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-: Criterion 3.4: -

Extension Activities

3.4.3 Number of extension and outreach programs conducted by the institution through organized forums including NSS/NCC with the involvement of the community during the last five years.

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Criteria 3.4 – Extension Activities

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DLLE ACTIVITIES

Academic Year 2022-23

DLLE committee 3rd Aug 2022.

To,

The Principal Madam,
Oriental College of Pharmacy,
Sanpada, Navi Mumbai- 400705.

Subject - Permission to conduct World BreastFeeding Week Campaign.

Respected Madam,

We are planning to conduct a campaign on the occasion of "World Breastfeeding Week" by visiting Agrawal Nursing Home in Vashi on 5th August 2022. DLLE students will be creating awareness about the benefits of Breastfeeding and guiding them to promote Breastfeeding. Also we would like to appreciate them by giving roses and chocolates.

We hereby request you to grant us permission to conduct the event.

Thank you,

Yours sincerely,

DLLE committee.

Ms. Swarnali Manick

(DLLE In-charge)

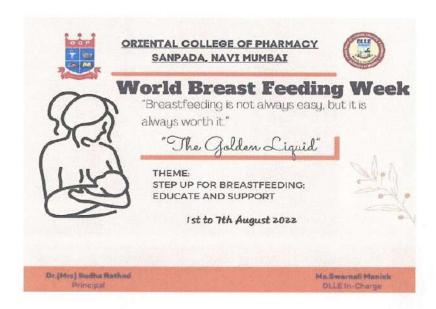
Dr. Sudha Rathod

(Principal)

ORIENTAL EDUCATION SOCIETY'S ORIENTAL COLLEGE OF PHARMACY (Approved by AICTE, PCL, D.T.E., Affiliated to University of Mumbai & Certified by \$50 9001:2008)



Report of World Breastfeeding Week (1st to 7th August 2022)



Students from DLLE committee from Oriental College of Pharmacy, Sanpada had visited various hospitals and maternity homes in groups from 1st to 7th August 2022, to inculcate the importance of breastfeeding the first milk among the young new mothers and/or pregnant women.

The students also distributed sweets and flowers to all the women as a token of appreciation to fight all the pain and burden to give birth to a new life.

Students also themselves learnt the importance of the same, their confidence to present themselves increased and also there were happy faces at the end of the day by meeting new born babies.

Approximately 20 to 30 DLLE students took part in this initiative.



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Shudents in groups visited different hespitals

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Iludent distributing chorolates among the mosthers

SANPADA

Shallod Dr. (Mrs.) Sudha Rathod

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Dr. (Mrs.) Sudha Rathod Principal) Oriental College of Pharmacy Plot No. 3, 4 & 5, Sector-2, Sanpada, Navi Mumbal

Ms. Swarnali Manick

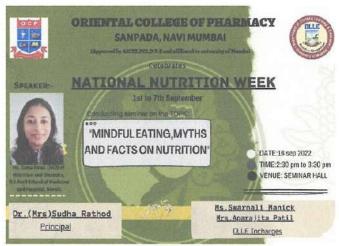
(DLLE Co-ordinator)

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Report of National Nutrition Week (1st to 7th September 2022)





On the occasion of National Nutrition Week, students of DLLE committee from Oriental College of Pharmacy, Sanpada got an auspicious opportunity to organize Food Donation drive under the guidance and notion of the DLLE in-charge Ms. Swarnali Manick.

Around 60 to 70 students had taken this advantage of doing noble deed by donating food (such as rice, flour, cereals, pulses, fruits, vegetables) to the needy ones.

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Students made the collection from all the teaching, non-teaching as well as pharmacy students, those who wished to donate and distributed in various places such as near Sanpada station and to the workers residing below Sanpada bridge. One group of students had also distributed in one of the old age homes to the elderly people.

By this activity, students inculcated the human values of donating and feeling of prosperity within themselves.



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Food Distribution Drive

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Ms. Swarnali Manick had also organized a seminar on the topic "Mindful eating, myths and facts on nutrition".

Ms. Datta Patel, HOD of Nutrition and Dietetics in D.Y. Patil School of Medicine and Hospital, Nerul, had addressed the crowd on 16th Sept 2022.

She was an expert and a wonderful session was delivered regarding dos and don'ts to be followed to be healthy and physically fit. The session started with a small skit on nutrition, performed by S.Y. students, under the guidance of Ms. Swarnali Manick.



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Oriental College of Pharmacy
Plot No. 3, 4 & 5, Sector-2,
Sanpada, Navi Mumbai.

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Ms. Swarnali Manick (DLLE Co-ordinator)

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Attendance of DLLE students for attending seminar on National Nutrition Week (29th Sept 2022)

S.Y.B.Pharm

	Roll no	Name	Signature
	2	Kanchan Badode	Kongros.
	3	Komal Prakash Bandre	bandie
	7	Neha Amarnath Bind	See July 15
	8	Rasika Bordekar	The contract
	11	Abhishek Choudhary	2 hourshores
	12	Sahil Chaudhary	Shareman
	14	Manjushree Eragi	8000g
-	18	Niraj Gupta	Kalkowaz.
	- 19	Rajkumar Sanjay Gupta	Rajkon
	20	Rohit Suryabhan Gupta	al .le
	21	Shivam Gupta	(gan)
	22	Shivam satyanaayan Gupta	
	25	Esha Rakesh Jain	
	28	Priya Jaiswal	Durkt
	31	Ananya Niraj Jha	
	33	Nitin Kanojiya	1011
	39	Bunty Gopal Lohar	B3-
	40	Aaqib manzoor mir	aux
20	44	Shivani Mishra	-dhyon
3	47	Vaishnavi Bharat More	Mushnavi
	48	Murtaza Mustaq	+KMinJ.c
	49	cvais mohi ud din	Cutis
	50	Monali Madhab Panda	Mel
	51	Swapnil Umeshkumar Pal	Swort.
	53	Aryan Pandey	Lugar
	55	Saraubh Pandey	Darder
	57	Raju Santal Pasi	Popular
	58	Narayan Bhagyal	
	61	Bhakti Pathak	(Royadale
	62	Pathan Anjum Khaja	(3), 12
	63	Priti Patil	Pate.
	141	Mohammad Hamza Menghrani	Mamo
			3.00

1100	Shweta Patil	
64	Shivani Pisal	
67	Archana Radhakrishnan	
68 70	Bharat Rathod	
71	Nikita Rawat	
72	Sanjana Sahu	
75	Mukesh Saw	
77	Sayyad Samina Elahi	
79	Alfiya Shaikh	
82	Saikh Jeeya	
84	Numa Shaikh	
85 .	Sadiqua Shaikh	
86	Sameem Shaikh	
87	Shahzad Shaikh	
88	Shehnaz Shaikh	
89	Zaid Shaikh	
90	Sobiya Siddique	
91	Ayush Singh	
93	Vishnu Singh	
94	Hibaa Surti	
97	Pradnya Tiwari	
98	Sanjana Tiwari	
99	Aviral Tripathi	
100	Sejal Wabhle	
101	Aadarsh Yadav	
105	Preeti Yadav	
106	Rohit Yadav	
107	Ruchi Yadav	
108	Suraj Yadav	
74	Priti Sasmal	

98	Mansi Tiwari
101	Rohit Yadav
103	Sakshi Yadav
104	Shailendra Yadav
105	Vaidehi Zod
109	Vinayak Dubey



Final Yr B pharm

Roll no	Name		Signature
2	Sejal Chaurasiya		
4	Sadiya Chaudhary	36	
5	Avantika Dubey		
13	Narsinha Jadhav		
14	Rajeshree Jadhav		
17	Bushra Khan		
19	Juned Khan		
20	Bilal Khan		
21	Rafik Khan		
28	Subhendu Mathur		
32	Javeria Mukadam		
33	Sahil Mulla		
39	Janhavi Panchal		
42	Sweta Pandey		Rangade
45	Shweta Ramugade		JA V
58	Pratik Sonawane		

ORIENTAL COLLEGE OF PHARMACY SANPADA ,NAVI MUMBAI





CERTIFICATE

OF APPRECIATION PROUDLY PRESENTED TO

Ms. Datta Pater

IN GRATEFUL RECOGNITION FOR INVALUABLE CONTRIBUTION AS GUEST SPEAKER DURING THE CONDUCT OF SEMINAR ENTITLED,

"MINDFUL EATING, MYTHS AND FACTS ON NUTRITION"

HELD ON 16 SEPTEMBER 2022

MS.SWARNALI MANICK

DLLE INCHARGE

PRINCIPAL

DR.(MRS)SUDHA RATHOD

MRS.APARAJITA PATIL

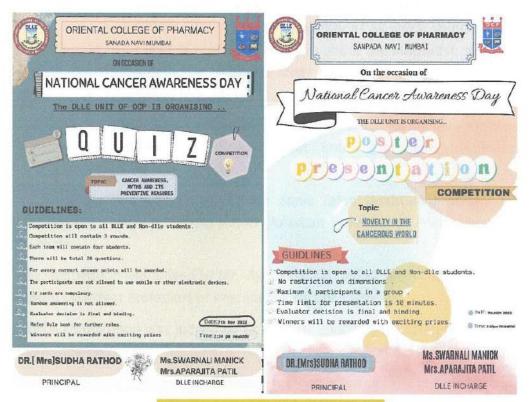
DLLE INCHARGE

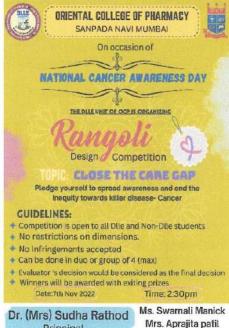
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Report of National Cancer Awareness Day (7th November 2022)





Principal



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DLLE committee co-ordinator Ms. Swarnali Manick decided to celebrate National Cancer Awareness Day by intra-collegiate competitions by which students can learn themselves as well as make others aware about the innovative modern technologies of early detection and novel drug treatment of various cancer.

Competitions such as Poster, quiz and rangoli making were held in the college premises in which winners were awarded with cash prizes for encouragement. Students from S.Y.B.Pharm showed great enthusiasm with maximum participation in all the competitions.

Poster competition was judged by Ms. Sanie Zehra (Assistant Professor of Pharmacology) and Mr. Shoaib Ansari (Assistant Professor of Pharmaceutical Chemistry).

Quiz competition was judged by Mr. Vijay Ikale, Ms. Jhilika Singh and Dr. Meenu Ganesh (Assistant Professors of Pharmaceutical Chemistry).

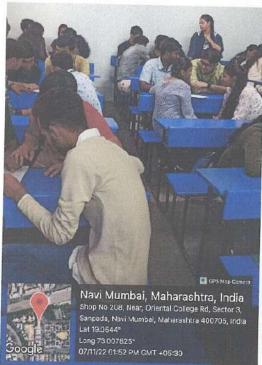
Rangoli competition was judged by Dr. Manasi Gholkar (Assistant Professor of Pharmacognosy).

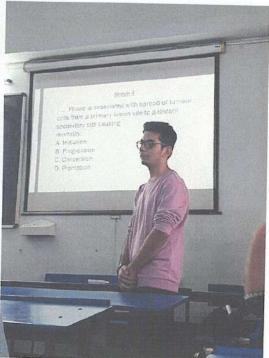
The event had enlightened the audience with updation of their knowledge and also students' learning and responsibility of doing such awareness programs.



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Quiz Compelition





Poster making Competition

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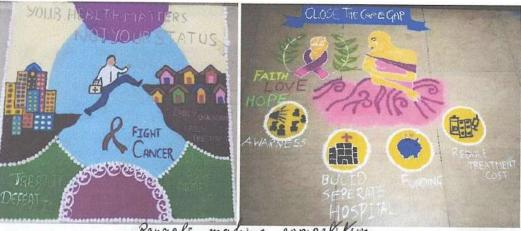
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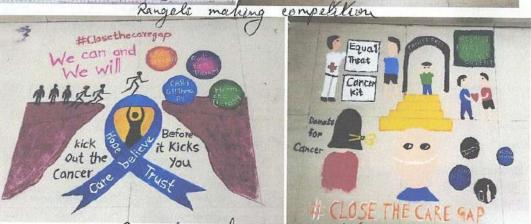
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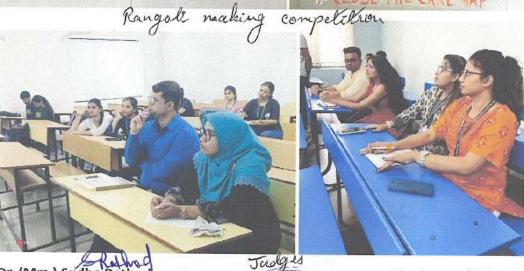
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Dr. (Mrs.) Sudha Rathod
Dr. ((Principal) the Rathod
Principal
Oriental College of Pharmacy

Plot No. 3, 4 & 5, Sector-2 / Sangada, Navi Muminaj Ms. Swarnali Manick (DLLE Co-ordinator)

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POSTER PRESENTATION JUDGING SHEET

Participants	Topic Relevance (out of 10)	Creativity and neatness (out of 10)	Originality (out of 10)	Explanation (out of 10)	Total (out of 40)
Kanchan Badode Niraj Gupta Shivani Mishra		(out or 10)			
. Shivam Gupta					
Sadiqua Shaikh Hibaa Surti Aviral Tripathi Ayush Singh	10 .	09	09	10	38
Priti Patil Bhakti Pathak Sanjana Sahu	10	10	08	08	36.
Anadita Kumari Ananya Jha	05	08	0.8	10	31
Preeti Yadav Archana Radhakrishnan Sameem Shaikh Alfiya Shaikh	05	10	05	08	28
Ruchi Yadav Priti Sasmal	10	10	10	10	40
ahimeen Momin Sneha Gupta Nandita Pandit	08	10	10	08	36

Sanie Kehra Shaikh 59/11/2022
(Co-ardinals)
Name of the Judge with signature and date

POSTER PRESENTATION JUDGING SHEET

	Participants	Topic Relevance (out of 10)	Creativity and neatness (out of 10)	Originality (out of 10)	Explanation (out of 10)	Total (out of 40)
	Kanchan Badode Niraj Gupta Shivani Mishra Shivam Gupta		Packer			
	Sadiqua Shaikh Hibaa Surti Aviral Tripathi Ayush Singh	10	q	q	10	38
-	Priti Patil Bhakti Pathak Sanjana Sahu	7	7	Ż	7	28
1	Anadita Kumari Ananya Jha	8	7	7	7	29
	Preeti Yadav Archana Radhakrishnan Sameem Shaikh Alfiya Shaikh	8	8	7	7	30
Ī	Ruchi Yadav Priti Sasmal	10	10	10	10	40
1	Rahimeen Momin Sneha Gupta Nandita Pandit	10	8	8	10	36 - (

POSTER PRESENTATION COMPETITION EVALUATION SHEET

Participants	Topic relevance (/10)	Colour combination (/10)	Details and clarity (/10)	Overall appearance and clarity	Total (/40)	
Roshni kanojia Shruti pal Sneha Gupta Nandita Pandit	7	8	7	8-	30	
Niraj Gupta Rasika Boredkar Priya Jaiswal Kanchan badode	8	8	7	8	3)	-5
Neha bind Monali Panda Isha Jain Komal bandre	7	7	8	7	29	
Sanjana tiwari Shivani pisal Samina sayyed Shweta Patil	6	6	8	7	27	
Archana radhakrishna Sanjana Sahu Priti Patil Priti Sasmal	9	8	8	8	33	_
Numa shaikh Shehnaz Shaikh Nikita Rawat Pragya tiwari	7	7	ક્	7	29	
Komal Ramdhar Gupta	9	ठ	8	7	32	- 5
Co-ordinator	-)	Name of with	the L	inalge Dr.	Janasi Gl	nalde

RANGOLI JUDGING SHEET

Participants	Topic relevance (/10)	Colour combination (/10)	Details and clarity (/10)	Overall appearance and clarity (/10)	Total (/40)
Roshni kanojia Shruti pal Sneha Gupta Nandita Pandit	6	8	8	8	30
Niraj Gupta Rasika Boredkar Priya Jaiswal Kanchan badode	8	10	9	9	36_6
Neha bind Monali Panda Isha Jain Komal bandre	8	8	8	8	32
Sanjana tiwari Shivani pisal Samina sayyed Shweta Patil	Ŧ	8	8	8	31
Archana radhakrishna Sanjana Sahu Priti Patil Priti Sasmal	10	9	9	10	38
Numa shaikh Shehnaz Shaikh Nikita Rawat Pragya tiwari	8	8	3	8	32_
Komal Ramdhar Gupta	8	9	10	10	3+->@

RANGOLI COMPETITION EVALUATION SHEET

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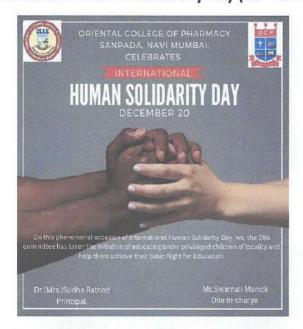




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Report of International Human Solidarity Day (20th December 2022)



DLLE Students of T.Y.B.Pharm took the initiative under the guidance of DLLE incharge Ms. Swarnali Manick to celebrate the International Human Solidarity Day by educating underprivileged children staying in slum areas.

