> <li>They have been aware on escaping techniques against different hold and chokes.</li> <li>They have been aware on ground fighting and use it as per their need.</li> </ul>

Pictures of the workshop attached with the report.



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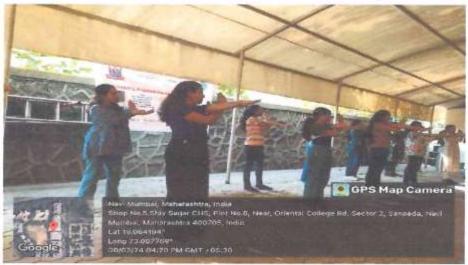
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Karate worshop held at Oriental college of Pharmacy on 30/3/2024 by Women development committee

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#### Women's Development Committee Organizes

## "KARATE WORKSHOP FOR GIRLS"

## on 30th March 2024 Time: 3.30 pm

#### **Attendance** sheet

Sr.No	Name of the student	Class & Div	Roll No	Signature
1.	Shwete Greata	FYSplann B	<b>#</b> 0	alhueta
2.	Swamini Davale	EYBPharm'B'	85	es pueste
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4.	scora sahu	FY B pharmen	68	00000
5.	Simon prajapati	11	24	Risbar
6.	Tanishka pilley	£3	カナ	Tanisha
7.	Chhava Jaiswar	13	63	1099
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9.	Shrieya Sutan	11	34	1
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12.	Ashwini chaugule	11	20	Rehain
13.	Sharon Mathew	11	54	Sharon
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Date: 14/05/24

Title of Report with Academic year:

Karate workshop organised by Women's development committee 2023-2024 at Oriental college of Pharmacy, Sanpada.

Details of activity:

Name of the Activity	Karate workshop	Activity Number	WDC/02
Date	13 <sup>th</sup> April 2024	Department /Committee or Faculty	Women's development committee
Venue	Seminar hall and ground	Time	3.30 pm
Nature of Activity (Indoor/Outdoor)	Indoor	Total number of Participants	47

## Activity Information:

Objectives	Karate training is a life skill that helps girls to be more aware of their surroundings and be prepared for the unexpected at any time. Through the self defence training, the girls are taught to become psychologically, intellectually and physically strong enough to protect themselves in times of distress.
Methodology or Brief summary	On 30th March, 13th April and 20th April 2024 (3 days) Karate workshop was taken for first year and second year girl students under Women development committee. Mr.Mohit Tupone, Shotokan Karate Self Defence Association International Gold Medalist was invited as a coach for karate session 47 total girls had participated in the workshop.

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NAAC ACCREDITATION WITH 'A' GRADE



	The Program started with a welcome note by Miss Palak Tiwari, SY student. She introduced the Mr.Mohit Tupone sir to the gathering. He started his session with the introduction of importance of martial arts for personal defence for girl students. He gave the pros and cons of learning karate for girls. In the workshop how to protect our self when some attacks happen and how to save others were taught. Karate is a sport that builds strength, speed, stamina, and endurance in girls, keeping them physically fit, establishes a positive personal image and further promotes confidence in life in general. All the girl students very actively participated in the workshop They felt that it would be really useful for them. Some of the students expressed very good views in their feedback on the program. Mrs Kranti D.Patil, Women development committee incharge was present for the workshop. The workshop ended with Vote of thanks.
Outcome	<ul> <li>The confidence level has been increased</li> <li>Girls have been emotionally, mentally and physically prepared to deal with an attack. They are able to defend and raise their voice.</li> <li>They have been aware on defense against offense attacks</li> <li>They have been aware on escaping techniques against different hold and chokes.</li> <li>They have been aware on ground fighting and use it as per their need.</li> </ul>

Pictures of the workshop attached with the report.





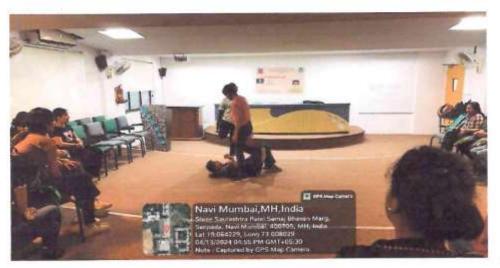
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Karate worshop held at Oriental college of Pharmacy on 13/4/2024 by Women development committee





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**GRIENTAL EDUCATION SOCIETY'S** 

#### ORIENTAL COLLEGE OF PHARMACY

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Women's development Committee organizes