The theme of International Human Solidarity Day for the year 2022 is to advance social justice and cultural equality in order to advance human and social development, particularly in developing nations.

After their regular schedule in college, the students used to spend 2 hours everyday till 2 weeks to educate them and also spend quality time with them.

Few students took this opportunity to educate the students staying in Sanpada village and also few of them educated children staying in slum somewhere near to their resident.

DLLE students also distributed notebooks and pencils to the children in the last day and also felt prosperous by doing this activity.

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T. Y. skudents leading under-previledged students

Dr. (Mrs.) Sudha Rathod Dr. (Mrs.) Sudha Rathod Principal

Oriental College of Pharmacy Plot No. 3, 4 & 5, Sector-2.

Sanpada, Navi Mumbal.

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Ms. Swarnali Manick (DLLE Co-ordinator)

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Report of Eye Check-up campaign (21st December 2022)



DLLE Committee of OCP took the initiative of setting up free Eye Check-up campaign in association with Saraswati Netralaya, Vashi.

Dr. Shalini Kaul (DNB, MNAMS, FMRF, ORBIS(USA)) had visited our campus along with two junior doctors.

Arrangements and set up were made by Final Year students in Boys common room and entire OES campus were invited for this campaign.

The event were successful by the contribution of Principal Mam, teaching and non-teaching staffs from pharmacy, students as well as by the students and staffs from other departments in OES campus.

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Dr. Shalini Kaur with her Kearn and Principal

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Principal Dr. Suelha Rathool getting her eyes checked up

SANPADA NAVI VIUMBAI

400 705

Dr. (Mrs.) Sudha Rathod

Dr. ((Reincipal)ha Rathod Principal

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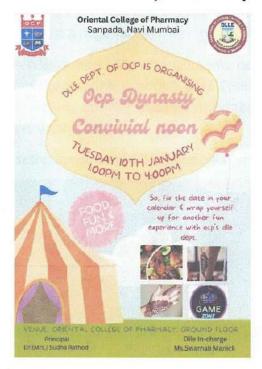
Ms. Swarnali Manick (DLLE Co-ordinator)

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Report of Fun fair Event (10th January 2023)



DLLE department of Mumbai University also gives the students a fair opportunity of entrepreneurship so that students learn a bit about the hard work and dedication required behind a business setup, also how to earn profit from the customers by also providing them satisfactory product at reasonable rates.

First Year and Second Year students showed great enthusiasm in putting up various stalls, among which, maximum were food stalls. Apart from that, few game zone stalls, mehendi stall and jewelry stalls were also set up.

Only home-made food items were allowed in the food stall and entire OES campus were invited to buy food items from them. Students as well as buyers enjoyed a lot by this event, which included their prosperity in earning huge profits.

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Under the guidance and management of Ms. Swarnali Manick, also from the mere support of Management and Principal Madam, Dr. Sudha Rathod, students were able to make this event a huge success.

Students had decorated and made the arrangements near the parking lot in ground floor (space near the accounts window). DLLE Committee is also thankful to Mr. Imran Chaus for helping out the students with tables and restricting the parking of two wheelers on that day.

Overall 15 stalls were setup and around 40-50 students contributed in this event.









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Teaching 3 laffs



Pani puri skull



Pani puri skell

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Report of Eventgenix Inter-college Competitions (4th March 2023)



DLLE committee of OCP headed towards arranging one inter-collegiate event where various competitions were decided by the DLLE students, under the guidance of Ms. Swarnali Manick.

Few competitions that would interest the participants were decided by the Student Managers, such as Poster making, quiz, grab the goods, wordsworth and Pictionary.

These events were planned to lighten the stressful environment of the students and motivate to increase their productivity as a student.

We had participants from H.K. College of Pharmacy as well and maximum participation were from OCP. Around 100 students showed their interest and all were provided with participation certificates. Winners were awarded with cash prizes.

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DLLE Committee would like to do special mention of the students, who went out of the way to put extra efforts to plan everything and manage such a successful event- Mr. Hamza Menghrani, Ms. Sadiqua Shaikh and Mr. Abhishek Choudhary. These all are S.Y.B.Pharm students. Rule book was also made for each event for easy understanding for the participants as well as judges leaving no space for unwanted chaos.

Winners are:-

A) Poster making-

1st position- Komal Gupta and Jyoti Gupta (T.Y)

2nd position- Daksh Amin (F.Y.) and Niraj gupta (S.Y)

3rd position- Pratik Sonawane and Saloni Kamerkar (Final Yr)

B) Quiz -

1st position- Dishant Singh, Yuvraj Malviya, Mahir Nager, Parag Prajapati (F.Y.)

2nd position- H.K. college students

3rd position- Priti Patil, Bhakti Pathak, Sanjana Sahu, Archana Radhakrishnan (S.Y.)

C) Pictionary-

1st position- Gaurav Sharma, Bani Yadav, Akhilesh Yadav, Abej Khan (F.Y.)

2nd **position**- Javeria Mukadam, Avantika Dubey, Shumayel, Narsinha Yadav (Final Yr)

D) Grab the goods-

1st position- Ashutosh Yadav, Priti Sasmal, Ruchi Yadav, Manvendra Dubey, Sanjana Sahu (S.Y.)

2nd position- Richa Mahadik, Sakshi More, Navya Unnikrishnan, Mugdha Rane, Shivam patil (T.Y.)

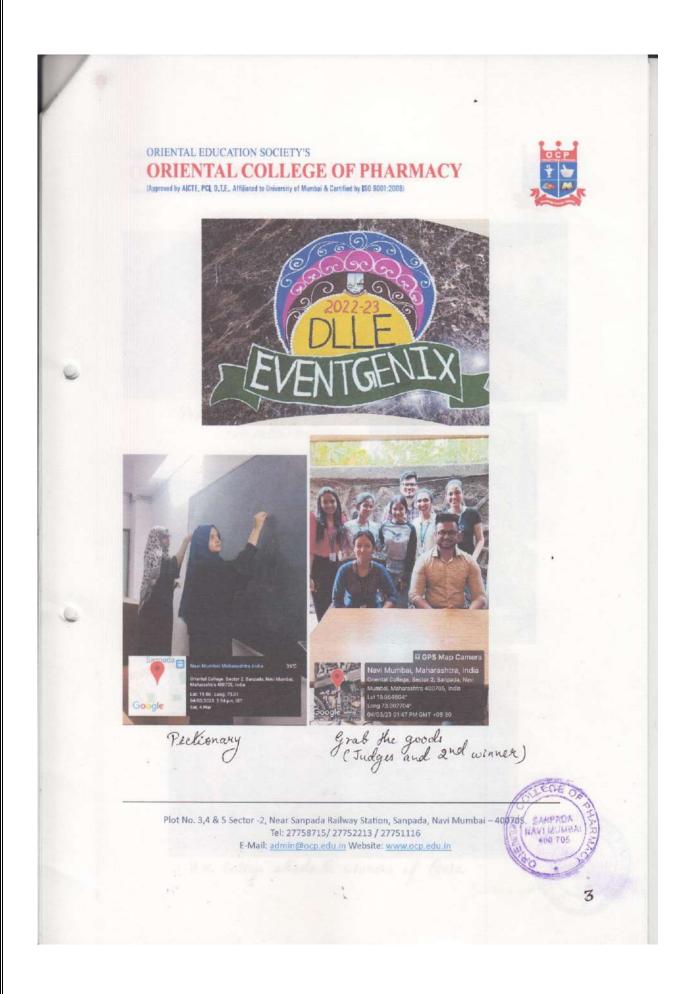
E) Wordsworth-

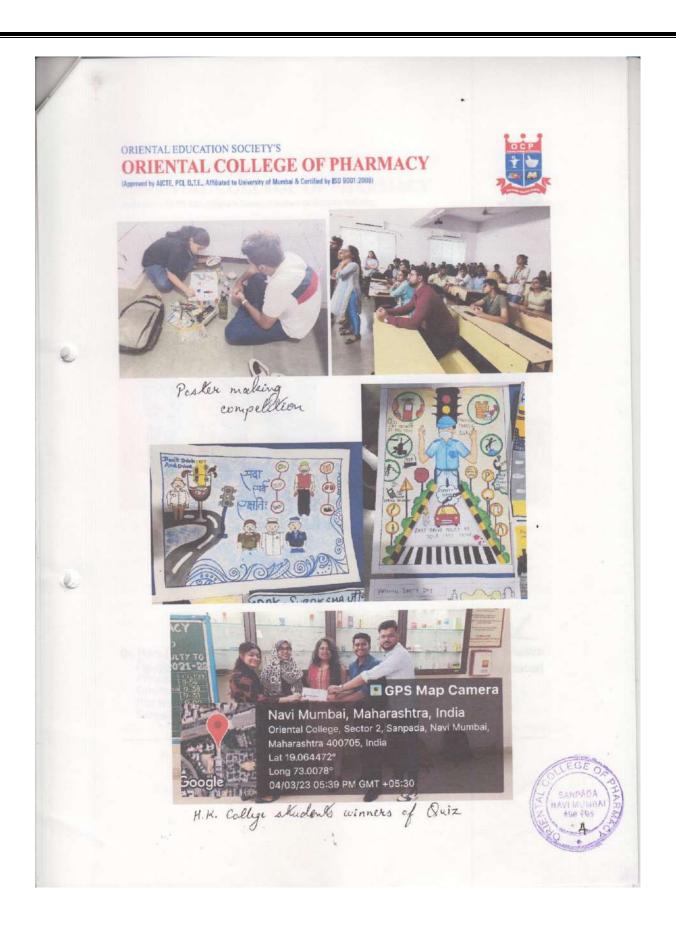
1st position- Pradnya Tiwari (S.Y.)

2nd position-Bunty Lohar (S.Y.)

3rd position - Sadiya Chowdhury (Final Yr.)







ORIENTAL EDUCATION SOCIETY'S

ORIENTAL COLLEGE OF PHARMACY

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Awarding of winners with cash prizes

Dr. (Mrs.) Sudha Rathod

Oprincipal)Sudha Rathod

Oriental College of Pharmacy Plot No. 3, 4 & 5, Sector-2, Sanpada, Navi Mumbal. Ms (D

Ms. Swarnali Manick (DLLE Co-ordinator)

Plot No. 3,4 & 5 Sector -2, Near Sanpada Railway Station, Sanpada, Navi Mumbai – 400705. Tel: 27758715/ 27752213 / 27751116

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Riverbank Cleaning Drive on 25th June 2023

Details of activity:

Name of the Activity	Riverbank Cleaning Drive	Activity Number	DLLE/2022-23/10; NSS/2022-23/01
Day/ Date	25 th June 2023/ Sunday	Department /Committee or Faculty	DLLE Committee/ NSS Committee/ PHO Committee
Venue	Sagar Vihar, Vashi	Time	11 am onwards
Nature of Activity (Indoor/Outdoor)	Outdoor	Total number of Participants	20 students

Activity Information:

Objectives	The objective behind this drive was to restore the beauty of mother nature and save the flora and fauna, animals of the water bodies from human cruelty of polluting water bodies.
Methodology or Brief summary	The initiative was taken by DLLE Committee in association with NSS and PHO Committees. Ms. Swarnali Manick (DLLE Co-Ordinator) and Mr. Vijay Ikale (PHO Co-Ordinator) were present at the venue for monitoring the students as well as guiding them. The reason for such venue selection was the recommendation from the Principal for eliminating any possible accidents that could have occurred near any sea-bank. Despite of heavy rainfall, F.Y.B.Pharm showed great enthusiasm to successfully conduct the task assigned to them all. The flyer and posters were prepared by the DLLE students and reimbursement of all the expenses by the students was done by the DLLE committee.

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Outcome

By this cleaning drive, students raised awareness among the local community as well about the importance of keeping the environment clean and less polluted.

The river health improved a bit by this initiative.

Participating in such initiatives fosters a sense of responsibility in the students.

Successful drives can serve as a model for other environmental initiatives and efforts.

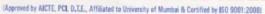
Geotagged photos-



Participating students for cleanliness drive with the poster

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DLLE and NSS Students engaged in cleanliness drive

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Ops Map Camera
Navi Mumbai, Maharashtra, India
3XGM+6MR, Sagar Vihar Marg, Sagar Vihar,
Vashi, Navi Mumbai, Maharashtra 400703, India
Lat 19.075701*
Long 72.984001*
25/08/23 10:42 AM GMT +05:30

Before the cleanliness drive began

After the cleanliness drive





Ms. Swarnali Manick (DLLE Co-Ordinator) Mr. Vijay Ikale (PHO Co-Ordinator)

Mr. Nilesh Babre (NSS Co-Ordinator)

Dri(Mrss) Sudha Rathod PrindPrincipal)

Oriental College of Pharmacy Plot No. 3, 4 & 5, Sector-2, Sanpada, Navi Mumbal.

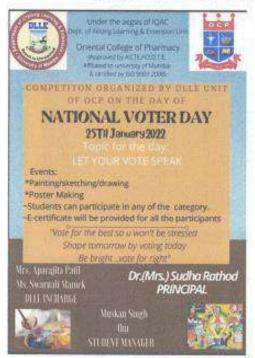
Plot No. 3,4 & 5 Sector -2, Near Sanpada Railway Station, Sanpada, Navi Mumbai – 400705. Tel: 27758715/ 27752213 / 27751116

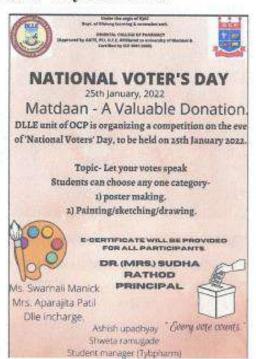


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Report of National Voters' Day celebration





DLLE committee celebrated "National Voters' Day" by organizing intercollegiate Poster competition and Painting/Drawing competition, titled "Matdaan-A valuable donation" on 25th Jan 2022.

This competition was held among various colleges in Navi Mumbai and Mumbai to emphasis on the importance of a vote and also to create among the youths, the awareness regarding the drawbacks of not donating their valuable votes.

The competition was judged by *Prof. Mahesh Dhaygude*, the DLLE field coordinator of Navi Mumbai and *Ms. Sneha Gupta*, the founder of Wanderlust Art Studio, Sanapda.

The event was held online and we got abundant responses from the students of all colleges and also overwhelmed to look at the enthusiasm among the young generation.

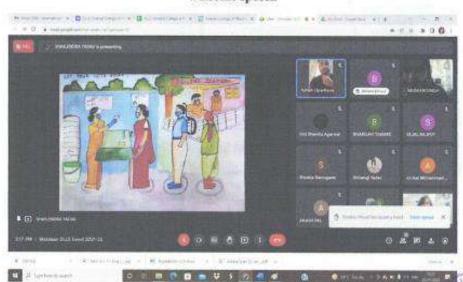
Top 10 students from each category were awarded with achievement certificates; whereas all others were appreciated with appreciation certificate.



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Principal, judges, Co-ordinator and all the Students Managers joined online for welcome speech



One of the Students Manager participated in the competition and presented his poster

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One of the winners' poster

Dr. Sudha Rathod

Dr. (Mrs(Principal) Rathod

Principal

Oriental College of Pharmacy Plot No. 3, 4 & 5, Sector-2, Sanpada, Navi Mumbal. Ms. Swarnali Manick (DLLE Co-ordinator) Mrs. Aparajita Patil (DLLE Co-ordinator)

Plot No. 3,4 & 5 Sector -2, Near Sanpada Railway Station, Sanpada, Navi Mumbai – 400705, Tel; 27758715/ 27752213 / 27751116

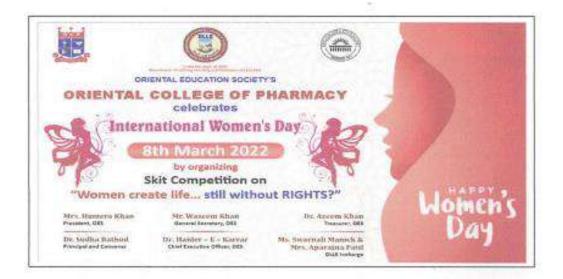
E-Mail: admin@ocp.edu.in Website: www.ocp.edu.in

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ORIENTAL EDUCATION SOCIETY'S ORIENTAL COLLEGE OF PHARMACY (Approved by AUCTL, PCL D.T.E., Affiliated to Environity of Municip & Certified by (SD 9001:2038)



Report of Skit Competition on International Women's Day (8th march 2022)



The DLLE unit of Oriental College of Pharmacy, Sanpada under the aegis of IQAC celebrated the International Women's Day on 8thMarch 2022 with great fervour by conducting an intercollegiate skit competition on the topic Women create life still without RIGHTS?

Students from the colleges under Oriental Education Society — Oriental College of Law, Oriental College of Education and Sanpada College of Commerce and technology participated in the event with enthusiasm and showcased their extraordinary skills.

Prof. Rupali Jamode, I/c Principal- Oriental College of Law and Dr. Sudha Rathod, Principal-Oriental College of Pharmacy judged the event. The first prize of Rs. 2000/- was bagged by Oriental College of Education and the second prize of 1500/- was awarded to Oriental College of Pharmacy. Dr. Sudha Rathod, Prof.Ruapli Jamode and DLLE Incharges -Ms. Swarnali Manick and Mrs. Aparaita Patil shared few words of experience and concluded the event.

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ORIENTAL COLLEGE OF PHARMACY

Regrowed by ARCH, PELD, V.L., AFRESsed in Environce of Munday & Comitted by \$12,5507-2008.







Judges – Dr. Sudha Rathod (Principal- OCP) and Prof. Rupali Jamode (Principal- OCL)



DLLE Students from S.Y. hosted the event



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Skit performed by 1st winner



Awarding 1st winner from B.Ed. with cash



Awarding 2nd winner from OCP with cash prize

Dr. Sudha Rathod

Dr. (Mrs (Principal)Rathod

Ms. Swarnali Manick

(DLLE Co-ordinator)

Mrs. Aparajita Patil (DLLE Co-ordinator)

of Pharmacy

Plot No. 9 10 & 2 Sector - 2, Near Sanpada Railway Station, Sanpada, Navi Mumbai - 400705. umbal.

Tel: 27758715/ 27752213 / 27751116

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Report of "Waste Reduction" Initiative



The students of DLLE department took an initiative towards reducing the use of paper cups with the moto of "Save Paper Save Trees".

The students bought and distributed small glass cups to all the teaching and nonteaching faculty members of Pharmacy Department with a nominal charge of Rs. 25/- for each cup.

The main motive behind this initiative that we observe usage of paper cups for drinking tea by all the staff members and hence accumulation of piles of paper cups on daily basis. Though paper cups are recyclable, there is burden on mother nature due to cutting down of million of trees every year to make these paper.

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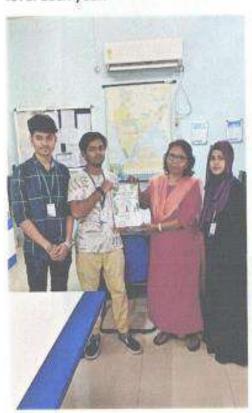
ORIENTAL EDUCATION SOCIETY'S ORIENTAL COLLEGE OF PHARMACY [Approved by ALCTE, POL D.T.E., AFRIGATED to University of Municipal in Certified by ISO 9501-2058)

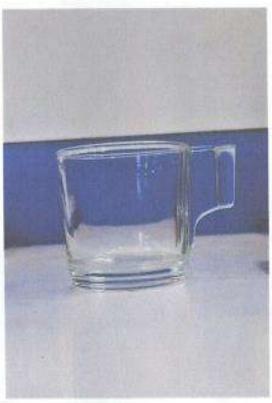
them at Rs. 25/- each and by this waste would be reduced.

OCP T

So, the students took efforts to buy small cups made up of glass and distribute

This initiative was taken at small institute level with a hope to take it to next level each year.





Principal Mam with the DLLE students, encouraging the initiatives took by the students

The glass cup which has been distributed by the students to the faculty members

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Faculty members with the group of DLLE students who supported their initiative

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Faculty member with the group of DLLE students who supported their initiative

Dr. Sudha Rathod

Dr. (Mrs.) Sudha Rathod Principal(Principal)

Oriental College of Pharmacy Plot No. 3, 4 & 5, Sector-2, Sangada, Navi Mumbal.

Ms. Swarnali Manick

(DLLE co-ordinator)

Mrs. Aparajita Patil

(DLLE co-ordinator)

(Approved by ASCTE, PCL D.T.E., Affiliated to University of Mumbai & Certified by ISO 9001:2008)



Report of Food Stall Event



As per the guidelines and topics for extension project work provided by DLLE Mumbai University, there is one topic "Annapurna Yogna" which gives initial stage glimpse and practice of entrepreneurship to the students as well as gives the opportunity to make available home-made food items at cheaper rates.

Keeping the initial purpose of the project in mind, DLLE unit decided to arrange one Food Stall event on 17th March 2022, in which students were asked to prepare home-made food items made up of *Millets*. Through this event, the students themselves understood the importance of inclusion millets in their daily diet and also they were made to explain to others. The students also got fair chance to sell their food items to other students as well as teaching staffs for which they got profited for their hard work.

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Judges selected the winners based upon how well the participants managed to stick to the rule of making food items out of millets and also how well the items satisfied their taste buds.

The first and second winners bagged exciting gifts and others participants were awarded with certificates.





Participants displayed their prepared millets food items for tasting of judges and selling purpose

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Winners of the competition

Shalked Or. (Pr. Sudha Rathod

Principal (Principal)
Oriental College of Pharmacy
No. 3, 4 & 5, Sector 2,

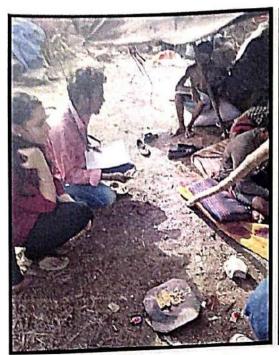
Ms. Swarnali Manick

(DLLE Co-ordinator)

Mrs. Aparajita Patil

(DLLE Co-ordinator)

Plot No. 3,4 & 5 Sector -2, Near Sanpada Railway Station, Sanpada, Navi Mumbai – 400705. Tel: 27758715/ 27752213 / 27751116



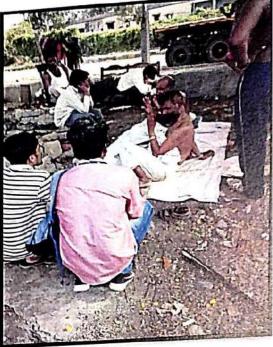
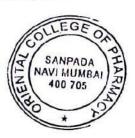






Photo Gallery of Swaech Bharat Mission



PUBLIC HEALTH OFFICER ACTIVITIES

Academic Year 2022-23



The Indian Pharmaceutical Association Maharashtra State Branch Students'

PUBLIC HEALTH OFFICE 2022-2023

Activity Report - "Cleaniness" Campaign

INNOVATIVE CAMPAIGN

Organizing Institute / College code : 10

Co-ordinator of Activity :-

Sr no.	Name	Designation	Contact number	Gmail
1	Mr. Vijay Ikale	Assistant Professor	+91 95450 91901	Vijayikale1@gmail.com

Location where the event was conducted:

51.	Location	Date	Timing	Activity
1.	Mahim beach, Mumbai	20 February 20 23	2:00 pm	Cleanliness Innovative Campaigns

AIM OF THE ACTIVITY ... Public Health Office aims to increase Awareness of cleanliness and also to clean surroundings.

List of volunteers and their contact numbers:

Volunteers Name	Contact numbers	Roll numbers	
Sanjana kharat	+91 85308	dit with WPS	Office

Ruchi yadav	96925 +9173043	
Om Singh Anikesh yadav	06007 8888970118 9766390560	
Annaya jha Shravani pisal Vinayak Dubey	9356605924	

Short description of the activity-

 A innovative campaign was organised by PHO members on 20 Feb , At Mahim beach Mumbai.

The PHO members clean the beach area The dry and wet waste was separated separately

Impact of the Camp :-

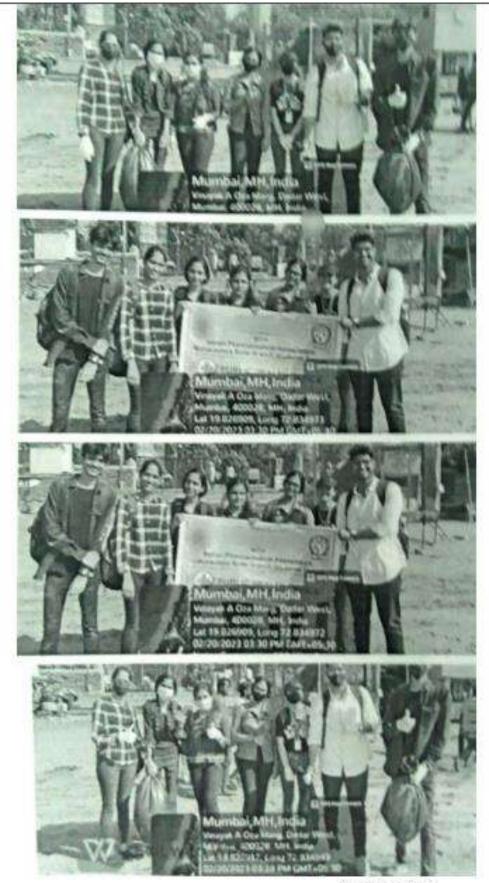
- People around the beach also support and appreciate the work and also got aware about maintaining cleanliness
- on this day promoted awareness campaigns and activities to spread the word that

- Promotions of the activities:
 The poster's and baners were circulated on the WhatsApp and instagram via stories and
- Promotional messages were circulated

Result of your activity :-

The goal for this day to educate people about cleanliness and also to clean the environment and area SCANNED ID's :-

Location

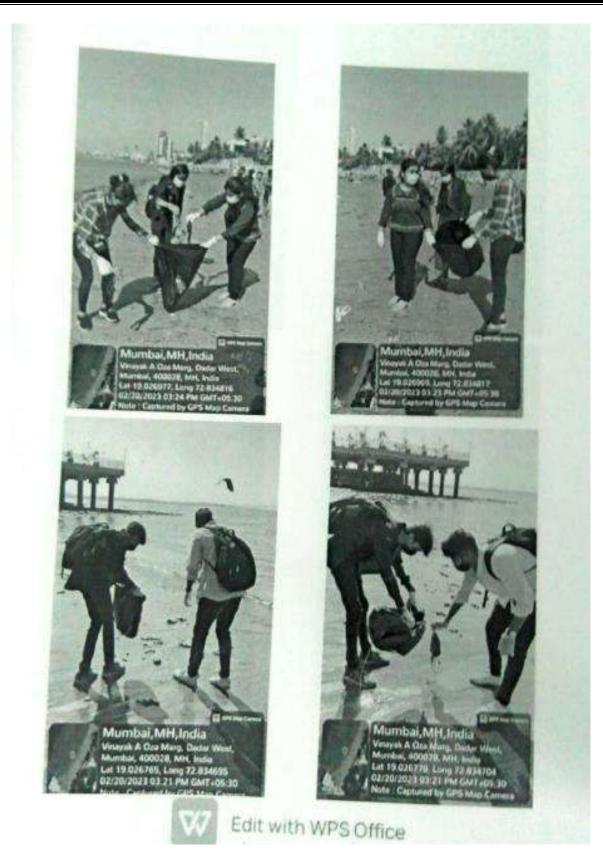


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Cleanliness Campaign

Innovative campaign

Page **61** of **179**



Cleanliness Campaign

Innovative campaign



Cleanliness Campaign

"World Leprosy Day" Campaign



The Indian Pharmaceutical Association Maharashtra State Branch Students' Forum

PUBLIC HEALTH OFFICE 2022-2023

Activity Report - "World Leprosy Day "Campaign

AWARENESS CAMPAIGN

Organizing Institute:

Oriental College of Pharmacy College, Navi Mumbai, Maharashtra

Co-ordinator of Activity :-

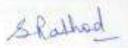
Sr no.	Name	Designation	Contact number	Gmail
,	Mr. Vijay	Assistant Professor	+91 95450 91901	Vijayikale1@gmail.com

Digital platform/s where the event was conducted:

Sr. no.	Location	Social media Sinks (promotional postsi videos)	Date	Timing	Activity
1.	Near Sanpada Station	WhatsApp Groups	30 January 20 23	14 : 30 pm	Leprosy Awareness Campaign
2.	Vatsalya Trust	(nstagram: @ocp_official_p age			

Number of target audience : 55

AIM OF THE ACTIVITY - Public Health Office aims to increase community participation and awareness among the people by reaching out to them at their doorstep.



List of volunteers and their contact numbers:

Name Name	Contact numbers	Roll numbers
Jeeya Shaikh Rohit Yadav Om Singh Rohit Yadav Manveodra Dubey	7684888799 7208740254 88889 70118 7208740254 88928151046	62 106 92 106 13
Ruchi Yadav Alfiya Shaikh Manjushree Eregi	7304306007 9004251499 +91 91378 44496	107 79 14

Short description of the activity-

- A fortnight-long teprosy awareness campaign commenced in Vatsatya Trust on January 30, the day which was observed as the World Leprosy Day
- Our Volunteers made the audience aware of the signs and symptom of the Leprosy disease through a camp near Sanpada Station and Vatsalya Trust.
- Leproxy can be treated. This was explained to people with the help of our
- Adding that the disease is completely curable, the volunteers said people should consult doctors when they come across white patches in their body.