2<sup>rd</sup> session of Karate workshop for girls

On 13/04/24

Sr.No	Name	Class	Signature
1	Sharon Mathews	FY. BPhaim	gierron-
2	Chhava Jaiswai	FY-BPham	0=
3	Tanishka Pilley	FY B. Phain	52-
ti.	Gayatri Bhot	F. Y. B. Pharm	Proper
5	Ashwini chaugule	F.Y. B. Pharm	(fl3huini
6-	Keisha Dhuri	F. V.B. Pharm	Keisha.
7.	Pooja Sahu	E. Y. B. Pharm	120012
8	Shreya Sukan	F.Y.B. Phoam	STARTE .
9.	Unnati Jain	F.Y. BPharm	March
10.	Arrya Varhadi	F-Y B (harto	A94
11	Anya Varhadi kumkum Gupta	FY B pharm	Egypto carounic
12.	Swamini Novale	F.Y.B.Phann	casovace
13.	Anchal verma	F.Y. B. Pharm	Verma
14.	Shweta Gupta	F.Y. Blackm B)	Shuete
15.	Sakshi phononkan	EV - Bpharm	Bloom .
16.	Swara Mirjurkan	F.Y. B.Phovm	Durywhen
17.	Sakahi Kadam	FY & Phaym	Sakely.
18	Simran Prajapati Priva Swaminath	FY 8 pharm	Simrah
19	Priva Swamingth	F4 Bohatto	Paula
50	Ananya Singh	FY Bloham	Acres
21	Donshika Bhasin	FY B dhoom	daishanite.
22	Priya Mishra Valbhar Singh	FY B'phoom	BUC.
2.3	Waithaw Singh	FY B phoam	Assessed

Worthcharge
(More Kranti Pati)



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ORIENTAL COLLEGE OF PHANCIS



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ORIENTAL EDUCATION SOCIETY'S

## ORIENTAL COLLEGE OF PHARMACY

Approved by AKCTE, PCS, D.T.E., Affiliated to University of Mumbal & Cartified by ISO 9001-2008)



Date: 14/05/24

Title of Report with Academic year:

Karate workshop organised by Women's development committee 2023-2024 at Oriental college of Pharmacy, Sanpada.

Details of activity:

Name of the Activity	Karate workshop	Activity Number	WDC/02
Date	20th April 2024	Department /Committee or Faculty	Women's development committee
Venue	Seminar hall and ground	Time	3.30 pm
Nature of Activity (Indoor/Outdoor)	Indoor	Total number of Participants	47

## Activity Information:

Objectives	Karate training is a life skill that helps girls to be more aware of their surroundings and be prepared for the unexpected at any time. Through the self defence training, the girls are taught to become psychologically, intellectually and physically strong enough to protect themselves in times of distress.
Methodology or Brief summary	On 30th March, 13th April and 20th April 2024 (3 days) Karate workshop was taken for first year and second year girl students under Women development committee. Mr. Mohit Tupone, Shotokan Karate Self Defence Association International Gold Medalist was invited as a coach for karate session 47 total girls had participated in the workshop.

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Pictures of the workshop attached with the report.





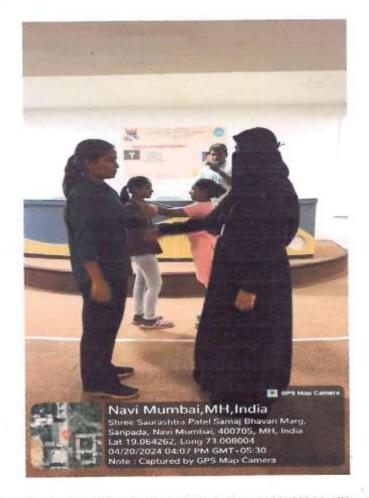
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# ORIENTAL COLLEGE OF PHARMACY

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Karate worshop held at Oriental college of Pharmacy on 20/4/2024 by Women development committe









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ORIENTAL EDUCATION SOCIETY'S

## ORIENTAL COLLEGE OF PHARMACY

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## Women's Development Committee organizes

3rd session of Karate workshop for girls

## On 20/04/24

Sr.No	Name	Class	Signature
01	Shaikh Jarrah Talmez	5.4.8. PHARM	Jakah Bujar
02	Sontana Raybhare	S.Y.B. PHARM	Quijaco
cs.	Nilum chamestya	S.Y.B.PHARM	Silam.
04	Pracha Cuntra	S.Y-R-PHARNS	Bear
05	Kashish Attan	S-Y-18-PHARH	Exited
06	Pracha Gusta Kashish Altar Adith Baypar	gy & pheumen	
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16	Donga Lahitha	SY B Pharm	Chitre.
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# F. LIBRARY ACTIVITIES