Impact of the Camp :-

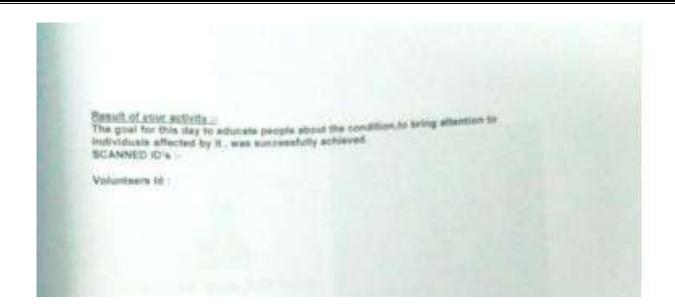
- Patients and normal peoples were educated about the leprosy disease, its symptoms and complications, overcoming patient barriers, the benefits of selfreporting, early diagnosis, and adherence to the prescribed therapy.
- People gave positive response towards the campaign

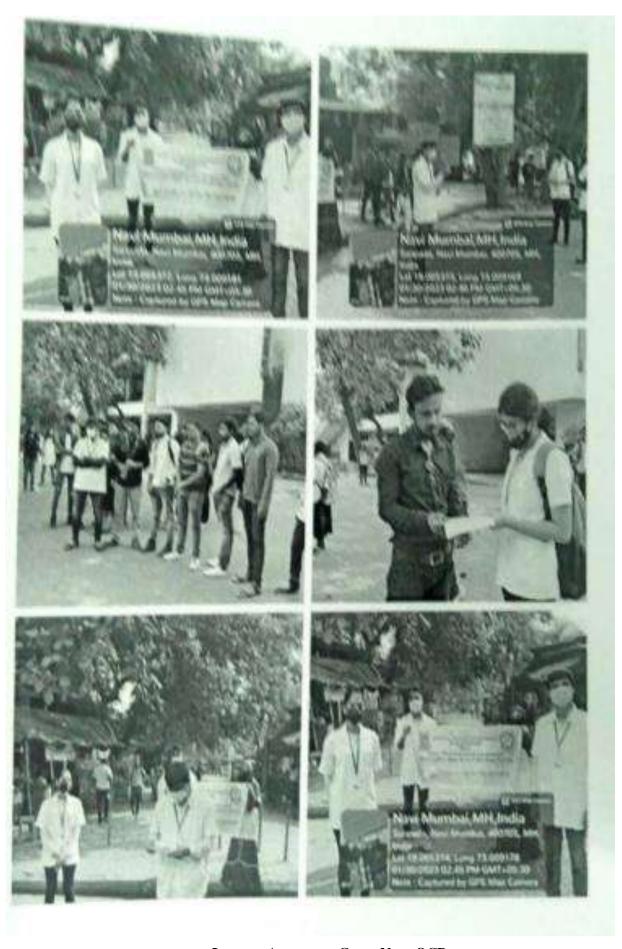
Methods used for conducting the campaign:

- The Volunteers explained the meaning of leprosy to the people around the area
- Volunteers altogether on this day promoted awareness campaigns and activities to spread the word that leprosy is preventable by early diagnosis, proper treatment, and adherence to the prescribed course.
- People were made aware that Leprosy is curable with a combination of antibiotics known as Multi Drug Therapy (MOT). This treatment is available for free across the world. If leprosy is not treated, it can lead to serious complications.

Promotions of the activities:-

- . The poster's and baners were circulated on the WhatsApp and instagram via stories and messages
- + Promotional messages were circulated
- There was a verbal visit to Vatualya Trust
 - Instagram tink :https://www.instagram.com/p/Cn_OMhmPEBir7igshid=YmMyMTA2M2Y=
 - People were given a feed back form .



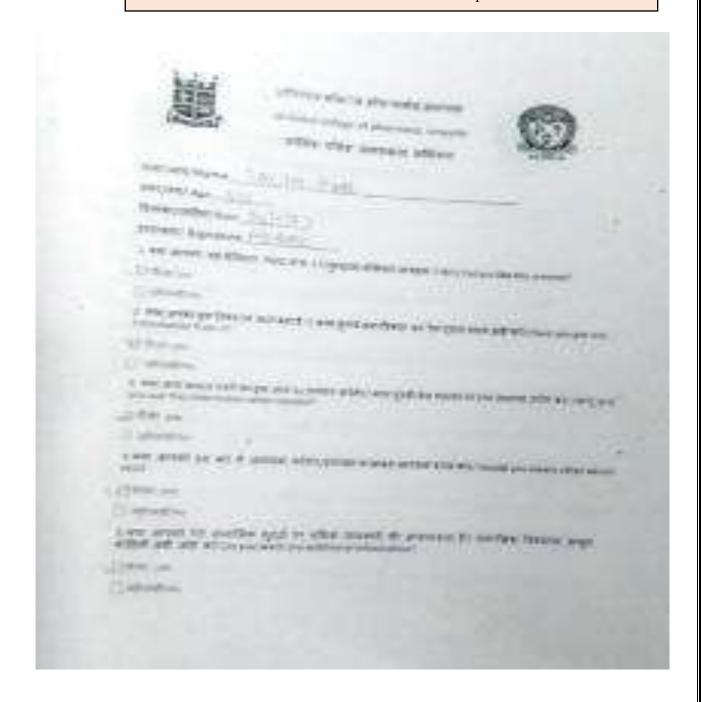


Leprosy Awareness Camp Near OCP



<u>Leprosy Awareness Camp Near OCP</u>

Folic Acid Awareness Camp





Folic Acid Awareness Camp



Folic Acid Awareness Camp



Folic Acid Awareness Camp

PUBLIC HEALTH OFFICE 2022-2023

EVENT REPORT - Online LOGO and SLOGAN competition

AIM : To conduct online logo and slogan competition

- · LOCATION:
 - Conducted via google forms
- DATE:
 - 0 21/09/2022-23/09/2022
- ACTIVITY:
 - Manually drawn logos
 - Original slogans of participants

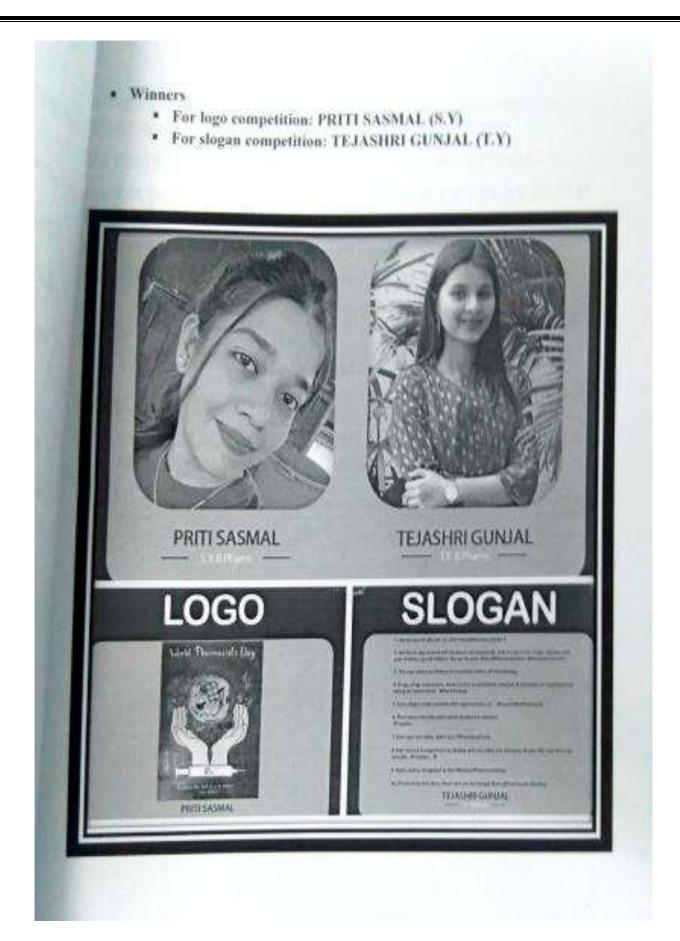
LIST OF VOLUNTEERS INVOLVED;

SR.NO.	NAME	PHONE NO.	POSITION
1	Fardner, Ansari	8828194803	PHO Head
2	Rej ankush rao	8268471317	Associate
	Jeeya Shaikh	7666688799	Associate
	Ruchi Yaday	7304306007	Associate

PROMOTION OF EVENT

- CIRCULATED THE POSTER IN ONLINE MODE OFFICIALLY AS WELL AS UNOFFICIALLY
- ANNOUNCEMENTS WERE MADE BY MEMBERS
- STUDENTS WERE PERSONALLY CONTACTED AND INFORM





List of Winners

OUTCOME OF EVENT: - Successfully organized logo and slogan competition, which was enthusiastically participated by our student pharmacists

The event was conducted on the account of WORLD PHARMACIST DAY

Students were passionately involved in visualizing their creativity in the form of logo and slogan

P.S: After the digitalization of the winner's logo, it will be the official logo of PHO committee

JUDGED BY: MR.BINITH RAJ SINGH

-PHO IN-CHARGE

SPECIAL THANKS TO:

- DR.(MRS) SUDHA RATHOD (PRINCIPAL OF OCP)
- MR.BINITH RAJ SINGH (PHO IN-CHARGE)

Shallad

PUBLIC HEALTH OFFICE 2022-2023

EVENT REPORT - Awareness of various diseases

AIM: To conduct event of Awareness of various diseases

- · LOCATION:
 - ORIENTAL COLLEGE OF PHARMACY, NAVI MUMBAI
- · DATE:
 - 0 24/09/2022
- · ACTIVITY:
 - Students giving information about various lifestyle diseases.

> LIST OF PARTICIPANTS INVOLVED:

SR. NO.	NAME	TOPIC TAKEN	PHONE NO.	POSITION
1	NAHIDA SHAIKH	PCOD	8828444836	PHO MEMBER
2	MANVENDRA KUMAR DUBEY	TUMORS	8928151046	PHO MEMBER
3	VINAYAK DUBEY	DIABETES	9372590962	PHO MEMBER
4	SIDDHARTH BHAGAT	HEART ATTACK	9372932882	PHO MEMBER

Shathad

All participants were passionately given the information about diseases and advising students to take precautionary measures.

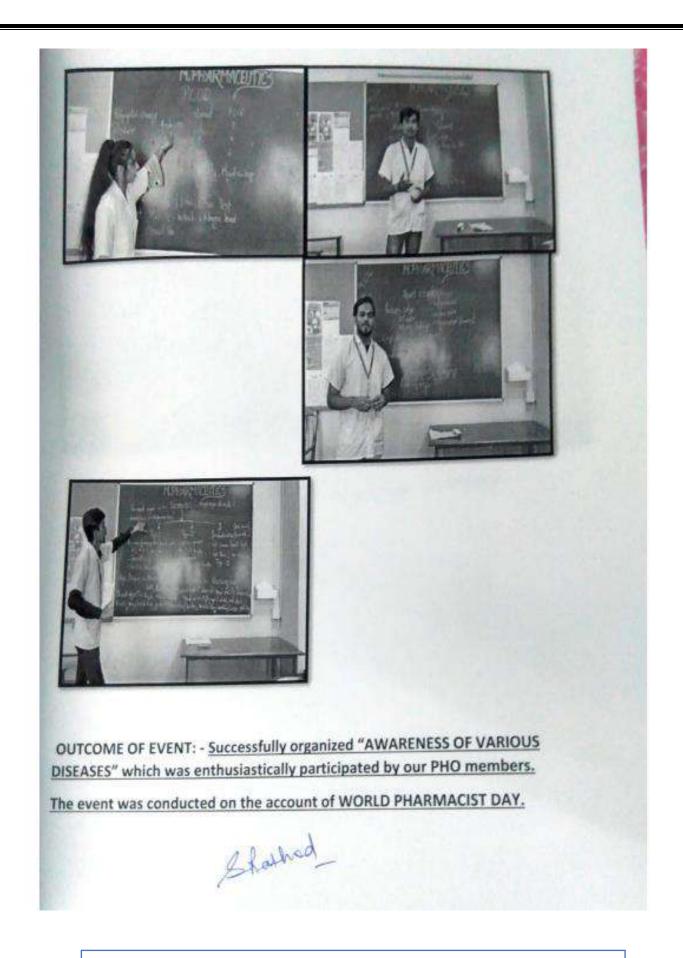
UNDER THE GUIDENCE OF: MR.BINITH RAJ SINGH
-PHO IN-CHARGE

SPECIAL THANKS TO :

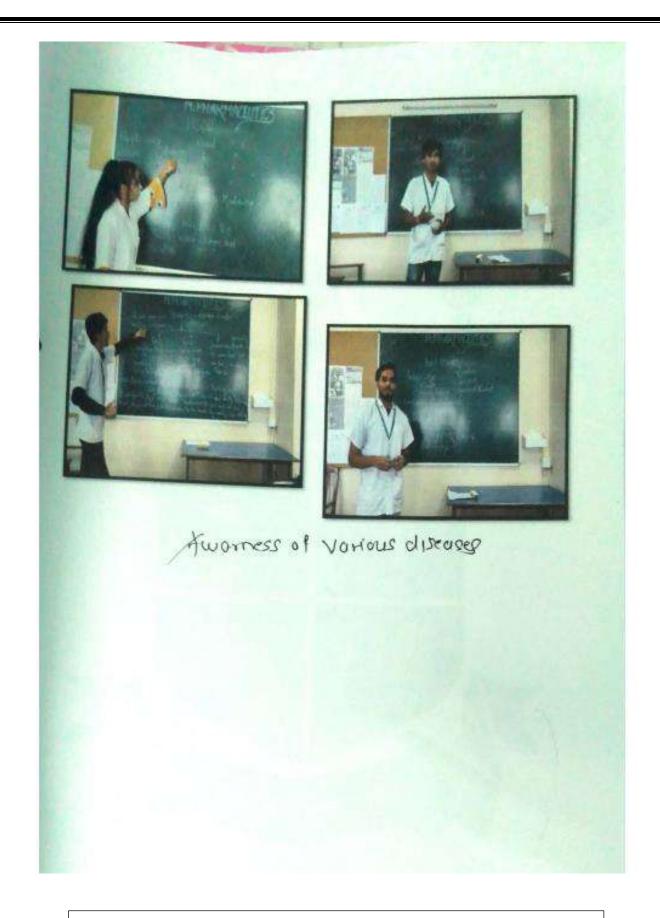
DR.(MRS) SUDHA RATHOD (PRINCIPAL OF OCP)

MR.BINITH RAJ SINGH (PHO IN-CHARGE)

Shallad



Awareness Camp "Various Diseases"



Awareness Camp_ Various Diseases

ORS Campaign

ORS Campaign

Introduction

Acute diarrhea is a major problem worldwide, although the overall mortality rate from diarrheal distribed bases bes steadily declined over the last few decade1). The critical factor for the reduction in the australity from diarrhea was the introduction of oral rehydration therapy (ORT). The standard World Health Organization oral netsydration solution (WHO-ORS) was initially missessed for chelera treatment, and their shown to be effective irrespective of cause of diarrhea or age of the patient2). However, the WHO-ORS does not substantially decrease either stool volume or the diarrhea episodes3). As a result, improved ORSs for enhancing treatment of scate diarrhea continually have been sought for and evaluated.

Project Location

Project Description/Intent/Concept

In an adult, the duity intestinal water load is approximately 6,500 mL from the combination of oral intake. gentric juices and puncrenticobility juices, as well as an additional 1,000 rdl, secreted by the upper intestine. This volume is reduced to 1,500 mL by the distal ileum and is further reduced in the colon to a most output of 250 ml. per day. The net absorption of water and ions is the result of two opposing unidirectional fluxes of ions, one absorptive and the other secretory. And the two processes are anatomically reparated absorption takes place mainly in the majore villous cells, whereas secretion seems to occur in the crypt cells. In normal excuristances, absorptive processes for unter and electrolytes prevail over secretary processes and as a result, water is absorbed. However, during distribute disease, there is a derangement in the absorptive-security processes by elimetic analyst security executions. The absorption of water and marketta is dependent on the esmotic gradient dictated by sodium transport via the following their mechanisms: neutral NaCl absorption, sodiant absorption coupled to the absorption of segurar soluter such as glocose and artino acids, and electrogenic sodium absorption. In diambert discuse, disraption of these processes occurs except the sodium absorption coupled glucose and other organic solutes, even in enterior resociated with epithelial durage. The preservation of this facilitized communication of placone and sedicate is the sejentific resionale for the development of the ORS. By this intact New Igliacone extransporter, unaffected by partialogic processes due induce societies, sodium and water are absorbed and so turn, extracellular fluid is expanded without change in serum constantly.

ORS CONTENT

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Project Funding

Denvil phone my

ORS has been used successfully in the treatment of distribut illness and has resided in a reduction in childhood mortality from diarrhes. The standard WHO-ORS has been used to replace water and electrolytes limit in stocks, but it does not decrease duration or the stool volume. This has led to search for modified ORSs with improved efficacy. Reduced osmolarity ORS is superior in that it has been found to decrease the fecal volume and duration of diarrhea. Because of that, it is currently used as a recommended ORS formulation by the WHO for the treatment of some non-cholera diarrhea. The addition of since supplementation is recommended by WHO in the treatment of soute diarries. Polymer-based ORS seems to be superior than the standard WHO-ORS for treating scale diambea, but further studies upline the current reduced complainty ORS are needed. We have given the information about the ORS to the people of (TRUST NAME ADDRESS) and concluding the success of this evert.

Organized By:

Principal: Dr. (Mrs.) Sudha Rathod.

PHO in charge: Mr. Binith Raj (Asst Prof Pharmacology)

dunteers Details	Name	Position	
	Shummed Ansatt	ENIO HEAD Associate head	
	valdehi Tod	The same of the sa	
	Vinayak Oubey	Member	
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Oral Dehydration Therapy



वात्सत्य ट्रस्ट, मुंबई

VATSALYA TRUST, MUMBAI

रिज. नं. ई.९१८०/मुंबई ८.२.८३

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27757390 27753689 ALIBAG \$ (02141) 220218



Kanjur Office Near Kanjurmarg Police Station, Kanjurmarg (E) Mumbai 400 042.

Saripada: Plot 11, Sector - 2 Sanpada, Navi Mumbai - 400 0705.

Albag : House No. 1516 B- 2 (Behind Mayur Bakery) Albag - 402 201. Dist. Raigad

Badlapur : Survey No. 12/1, 12/2 and 13/1, Dahivali, Bhoj Prakalp, Badlapur, Dist Thane. विनांक - 8-03-2022

JOARD OF TRUSTEES

Dr. Alnapure V B. (President)

Ihri Damie G.A. (Hon Secretary)

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Adv. Gaonkar Prasad

Shrt. Joshi Shrikant

Shri Kadhe Janardan

Shri Nalawade L. B.

or S. Raman Srinivasa

Ihri. Saraf N. 5.

hri. Vaidya Ramchandra

संत्रचे का :-

To

The Principal,

Oriental College of Pharmacy,

Sanpada,

Navi Mumbai.

Subject:- Permission granted for ORS Campaign.

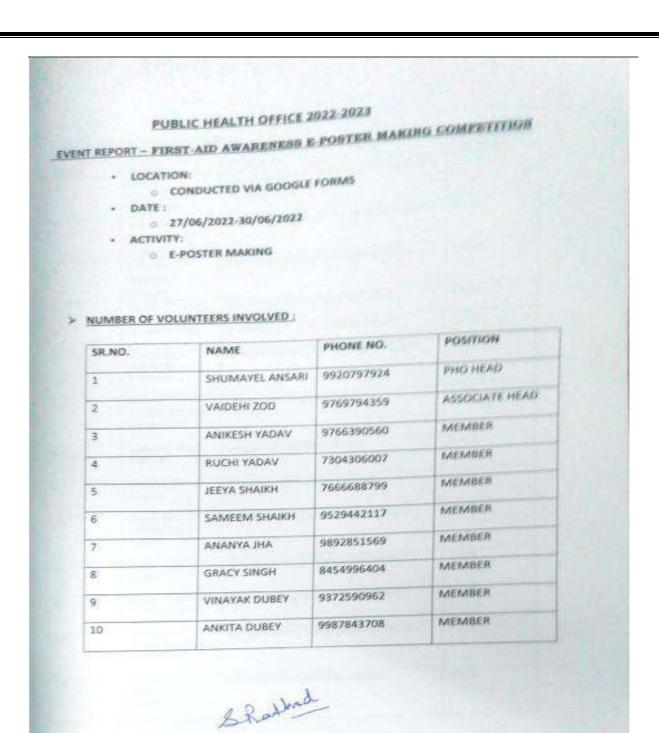
Respected Sir,

We Received your letter for conducting ORS Trust).By Our NGO(Vatsalya Campaign understanding the problems occurs due to dehydration, it is the necessity of peoples to survive from such diseases. So considering these all things permission granted to conduct the camp at our NGO, on 8th july 2022.

Thanking You, Yours Truly



No. AAATV0346H. Email valsatystrust sanpede@yahos.com/valsatystrustmumbal@gmail.com/Website : www.vasatyatrustmumbal.org FCRA - Registration No.: 083780862 for online payment in rupees you can use website payment gateway (SBI Collect) elevation (No. DrT (E) MC / 80-G/1615/2009 -2010 w.e.f. Dr. 01-04-2009 The Certificate shall continue to be valid in perpetuity

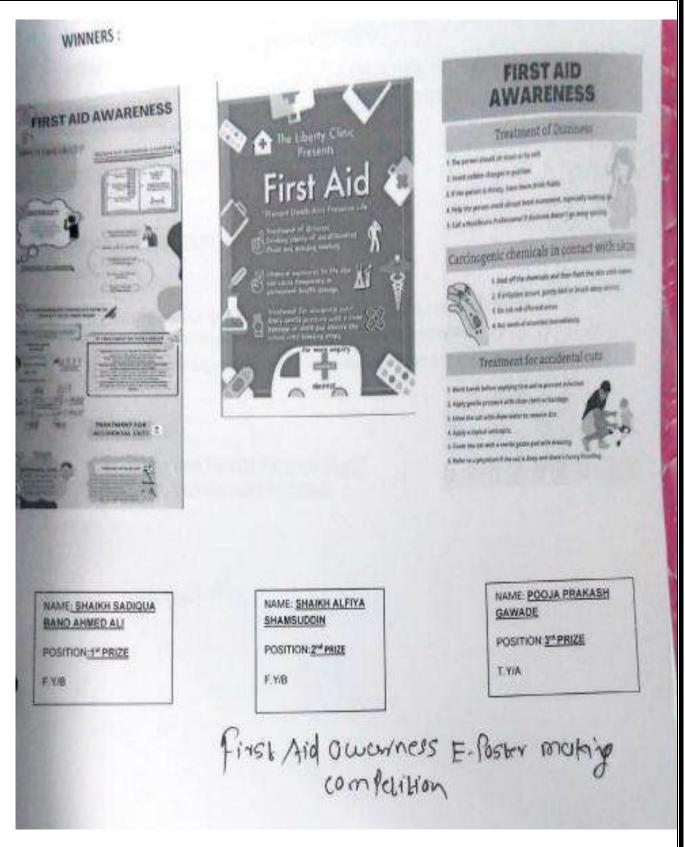


First Aid Awareness E- Poster Competition

NUMBER OF PARTICIPANTS: CLASS/DIV NAME E-MAIL ID SR.NO. chaubey.khushi_b.pharma@ocp.edu.in S.Y/A KHUSHI BHUPENDRA CHAUBEY ankita.dubay_b.pharma@ocp.edu.in 5.Y/8 2 ANKITA PRAMOD DUBEY gawade pooja_b pharma@ocp edu in 5.Y/A 3 POOJA PRAKASH GAWDE 5.Y/B sejal rajput_b pharma@ocp edu in 4 SEJAL RAJPUT F.Y/A 5 AHL AYMAMA ananya iha b pharma@ocp edu in BHARGAVI 6 5.Y/B bhargavi taware_b pharma@ocp edu in RAMESH TAWARE 7 ROHIT F.Y/B rohitathlete199@gmail.com RADHESHYAM VADAV F.Y/8 8 SASMAL PRITI pritisasmal0202@gmail.com TARUN GRACY JAY 9 5.Y/B gracyjaysingh2002@gmail.com SINGH F.Y/B 10 ANIKESH anikesh.yadav_b.pharma@ocp.edu.in **UPENDRA** YADAV S.Y/B VINAYAK P. vinayak.dubey_b.pharma@ocp.edu.in 11 DUBEY SHAIKH ALFIYA alfiya shaikh b.pharma@ocp.edu.in F.Y/B 12 SHAMSUDDIN sadigua shaikh b pharma@ocp edu in SHAIKH F.Y/B 13 SADIQUA BANO AHMED ALI SAMEEM sameem0306shaikh@gmail.com F.Y/B 14 IMITIYAZ SHAIKH

List of participant - First Aid Awareness Camp

- AIM: TO SPREAD THE KNOWLEDGE OF FIRST-AID THROUGH POSTERS
- . TOPICS COVERED:
 - √ TREATMENT OF DIZZINESS
 - √ IF CARCINOGENIC COMPOUNDS COME IN CONTACT WITH SKIN
 - ✓ TREATMENT FOR ACCIDENTAL CUTS
- PROMOTION OF EVENT
 - ✓ CIRCULATED THE POSTER IN ONLINE MODE OFFICIALLY AS WELL AS
 UNOFFICIALLY
 - ✓ ANNOUNCEMENTS WERE MADE BY MEMBERS



First Aid Awareness E-Poster Making Competition

OUTCOME OF EVENT:- Successfully organized an E - Poster competition, which was enthusiastically participated by our student pharmacists

Students were able to visually represent the key points on FIRST-AID, and elaborate on the same which facilitates their retention and recall of events and facts.

Students were made aware of a critical topic in a creative way

JUDGED BY: MR.BINITH RAJ SINGH

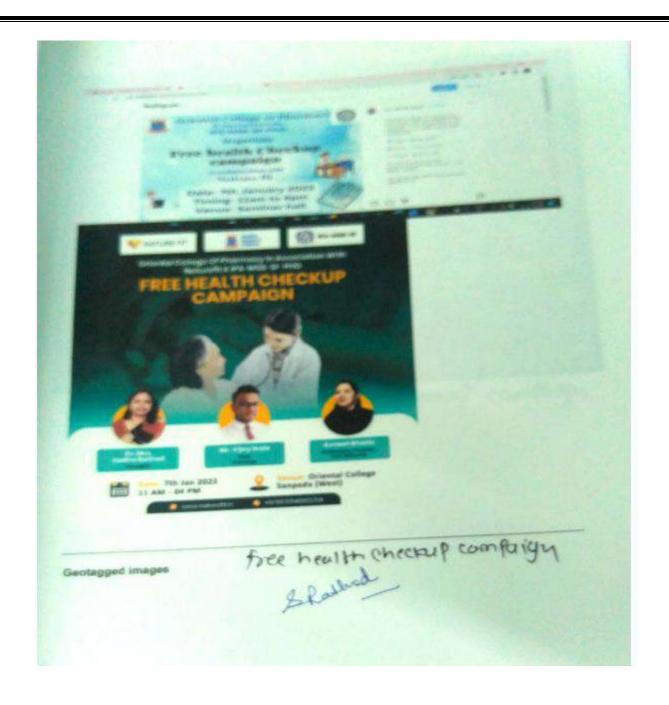
-PHO IN-CHARGE

- THE KNOWLEDGE OF FIRST AID, WHEN APPLIED PROPERLY CAN MEAN THE DIFFERENCE BETWEEN RAPID RECOVERY OR LONG-TERM DAMAGE.
- ◆ IN THIS WAY WE CAN IMPART THE KNOWLEDGE OF FIRST-AID AMONG STUDENTS

SPECIAL THANKS TO:

- DR.(MRS) SUDHA RATHOD (PRINCIPAL OF OCP)
- MR.BINITH RAJ SINGH (PHO IN-CHARGE)

Stathod



Free health Check-up Campaign



Free health Check-up Campaign



The Indian Pharmaceutical Association Maharashtra State Branch Students' Forum

PUBLIC HEALTH OFFICE 2022-2023

Activity Report -"Health checkup Campaign

Type of the campaign to be mentioned i.e., Innevative/ World Health Day/ Health checkup Community Outreach

Organizing Institute Oriental College of Pharmacy College Navi Mumbal, Maharashtra in collaboration with Nature fit

Sr. No	Name	Designation	Email-address	Contact
1_	Mr. Vijay Ikale	Assistant Professor Pharmaceutical Chemistry	vijayikale1@gmail.com	+91 95450 9 1901

Digital platform/s where the event was conducted:

Sr. no	Location	Social media links (promotional posts/ videos)	Date	Timing	Activity
1.	College campus	-	7/01/2023	11:00 - 4:00	Health checkup done

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2	фост обсов года	https://www.chatag rain.com/p/CnAE WK7gPaE/Tigbhid www.klyMTAZMZ YN	F01/2023	
3.				

Number of target audience - 152

List of volunteers and their contact numbers: (Scanned lOs/Library Cards/Latest tee receipt to be attached at the end with the photos)

Name	Contact no
Anikesh yaday	97663 90560
Gracy Singh	84349 96404
Robit yaday	7208740254
Samoom shaikh	9529442117
Raj ankhushttso	8268471117
Sanjana khorat	9011630156
Ankita dubey	9004175850

Short description of the activity-Health check-up. Measurement of Weight

Height

Neck

Chest

Waist

Hips

For bmi Blood pressure:

Glucose

Oxygen pulse

Ayurveda

Homeopathy

Naturopathy

Methods used for conducting the campaign:

•The ultimate goal of a pharmacist is to improve an individuals quality of life.
Through the offline health campaign-

There was a awareness of important health issues and stimulate individuals to seek information

The goal was achieved as the whole pho committee had given the task to bring adeast 5

The campaign has collaborated with nature fit who had their best doctors.

- *The materials used for the campaign
- -Instagram promotions
- -Py messages

Advertisement of the activity

- The poster's and baners were circulated on the WhatsApp and instagram via stories and messages :
- Promotional massages wee circulated
- . There was a verbal visit to old age home.

Result of your activity

Result of the activity

- *The outsiders and students responded in a positive way towards the campaign.
- The total number of college staff was 25
- The total number of college students was 26.
- The total number of outsiders was 101.

•The observation made during the campaign was that most of the people were not ready for the sugar test but as the protocol mentions the sugar test they were said to follow that.