S. No.	Name of the Activity	Date
1.	National library day	12/08/2023
2.	Best library user award	24/02/2024
3.	Book exhibition	09/03/2024

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## NATIONAL LIBRARY DAY





13/08/2023

#### NATIONAL LIBRARIAN DAY REPORT

Date: 12th August 2023

Venner College Library, Oriental College of Pharmacy

The Oriental College of Pharmacy celebrated National Librarian Day with great enthusiasm and respect on 12th August 2023, in the college library. This day holds special significance as it marks the birth atmit ersary of Dr. S.R. Ranganathan, the father of library science in India. The event aimed to honour the invaluable countributions of librarians in fostering knowledge and promoting the love for reading around the countributions. The article in the proposition of the energy of the countributions of the countributions of the countributions of the countributions. reading among students and faculty. The college library was beautifully decorated for the occasion, creating a warm and welcoming atmosphere for all attendees. Students, faculty members, and library mail guthered in large numbers to participate in the event.

The highlight of the celebration was a speech delivered by Ms. Sonali Waval, the college Assim literature. In her insightful and inspiring address, Ms. Waval elaborated on the importance of National Librarian Day. She spoke about Dr. S.R. Ranganathan's contributions to library science, particularly his Five Laws of Library Science, which have laid the foundation for modern library

Ma. Sociali Waval also emphasized the evolving role of librarians in the digital age, where they are not Just custodians of books but also guides who help students navigate the vast sea of information available online. She encouraged students to make the best use of library resources and to cultivate a habit of reading, which she described as a lifelong asset. Following the speech, an interactive session was held where students and faculty members had the opportunity to ask questions and share their thoughts on the importance of libraries in education.

The event also included a segment where the efforts of the entire library staff were acknowledged. The Principal and faculty members expressed their gratitude to the library team for their dedication and hard work in ensuring the smooth functioning of the library. The celebration concluded with a vote of thanks delivered by a senior faculty member, who expressed appreciation for Ms. Waval enlightening speech and the active participation of everyone present.

The National Librarian Day celebration at Oriental College of Pharmacy was a resounding success. It not only highlighted the importance of libraries and librarians in the academic environment but also inspired students to develop a deeper appreciation for the wealth of knowledge that libraries offer.

The event served as a reminder of the crucial role that librarians like Ms. Sonali Waval play in nurturing the intellectual growth of students and faculty alike.

Dr. (Mrs.) Sudha Rathod

Principal

Assist Librarian

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13/08/2023

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Students, faculty members, and library staff gathered in large numbers to participate in the





National Librarian Day Celebration

Dr. (Mrs.) Sudha Rathod Principal

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Principal

National Librarian Day Celebration

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# Best library user award





26/02/2024

# A REPORT ON BEST LIBRARY USER AWARD

Best Library User award is given to the students who use Library the most and follow all the rules and regulations of the library

Mr. Govind Dinesh Shukla (B.Pharm Final Year) student was awarded the Best Library User Award on Annual Day held on 24<sup>th</sup> February 2024

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Principal

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Oriental College of Pharmony Plot No. 3, 4 & 5, 5, 67-2, Sanpada, Nevi Mumbal THE PERSON NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TWO IS NAMED IN COLUMN TW

Librarian

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22/02/2024

# Best Library User Award

## Respected Madam,

This is to inform you that Mr. Shukla Govind Dinesh ( B.Pharm Final Year) has issued most books from library this year and also He is using the library for study purpose more often.

This information is for your necessary action.

Thanking you

Yours Sincerely

dell Deepali Patil Librarian

Principal

Dr. (Mrs.) Sudho Rathod

Oriental College of Pharmacy Plot No. 3, 4 & 5, Sector-2, Sangada, Navi Mumbal.