Photo, videos, and other documents

Screen Shot of Promotional Posts



Free Health Check-up Campaign



Free Health Check-up Campaign



Free Health Check-up Campaign



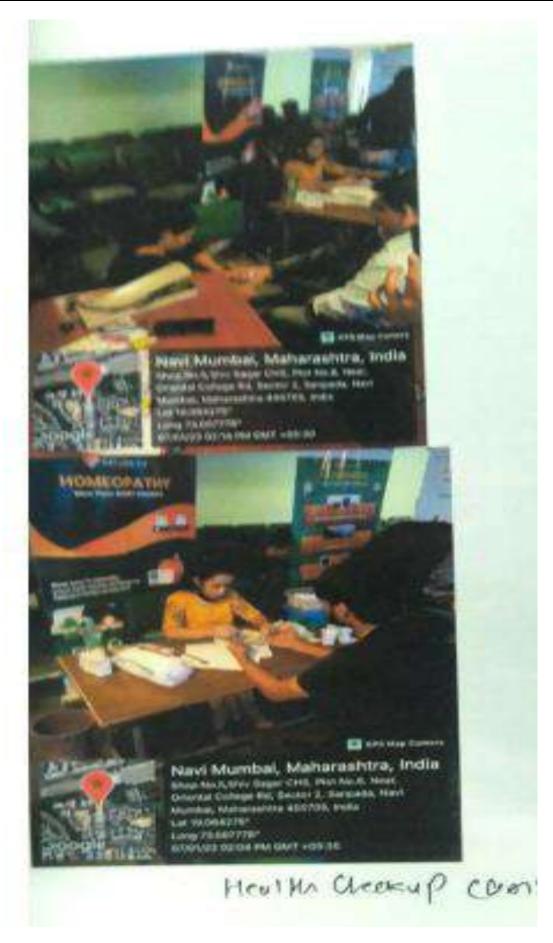
Free Health Check-up Campaign



Free Health Check-up Campaign



Free Health Check-up Campaign



Free Health Check-up Campaign

Page **100** of **179**



Free Health Check-up Campaign

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Free Health Check-up Campaign

PUBLIC HEALTH OFFICE 2022-2023

EVENT REPORT - BMI CHECK UP

AIM: To conduct BMI check up

- · LOCATION:
- Oriental college of pharmacy(sanpada),seminar hall.
- · DATE:
 - 0 21-10-2022
- ACTIVITY:
 - Calculating BMI and fat of the individuals

LIST OF VOLUNTEERS INVOLVED:

SR.NO.	NAME	POSITION
0.000.00	Fardeen Ansari	PHO Head
	Raj ankush rao	Associate
	Jeeya Shaikh	Associate
	Ruchi Yadav	Associate
	Khushi chaubey	Associate
	Anikesh Yadav	Associate
		Member
	Manvendra kumar Dubey	Member
	Sidharth bhagat	Member

Stathed

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Q.	Robit Yaday	Member
10	Ashutosh Yadav	Member
11	Priya Jaiswal	Member
12	Majushree eragi dattaray	Member
13	Sanjana kharat	Member

> PROMOTION OF EVENT:

- Circulated the flyer in online mode officially as well as unofficially
- Announcements were made by members in different departments of the college

OUTCOME OF EVENT: - Successfully organized BMI and fat Check up for the faculty/staff as well as for the students of various departments of the college which was completely free of costs along with free doctor consultations

The campaign was conducted by the PHO committee of OCP in association with NATURE FIT (vashi)

The campaign was whole heartedly appreciated by all the individuals who were part of it



UNDER THE GUIDANCE OF: MR.BINITH RAJ SINGH -PHO IN-CHARGE

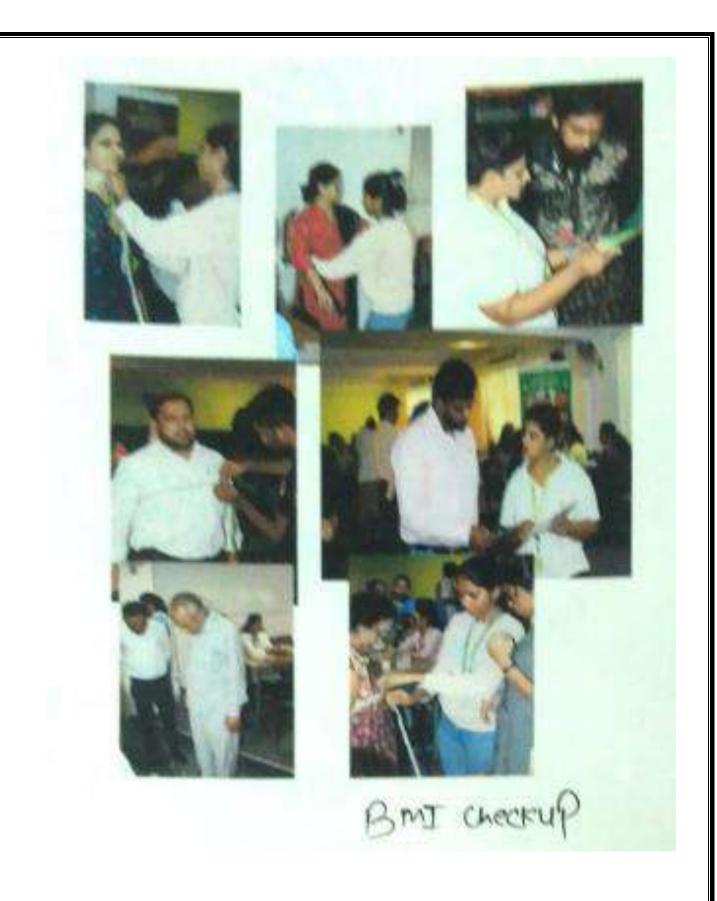
SPECIAL THANKS TO:

- DR.(MRS) SUDHA RATHOD (PRINCIPAL OF OCP)
- DR.MOHIB KHAN(VICE PRINCIPAL OF OCP)
- MR.BINITH RAJ SINGH (PHO IN-CHARGE)

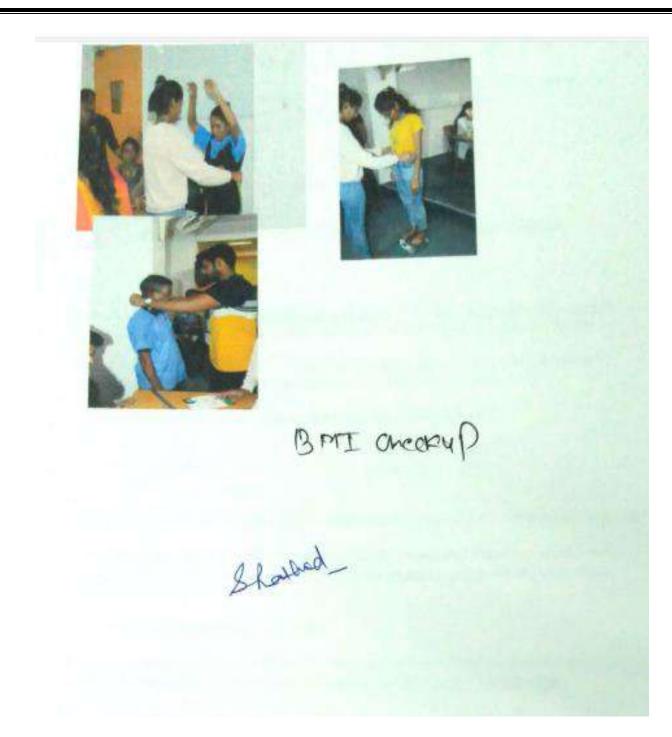
Sharbad



BMI Check-up Camp



BMI Check-up Camp



BMI Check-up Camp

Office Address (601): A Wing BSEX Yeah Park, Sector 30 A, Vashi, Navi Murstini - 400703. (Opposite Vashi Rahway Station, Next to Reliance Olgiful). (Nebsite: www.paturafit.by Contact: +91 99769 46402/04

TO WHOM IT MAY CONCERN

Subject: Health Camp by Nature Fit, AYUSH PRACTITIONERS:

Respected Sir / Madam, Greetings from NatureFir!

We wish to conduct a <u>natural healing health camp</u> at your <u>premises</u> residential complex | campus institutions banquet with clear focus on preventive healing and holistic health.

Naturefit is on a mission to make "Dur Indian" ancient medical system of medicine and hearing to be more accessible and available to all our citizen & globally.

As a part of the camp, we will conduct complete mind & body analysis. E. p.

- J. BP
- 2 Diabetic Pre-Diabetic
- J. BMI Fat Percentage Analysis
- 4.Stress Test
- Prakriti Analysis -[Vata/Khapa/Pitts] body type and suggest diet/lifestyle person to person.

We will be having Ayurved /Homeopathy /Yoga/ Dietician/ Unani consultations by expert doctors (any of the given experts). And their consultations fees are anywhere from Rs. 500 m Rs. 3000.

But we will be conducting at free of cost-

So, there is a higger objective of this camp to get natural healing to your doorstep and being a start-up, we appreciate all your support and exempt us for charges for the same.

Kindly give your consent for the same, so that we would take pre booking for the camp to avoid queue /waiting time.

Thanks & Regards, Naturefit

It's a Computer Generated doesn't need signature / stamp



NOTICE TEACHING/NON-TEACHING

It is to bring in your concern that PHO Committee in association with Nature Fit is organizing Health and Wellness Camp for Teaching Non-teaching & Students.

Consultar — doctors are from field of Ayurveda, Homeopathy & yoga. It is a kind requested to give your presence (10-15 Minutes) for free health checkup which includes BMI, BLOOD PRESSURE, BLOOD SUGAR LEVEL & EYE TEST.

Note: - There would be no allopathy advisors.

Venue: Ground floor, Seminar Hall,

21" October 2022, 10 am - 5 pm

Binch Ro

Ant.Prof Pharmacology

(PA/PHO in charge

Principal.

Dr. (Mrs.) Sudha Rathod

Oriental college of pharmacy.



Special Thanks to:

Dr. (Mrs.) Sudha Rathod (Principal of OCP)

Mr. Binit raj Singh (PPIO incharge) (who guided a lot for the skit)

Binith Raj,

Asst. Prof Pharmacology,

IPA/PHO Incharge

Principal,

Dr. (Mrs.) Sudha Rathod,

Oriental College of Pharmacy

FREE EYE CHECK UP CAMP

PUBLIC HEALTH OFFICE 2022-2023

EVENT REPORT - FREE EYE CHECK UP CAMPAIGN

AIM: To conduct free eye check up

- * LOCATION:
 - Oriental college of pharmacy(sunpada), reminer half.
- · DATE:
 - · 21-10-2022
- · ACTIVITY:
 - Vision checksp(screening)
 - o Free optometry.
- > LIST OF YOLLYDEERS INVOLVED.

SR.NO.	NAME	POSITION	
1	Fardeen Acoust	PHO Head	
2	Raj ankush rao	Associate	
3	Joeya Shaikh	Associate	
	Ruchi Yadav	Associate	
	Elanda clambey	Associate	
	Anikesh Yadav	Associate	
	Manyondra kumar Dubry	Member	
	Sidharth bhagat	Member	

Shorted

	Robit Yaday	Member
16	Ashutosh Yaday	Member
11	Priya Jaiswal	Member
12	Majushece eragi dattaray	Member
13	Sanjana kharut	Member

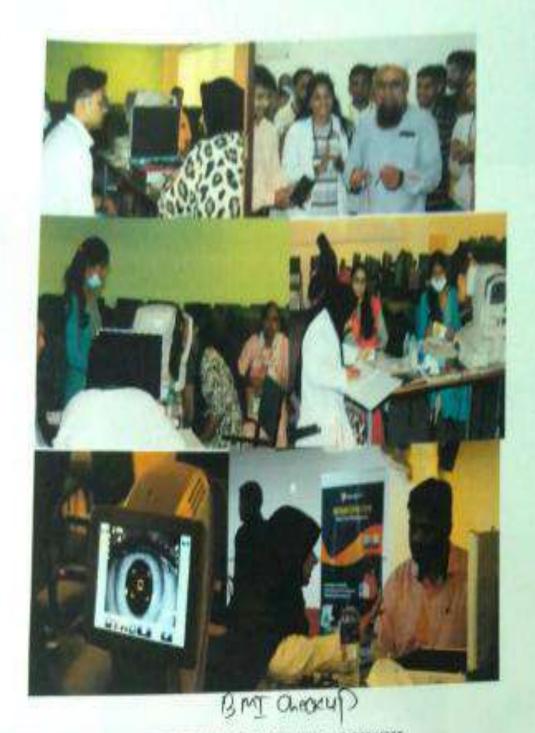
> PROMOTION OF EVENT:

- Circulated the flyer in online mode officially as well as unofficially
- Announcements were made by members in different departments of the college

OUTCOME OF EVENT: - Successfully organized eye check up campaign for the faculty/staff as well as for the students of various departments of the college which was completely free of costs along with free ophthalmologist consultations.

The campaign was conducted by the PHO committee of OCP in association with NATURE FIT (vashi).

The campaign was whole heartedly appreciated by all the individuals who were part of it.



UNDER THE GUIDANCE OF: MR.BINITH RAJ SINGH
-PHO IN-CHARGE

SPECIAL THANKS TO:

- DR.(MRS) SUDHA RATHOD (PRINCIPAL OF OCP)
- DR.MOHIB KHAN(VICE PRINCIPAL OF OCP)
- MR.BINITH RAJ SINGH (PHO IN-CHARGE)

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FREE DOCTOR CONSULTATION

PUBLIC HEALTH OFFICE 2022-2023

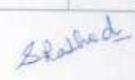
EVENT REPORT - FREE DOCTOR CONSULTATION

AIM: To conduct costless doctors consultation

- * LOCATION:
 - Oriental college of pharmacy(sanpada), seminar hall.
 - . DATE:
 - 0 21-10-2022
 - · ACTIVITY:
- Homeopathy doctor consultation (specially for akin, bair, infertility, PCOD)
 - Ayurveda doctor consultation (specially for pain management, diabetes, thyroid, and various gynae related issues)

LIST OF VOLUNTEERS INVOLVED:

SR.NO.	NAME	POSITION
	Furdeen Ansari	PHO Head
2	Raj ankush rao	Associate
3	Jeeya Shaikh	Associate
	Ruchi Yaday	Associate
	Khushi chaubey	Associate
	Anikesh Yadav	Associate
0	Manyendra kumar Dubey	Member



8	Sidharth bhagat	Member
9	Robit Yaday	Member
1.0	Ashotosh Yadav	Member
11	Priya Jaiswal	Member
12	Majushree eragi dattaray	Member
13	Sanjana kharat	Member

> PROMOTION OF EVENT:

- Circulated the flyer in online mode officially as well as unofficially
- Announcements were made by members in different departments of the college

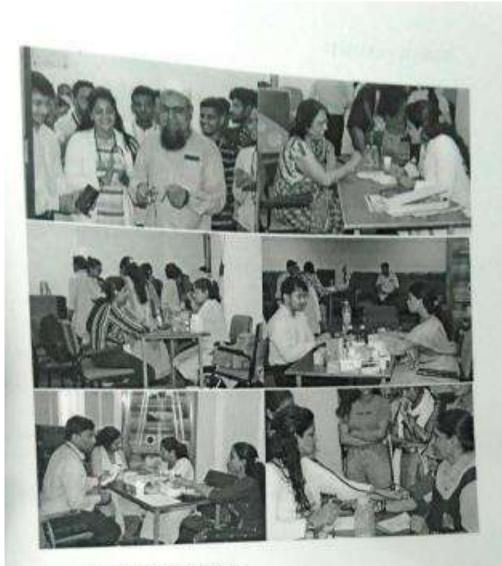
OUTCOME OF EVENT: - Successfully organized costless doctor consultation for the faculty/staff as well as for the students of various departments of the college.

Individuals with Skin, hair, infertility, PCOD, etc along with pain management, diabetes, thyroid, and various gynae related issues, were counselled by the doctor.

Faculties and students of different departments enthusiastically involved themselves in this campaign.

The campaign was conducted by the PHO committee of OCP in association with NATURE FIT (yashi).

The campaign was whole heartedly appreciated by all the individuals who were part of it.



List of doctors involved:

- Dr. Jayashree Madhekar (Ayurveda-pain management)
- Dr. Pragati Jagtap (Ayurveda and panchkarma, diabetes,thyroid, gyanaec)
- Dr. Rupa Upadhyay (Homeopathy-skin and hair)
- Dr. Leena Suryavanshi (Homeopathy-skin dicases,infertility,PCOD)

UNDER THE GUIDANCE OF: MR.BINITH RAJ SINGH

-PHO IN-CHARGE

SPECIAL THANKS TO

- DR.(MRS) SUDHA RATHOD (PRINCIPAL OF OCP)
- DR.MOHIB KHAN(VICE PRINCIPAL OF OCP)
- MR.BINITH RAJ SINGH (PHO IN-CHARGE)

& Rallad_

WORLD PATIENT SAFETY DAY

OWNERS ADOLE AD ION ROCKETY'S ORIENTAL COLLEGE OF PHARMACY rec to 1077, 105 is 10. Atherer is thousand of Market & Decime in \$40 high lines.