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#### **OCP Library** ORIENTAL COLLEGE OF PHARMACY Sector 2. Plut No. 3-5. Sub Category Docs Issued Top Borrowers List February 22, 2024 Member Name STUDENTS 45 5 N. Member No 2020 STUDENTS Shukla Govind Dinesh Kuma 2087 2022 STUDENTS Khaire Siddhesh Sunil 38 2 2226 2021 Baramada Sonali Arvind STUDENTS 3 21114 36 2021 STUDENTS Chapate Anuja Dayundev 4 2115 34 2022 Chaurasiya Nilam Prakash STUDENTS 2208 33 2022 Vishwakarma Govind Satish STUDENTS 22103 Rawat Nikita Narebdra Singh STUDENTS 2169 30 2022 Bhanage Riya Sunii STUDENTS 2273 29 2022 Gupta Pracha Subhashchand STUDENTS 2217 9 29 Ghadge Sanket Narayan 2022 STUDENTS 10 2212 2022 Shalkh Jainab Tabrez STAFF 11 2296 28 2021 Yadav Ruchi Radheshyam STUDENTS 12 21104 2021 27 Yadav Jyoš Ramanand STUDENTS 13 21110 2021 27 Tank Darpan Rajesh STUDENTS 14 2193 Pilley Tanishka Shrinivas STUDENTS 2361 Saw Mukesh Arun 16 STUDENTS Jalawal Chandrakesh Premchandra 2022 25 2278 STUDENTS 17 2022 25 Khandkar Aarya Gajanan 2282 18 STUDENTS Yaday Ashishkumar Sheshkumar 2022 2268 19 STUDENTS Pandey Srish® Harishankar 2022 STUDENTS 20 2244 2022 Chaudhari Govind Ramshesh 24 21 2274 STUDENTS 2022 Manath Vishaka Ajith 24 22 2283 STUDENTS Nair Sreyash Sreekumar 23 2285 STUDENTS Ansari Ashmabano Gulam Warisali 22 24 21113 STUDENTS 2021 Sayyad Samina Elahi 25 2175 22 STUDENTS 2022 Mishra Abhishok Dinesh 22 2237 26 STUDENTB 2022 Sharma Ashish Arjun 21 2251 27 STUDENTS Mishra Raj Omshankar 2022 2238 28 21 STUDENTS Mishra Umang Ashvinikumar 2022 29 2240 21 STUDENTS Kahar Poonam Arvind 30 21112 STUDENTS Shalkh Sumaiya Mohammed 31 STUDENTS. Sutar Shreya Narendra 32 2389 20 STUDENTS Yaday Arpita Kamla 33 2396 STUDENTS 20 Rajbhar Sanjana Dhruvchand 2022 2247 STUDENTS Singh Ashish Rajesh 2022 35 STUDENTS 20 2022 2213 Good Aditya Murti 36 STUDENTS 19 2022 Sadaye Tanvi Jayendra 37 2248 STUDENTS 19 Mishra Sakshi Kamlesh 2022 2239 2022 STUDENTS 19 Khan Asisha Arlf 2228 39 STUDENTS 19 2022 Yaday Bani Manoj 2269 40 STUDENTS 19 2023 Yaday Sonu Ramkumar STUDENTS Mrs.) Sudha Rathod STUDENTS College of STUDENTS COLLEGE O 23102 41 2021 Yadav Ankita Sushii 42 21117 Mukheriee Joydeep 2055 43 Senp. Co. 1 34 8 5, Verma Anchal prabha 2393 44 Shallad Centre, Government of India Powered By: e-Granthalaya 3.0 f Regelater;

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# Book exhibition





12/03/2024

#### A Report on Book Exhibition

Book Exhibition is a special occasion for the books lovers to discover new authors, explore different subjects, and indulge in the joy of reading-Library plays a great role in encouraging people to inculcate the reading habit and to promote the use of books as well as the library among students, teachers and non-teaching staff of the college.

Oriental College of Pharmacy organized "Book Exhibition" on 09th March 2024 at the Library's premises From morning 10.00am to 5.00pm. For Book Exhibition Principal Dr. Sudha Rathod, Faculty members, Non-Teaching staff and students are invited. Book Exhibition inauguration was done by the Principal Dr. Sudha Rathod.

Two Publishers/Vendors participated in Book Exhibition viz. K.M.Varghese Company and Lead India Book Solutions Pvt.Ltd and exhibited national as well as international titles on Pharmacy, Environmental Science, and other general Collections. Publishers/Vendors

The exhibition registered about 207 footfalls including Faculty members, Non-Teaching staff and students. Also encouraging was the fact that there were many recommendations for book purchases from many of them. As a result a total 206 Books were selected for approval. The event was a

Principal

Dr. (Mrs.) Sudha Rathod

Shallad

Principal
Oriental College of Pharmacy
Piot No. 3, 4 & 5, Sector-2,
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## **Book Exhibition Photos**











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