Date: 14/09/2002

The

Principal

Dr. (Mrs.) Sodha Rathol.

Oriental Education Society.

Subject: Permission for conducting skit on World Pattent Safety Day.

Respected Madain.

Structh Raj. Assistant Professor, Pharmacology department of Pharmacy, O.C.P it is to being in your concern on "Patient Safety and Pharmacoxigilance department of Boeletinger Ingelheim, lindus" has taken unitarive to collaborate with students of Oriental College of Pharmacy, under PHO Committee for a small skit program on MEDICATION ERROR.

Objectives:

- 1. To Spread Awareness
- Contribute to decrease the occurrence of medication errors.

It is my bumble request to kindly give permission for the same.

Thanking You,

Binith Raj.

Axst. Prof Pharmacology,

IPA PHO In-charge.

Principal,

Dr. (Mrs.) Sudha Rathod,

Oriental College of Pharmacy

Prot No. 3,4 % 5 Sector -2, Near Sanpada Railway Station, Sanpada, Navi Mumbai - 400705. Tel: 27758715/ 27752213 / 27751116 E-Mail: administrace edu in Website: www.ocp.edu.in

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Requirements:

- 1. Volunteers (8-10) to perform the road show
- A suitable location to host the event

Timelines:

12" September – 17" September

Budget:

These events will be financially aided by Boehringer Ingelheim India

Next Steps:

Incase you wish to collaborate with us on this project kindly revert back at the earliest.

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World Patient Safety Day- Project Proposal

An initiative by the Patient Safety and Pharmacoyigilance (PSPV) Department -Boehringer Ingelherm India

Project Background:

The PSPV train has always focused and emphasized on Patient Safety and their well-being. Every your the PSPV trains has been organizing events based on the WHO theme for world patient safety day which is held on 17° September. For the year 2022 WHO has declared the theme as Medication Safety.

The project focuses on Medication Error: What is it, The various categories that full into it, How an individual may come across it in his day to day life and How it can be evolded.

Project Objective:

- To spread invarious.
- Contribute to decrease the occurrence of medication errors

Project Scope:

The Thome Medication Safety is highly relevant to the Patient and Caregiver community and the Pativitism writes to-make the most out of it. Medication error is such a topic that one may come across in his /her daily life but may go unnoticed due to the lack of awareness and we wish to change that. We intend to reach out to people in the intendes of the country by organizing a road show in a dispensery/public area. Using daily life instances and eract scenarios based on those instances making it simple for the prople to relate to and undensuable how to prevent such errors. We wish to collaborate with your estem ned organization to help carry out this project in the rural areas and help prevent adversities that can be avoided just by spreading a little axis eness.

*All the volunteers will be provided with a certificate on behalf of Boehringer ingelheim PSPV team.

IPA-MSB-SF Interview

trate-felt felt 2012

Students who appeared for interview	Year
Sujal Jain	F.Y.
Shravani Pisal	1.9
Vidya Chand	7.Y
Hamza Menghrani	F.Y
Sadiqua Shaikh	F.9
Aviral Tripathi	F.V
Aditi Tayade	F.Y
Mansi Tiwari	S.Y
Richa Mahadik	5.Y

STUDENTS WHO GOT SELECTED:

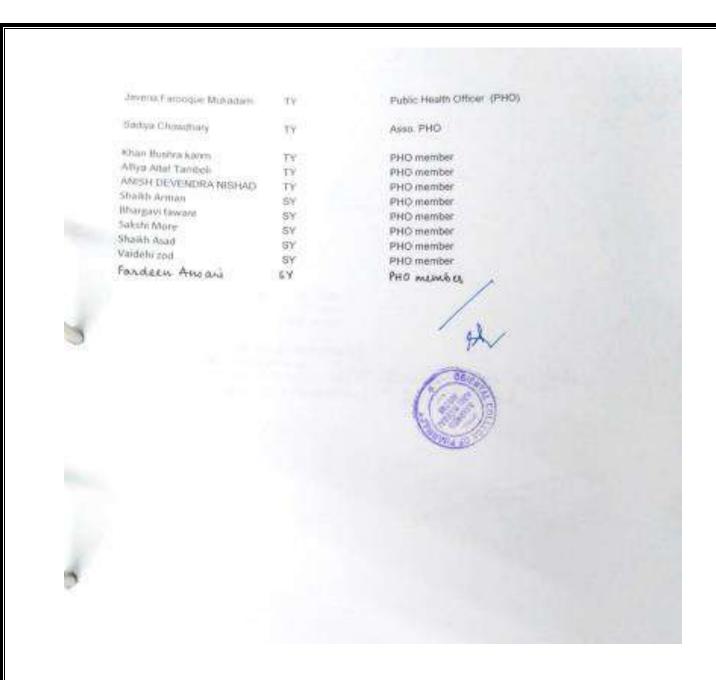
Executive Committee - HAMZA MENGHRANI

Cultural Committee- SHRAVANI UDAY PISAL

Editorial- AVIRAL TRIPATHI









ORIENTAL EDUCATION SOCIETY'S

ORIENTAL COLLEGE OF PHARMACY

Thermost by ACTS, PGC (I, ST., Affidated to University of Manda & Contract by BCC ROTH 2008)



Date:27/8/2022

V.

Dr. (Mrs.). Souths Rathod,

Principal.

Oriental College of Pharmacy.

Subject: Selected Students for College PHO committee

Respected malam.

I Bronth Ray, Assertant Professor, Pharmacy, Incharge IPA & PHO, based on below criteria of the marks obtained by the students charme the time of the interview dated 20° August 2022 following are the list of the selected students.

Selection Criteria.

Resume	Communication	Technical	Overall General
10 M	10 M	10 M	10 M

Selected Students.

5.No	Name	Current PHO Post
1 =	Mohd Fardeen Ansari (T.Y)	PHO HEAD
2	Om Singh	IPA PHO (SEO)
,	Ankush Rao	Associate PHO
4	Anikesh yadav	Associate PHO
5	Jerya Shaikh	Associate PHO
1	Ruchi Viday	Associate PHO
	Khushi Chmbey	Associate PHO
6	Alfryn Shuikh	Member

Pair Res. 5.4 & 5 Sector -2, Near Sorpada Aallway Station, Sanpada, Navi Mumbal + 400705.

Tel: 27758715/ 27752213 / 27751116

E-Mail: atmini@osir.cdu.ib Welinite: www.oca.edu.ib

ORIENTAL EDUCATION SOCIETY'S

ORIENTAL COLLEGE OF PHARMACY

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Rohir Yadav	Member
Sarreem Shaikh	Member
Aniya Iba	Member
Oracy Singh	Member
Vinnyak Dubey	Monber
Ankita Dubey	Member
	Shrik Nahida Laik Ahmod Ashutosh Yudav Rohit Yadav Sameem Shuikh Anaya Jita Gracy Singh Vinayak Dubey

Thanking You.

Binith Raj,

Asst. Prof Pharmacology

PHO & IPA In-charge

Principal

Dr. (Mrs.). Sudha Rathod.

Pior No. 3,4 & Sisertor -2, Mear Sampadu Rollway Station, Sangada, Navi Mumbai ~ 400705. Tel: 27758715/ 27752213 / 277533146 E-Mail: admini@octr.cdu.in Workste: www.bcs.adu.in

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BLOOD DONATION CAMP





CAMP CONFORMATION LETTER P.R.O.

SAMARPAN BLOOD CENTRE SAMARPON BLOOD Bidg Poster male (Tell 1.1.8 S. Marrison Way Securitoria)

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Name of Organizations ORIENTAL COLLEGE OF PHARMACY SEC 1. PLOT 3.4.5. SANPADA (E).

NAVI NIEMBAL

MEAR SAMPANA RAILWAY STATION Land Mark

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40+ 10 100 Espected collection

: (1) INTERIAL ANSAR CONTACTNO 1977221955 Contact Person

GOVANICA

Email Ep

· initiya ameri@ op edu in 005 . 02:07-1978

Contact Person (2) JAVER A FOURADMY CONTACT NO. 95 16 917235

Residential Address 1.A-602, SHELTER PARK / SEC-10. KHARGHAR

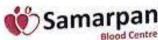
javeric mukadam@ocp.edu.in Email ED

DOS

Thanking you,

yours secondly,

DISENSAL COLL OF PHACE ACT



Date: -08/12/2021

To.

Oriental College of Pharmacy,

Sanpada,

SUB: Thanks Letter

Respected Madam/Sir,

We are very much thankful to you for organizing Voluntary Blood Donation Camp at Sec-2, Plot 3,4,5, Near Sanpada Railway Station, Navi Mumbai, Sanpada (East)-400703.

Time: 10:00 am TO 01:00 pm. 48 Donors approached in the camp for donation.

We are sure that you will be kind enough to arrange such type of Voluntary Blood Donation Camp at frequent intervals and help us to be part of service to humanity.

Thanking You Once Again.

Regards,

PROMr.LaxmanNaik 9594032514

Head PR. Ms.DarshanaUpadhyaya DS Wryev 9594032515pr@samarpanbloodcentre.org

^{1°} Floor, Good Wood Building, Patanwala Estate, L.B.S. Marg, Opp. Vijay Sales/Shreyas Cinema, Ghatknpar-West, Mumbai-400 086.

1° Floor, Good Wood Building, Patanwala Estate, L.B.S. Marg, Opp. Vijay Sales/Shreyas Cinema, Ghatknpar-West, Mumbai-400 086.

Sanarpan Blood Storage Centre, Hira Mongi Navneet Hospital, Mulund-West, hm@samarpanbloodcentre.org, 022-25932520, 9325102511

Diopoli Mahajan Samarnan Blood Storage Centre, Jalaram Nagar, Khopoli, km@samarpanbloodcentre.org, 02192-268750, 9325102511



NOTE :-

I) DONORS WILL BE PROVIDED WITH REFRESHMENTS, CERTIFICATES AND GIFTS.

- 2) EVERY DONOR WILL HAVE ACCESS
 TO A DONOR'S CARD BENEFITS.
- 3) ALL VACCINATED, PARTIALLY VACCINATED &
 NON VACCINATED DONORS CAN TAKE PART IN THIS
 ACTIVITY.
- 4) VACCINATED DONORS CAN DONATE BLOOD
 ONLY AFTER COMPLETING 2 WEEKS FROM THE DAY
 OF VACCINATION.
- 5) INCASE VACCINATIONS ARE SCHEDULED DURING
 THE WEEK OF BLOOD DONATION,
 ONE CAN ALWAYS POSTPONE IT FOR THE GREATER
 GOOD.
- 6) PLEASE EAT A HEAVY BREAKFAST BEFORE COMING FOR DONATION AND THE MEAL MUST INCLUDE INTAKE OF LARGE AMOUNT OF LIQUID (WATER, JUICE, ETC).

7) DO NOT DRINK, SMOKE OR CONSUME ANY FORM OF DRUG 24 HOURS PRIOR TO THE DONATION.

8) DONOR'S ELIGIBILITY CRITERIA,
AGE:18 AND ABOVE.
WEIGHT: 48KG AND ABOVE.

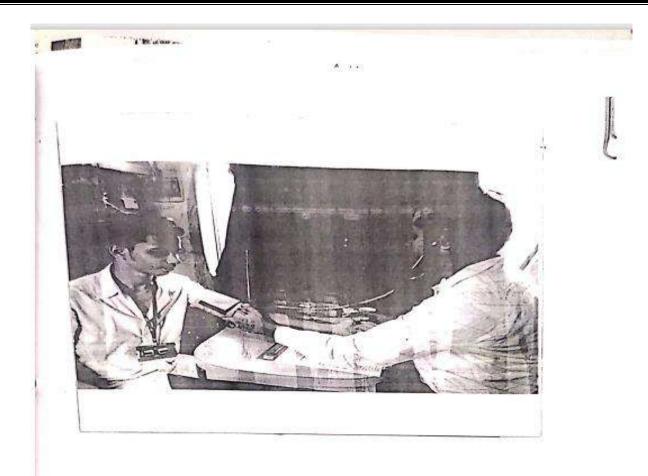
BLOOD DONATION CAMPAIGN

As known, safe blood and blood products and their transfusion are a critical aspect of care and public health. They save millions of lives and improve the health and quality of life of many patients every day. The need for blood is universal, but access to blood for all those who need it is not. Being aware of this situation, the PHO committee of Oriental College of Pharmacy had organized a Blood Donation campaign as a small contribution to the society. The Campaign was organized on 8th December 2021 in association with Samarpan Blood Centre. The campaign was inaugurated by the Principal Dr. (Mrs.) Sudha Rathod. The donors were provided with refreshments, certificates and gifts after donating their blood. They were also given the Donor's Card benefits. More than 40 donors donated their blood on that day. The campaign was promoted by sharing the posters on respective social media handles of the college and members. People were also personally contacted and informed by the members. The campaign was successfully held under the guidance of Dr. (Mrs.) Sudha Rathod (Principal of OCP), Mr. Imtiyaz Ansari (PHO In charge) and with the efforts taken by the PHO Committee.



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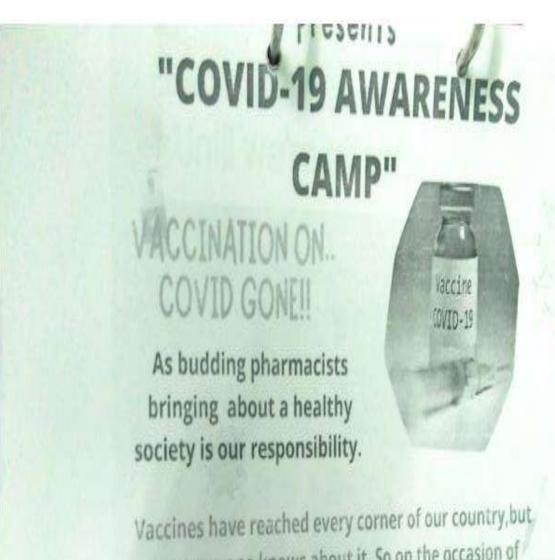




Blood pressure measurement before donating blood



Team behind the blood donation camp organized by Sarvodaya Hospital Samarpan Blood Bank at OCP



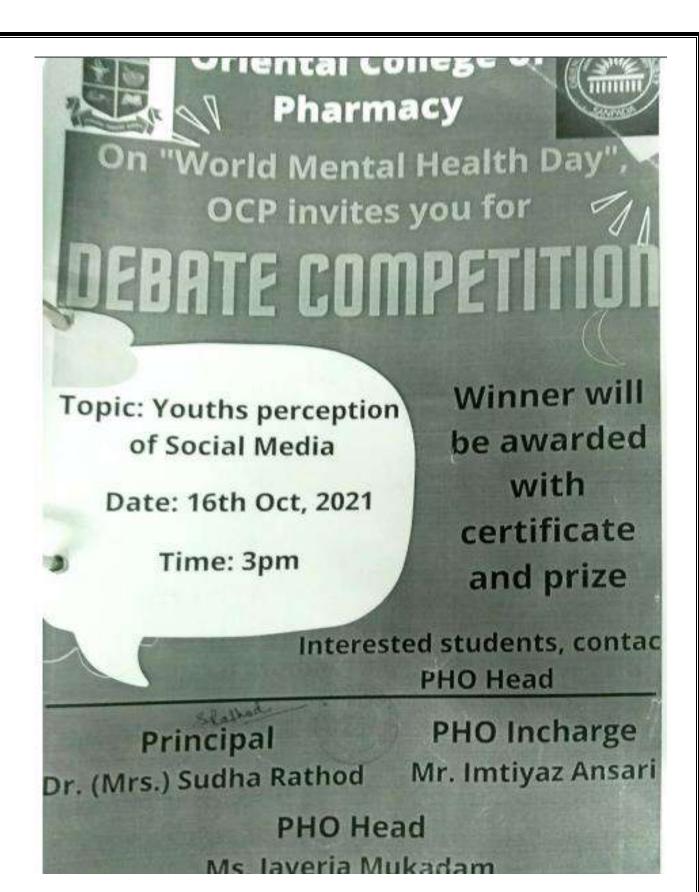
Vaccines have reached every corner of our country, but, not everyone knows about it. So on the occasion of 'World Pharmacy Week' and in order to spread awareness regarding this vaccination drive initiated by the government the students at OCP will hold a campaign to promote vaccination amongst the underprivileged. Also we'll be helping them get themselves vaccine registered.!!!

-On 23rd September 2021

COVID VACCINATION-19



WORLD MENTAL HEALTH DAY – "YOUTHS PERCEPTIONS OF SOCIAL MEDIA"



WORLD MENTAL HEALTH DAY – "RESPIRATORY WEEK"





To celebrate "Respiratory Week" OCP is conducting a

On 30th Oct 2021

1st prize:

Rs. 500

2nd prize:

Rs. 300

Last date of enrollment:

27th Oct

2021

If interested, contact PHO Committee

Principal Dr. (Mrs.) Sudha Rathod Mr. Imtiyaz Ansari

PHO Head

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WORLD MENTAL HEALTH DAY – "Video Making Competition"



ORIENTAL COLLEGE OF PHARMACY



On the occasion of National Pharmacist Week, OCP organizes

VIDEO MAKING COMPETITION

On 20th October 2021

Topic: "ROLE OF PHARMACIST

Last Date Of Submission: 20th Ocber 2021 at Ilam.



Registration Link: https://forms.gle/6HD uiRu4SX2q55LKA

Principal: Dr.(Mrs) Sudha Rathod

PHO Head: Mr.Imtiyaz Ansari

WORLD MENTAL HEALTH DAY - "REEL WAR"









Date: 10th July 2019

PHO COMMITTEE

This committee is formed in accordance with guidelines of AICTE

COMPOSITION OF PHO COMMITTEE

Sr.No	Name of committee members	Role in Committee	Designation	Signature
1	Dr. Sudha Rathod	Chairperson	Principal	Bland
2	Dr. Vanita Kanase		Associate Professor	Williamons
3	Dr. Mohib Khan	Member	Professor	

Functions of PHO Committee

- Policy Development: The committee contributes to the development of public health policies and strategies, ensuring they align with local, regional, and national health priorities.
- Program Planning: They plan and organize public health programs and initiatives, such as vaccination campaigns, health education programs, and disease prevention efforts.
- Health Education: The committee educates the community about health-related issues, promoting awareness and behavior change for healthier lifestyles.

Prepared by	Approved By
Ukanony	Stallist
Dr. Vanita Kanase, Co-ordinator, Assistant Professor	Dr. Sudha Rathod Chairperson, Principal

Activity Report – Hand wash awareness camp (08/01/2020)

10.11 Activity Report - Hand Wash Awareness Camp (08/01/2020)

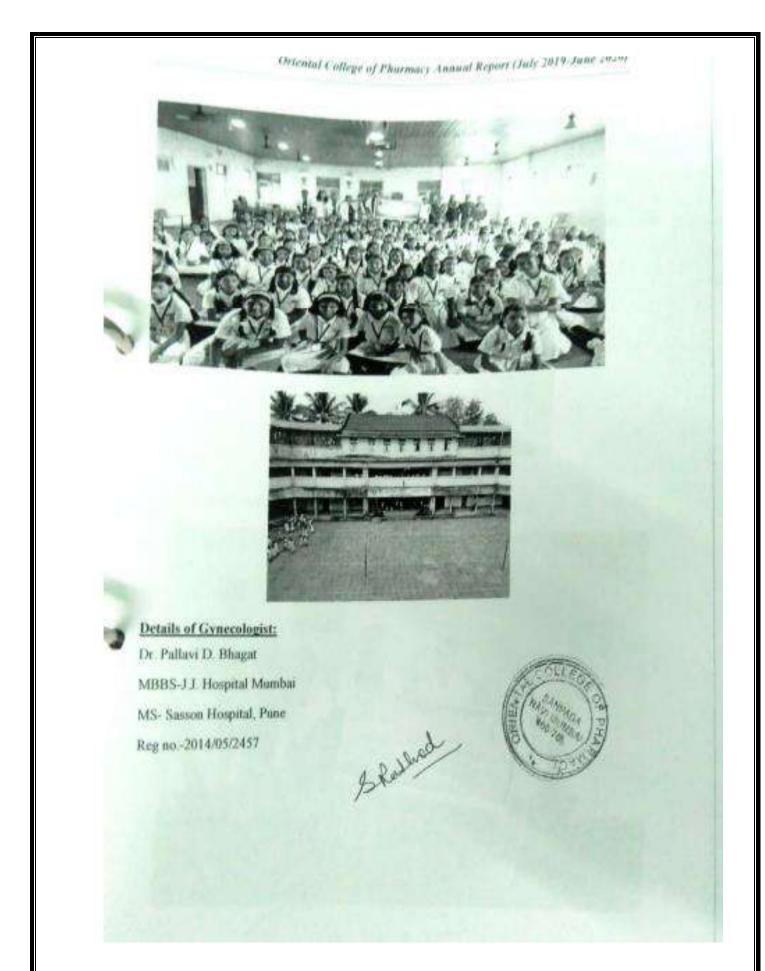




10.12 Oriental Education Society's Convocation Ceremony 2020

11/2 10

One of the premier and preferred group of institutions of Navi Mumbai, the Oriental Education Society's, Oriental College of Pharmacy (OCP), Sanpada College of Commerce and



We promoted the campaign in college and also by forwarding the message containing details of campaign

Students were confident and without any beutation asked questions to the volunteers which was quite surprising and this reassured that the motive of the campaign was successful. The students were very interactive during the session



We distributed Sanitary Napkins on the behalf of college to all students



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Talking about Menstruation is still a tabor in India, to go beyond tabor and educate students about menstruation as they are at the most prevalent age of holding misconception regarding menses.

Objectives of Campaign:

To ensure that girl students can not only handle their periods in way that's not only healthy but enables their full participation in school and other activities.

The campaign started with a general introduction of the volunteers and asking the students general question just to make them comfortable. We started the topic by asking them question about menstruation.





Topic of Discussion:

- 1. A brief idea about Menstruation
- 2. Diet during Menstruation
- 3. Use of Sanitary napkins & its Disposal
- 4. Maintenance of personal hygiene and its importance
- 5. Exercise and mediation
- 6. Ideas to reduce pain during menstruation
- 7. Clearing Misconceptions

We presented the topics through PowerPoint presentation and demonstrated through videos for clear understanding.

Promotion of Campaign:

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Academic Year 2018-19

10.10 PHO related activities

PUBLIC HEALTH OFFICE 2019-20

Indian Pharmaceutical Association-

Maharashtra State Branch Students Forum

Activity Report - Menstrual Hygiene Campaign

Oriental College of Pharmacy, Sanpada.

Coordinator: Imtiyaz Ansari

E-mail ID: imtiyaz.ansari@ocp.edu.in

Phone: 7977221955

S.N.	Location	Date	Timing	Activity
1	Rajawadi hospital, Near Somaiya college, Ghatkopar (East)	28th Nov, 2019	11:00am-12:00pm	Meeting gynecologist
2	Vivekanand Sankul, Sector 4, Sanpada, Navi Mumbai, Maharashtra 400705	2 nd Dec, 2019	1:00 pm-2:30 pm	Menstrual Hygiene Camp

Target Audience: 129 students

Students involved in activity: 6

List of the students involved

Name	Phone Number	
Varshita Singh	9082692395	
Namrata Nirmale	9967297216	
Sushmita Patil	9619078285	
Vartika Singh	9867075465	
Shweta Gupta	7977132527	
Ankit Jaiswar	8169090308	

Aim:

Skarlind

93

Talking about Menstruation is still a taboo in India, to go beyond taboo and educate students about menstruation as they are at the most prevalent age of holding misconception regarding menses.

Objectives of Campaign:

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Promotion of Campaign:

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We promoted the campaign in college and also by forwarding the message containing details of campaign.

Students were confident and without any hesitation asked questions to the volunteers which was quite surprising and this reassured that the motive of the campaign was successful. The students were very interactive during the session.



We distributed Sanitary Napkins on the behalf of college to all students







Details of Gynecologist:

Dr. Pallavi D. Bhagat

MBBS-J.J. Hospital Mumbai

MS- Sasson Hospital, Pune

Reg no.-2014/05/2457

Shadhad



10.11 Activity Report - Hand Wash Awareness Camp (08/01/2020)





10.12 Oriental Education Society's Convocation Ceremony 2020

One of the premier and preferred group of institutions of Navi Mumbai, the Oriental Education Society's, Oriental College of Pharmacy (OCP), Sanpada College of Commerce and

Stallad



6. PHO related activities

DATES	PHO Activity	
12/08/2017	Free Health Check-up Camp	
15/09/2017	Blood Donation Camp	
12/10/2017	World Arthritis Day Awareness Campaign	
1/01/2018	Menstural hygiene and management campaign	
11/01/2018	Blood Bank Visit	
13/01/2018	First Aid Awareness Campaign	

Free Health Check-up Camp:

Dated 12th August,2017:- In order to raise the awareness regarding regular heath check-ups, so as to improve the quality of life and enjoy good health throughout our life; under the guidance of principal madam Dr. Sudha Rathod, the Oriental College Of Pharmacy in association with Apollo Hospital organized a Free Medical Health camp for all the students and staff in A team of doctors from Apollo Hospital conducted the camp which includes General Physical examination, Blood Pressure check-up, BMI check-up, Blood Sugar check-up, Pulmonary Function test. Necessary medical advice and precautionary measures were given to the students. Altogether 193 people attended the Camp and the audience was informed how it is detected, how it can be prevented and what measures to be taken after detection.



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Blood pressure check-up, Blood Sugar check-up, Free doctor consultancy





Blood Donation Camp:

This campaign was organized by the Sarvodaya hospital Samarpan blood bank Ghatkopar and Oriental college of Pharmacy, the officials of blood bank arrived at the college campus. The main aim of this drive was to collect blood for the patients suffering from Thalassemia who need blood every 15 days.







World Arthritis Day Awareness Campaign:





As 12th of October is known for World Arthritis Day, the students of Oriental College of Pharmacy had decided to create an awareness about it.

Since Arthritis is generally referred to as joint inflammation and occurs more frequently as people get older so we decided to visit an old age home to create awareness amongst them. FOLLOWING EVENTS CONDUCTED:

1. Information Provided About The Diseases





Basic information about arthritis like symptoms, causes and treatment was given to the people and also there was a talk that was delivered by Dr.Sayyed Mateen. He gave information about the routine to be followed and the routine to be followed as a second and the routine to be followed and the routine to be f

2 .Knee Pain Management through Yoga





There were certain yoga poses that was shown through videos and some volunteers since Yoga poses enhance the flexibility of joints and help in relieving knee pain, thus help full in arthritis. On the behalf of the collegestudents multigrainflour, milk, electral powder and some other nutritious food was given as a token of love. It was very satisfying to see that people were responded very well and there was a lot of interaction between students and the people in the old age home. It was a pleasant atmosphere they were pleased to see the students.





Menstural hygiene and management campaign:

Students of Oriental College of Pharmacy had organized a campaign on Menstural hygiene and management at Swami Vivekanand Municipal school to spread awareness about menstrual hygiene so that we can break menstruation myths and taboos. The aim of campaign was to "break the silence" and to empower young girls with information about hormonal changes during their puberty.





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Students provided them with information in local languages about basic menstrual cycle, the signs /symptoms involved and how to take care about their menstruallygiene. Students also demonstrated through videos the precautions and diet plan which should be included. Sanitary napkins were distributed to the students and the volunteers showed a demonstration how it can be used. Students counseled each individually and provided them with require information and gave best to solve individual quires, which was unspoken by most of Indian parents.

Life as a woman is meaningful, fun, challenging, exciting, and rewarding, proud to be a women!!!!

Blood Bank Visit:

Blood Bank Visit – organized by the Student Exchange Office of IPA-MSB-SF, was held at Samarpan Blood Bank at Sarvodaya Hospital, Ghatkopar, Mumbai on 9th January 2018. Blood Bank Visit was attended by First YearStudents and Second Year IPA members of Oriental College of Pharmacy.

The visit was informative, as a record of 52 students participated in it. It was a 2 hours visit which started at 04:00 p.m. Miss Poonam Pandey and her colleagues gave information about storage, equipments used, RDP, SDP, different blood groups, detail about rare blood group, information about blood, Information about Blood Donation, Procedure about Blood Donation, How Blood Is donated to the person, product packing, separation of blood products, labelling, demotions, colours used of denotations. One form was provided to the students including questions regarding blood, blood banks, blood composition, blood donation, etc. Blood Bank provided the pamphlet to students which contain contact details of various Blood Banks.

The seminar was informative. Question and answer session was held for students. Certificates were provided to the students who attended the BBV. Students gathered knowledge about Blood and it's storage.









First Aid Awareness Campaign:

Coordinator:- Laxmi Vijaychnad Yadav









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6. Teachers Welfare committee organized a picnic for faculty on 10th May 2018 to Tikuji-Ni-Wadi, Thane. All teachers enjoyed the water slides, rides and had fun throughout the day. This initiative taken by management was highly appreciated.



Photo Gallery of Faculty Picnic

7. Swacch Bharat Mission: Swachh Bharat Mission is India's first mass movement for a clean nation. Launched on October 2, 2014, the Prime Minister's flagship programme has made the issue of sanitation a national priority.

VISION: The Campaign aims at declaring the nation open defecation free.

MISSION:To create awareness among the people related to drinking water and sanitation.

To accomplish the above mission Oriental College of Pharmacy organized "Swachh Bharat Summer Internship" for students.

Nodal Officer [Dr. Vanita Kanase] from ORIENTAL COLLEGE OF PHARMACY made groups of 10 students each for summer internship which started from 16th May 2018 onwards for 15 days (100 hours). The students during the internship programme visited slums to create awareness among the people residing in that area regarding cleanliness and sanitary hygiene.





ECOCLUB ACTIVITIES

Academic Year 2022-23

ORIENTAL EDUCATION SOCIETY'S

ORIENTAL COLLEGE OF PHARMACY

(Approved by AICTE, PCI, D.T.E., Affiliated to University of Mumbai & Certified by ISO 9301-2008)



Date: 28/08/2023

Report

Paryavarn Sanrakshan Gatividhi (PSG)

Subject: National Students Paryavaran Competition (NSPC)

Climate control is the top agenda under the leadership of our Hon'ble PM. It is now a wellestablished fact worldwide that concerted efforts are required for climate control to avoid
further degeneration which may result in irreversible consequences. The ministry of
Environment, Forest and Climate Change had organized National Students Paryavaran
Competition (NSPC) under the aegis of Paryavaran Sanrakshan Gatividhi (PSG), which was
scheduled from 1st July, 2023-21st August, 2023. The objective of this program was to succeed
in creating awareness amongst students to comprehend in depth the complexity of looming
dangers of uncontrolled climate devastation.

64 students from Oriental College of Pharmacy enthusiastically participated in the competition. All of them received certificates for participation.

10 students and eco club incharge got certificates for their outstanding performance in the competition.

Oriental College of Pharmacy got certificate for its participation in this awareness drive.

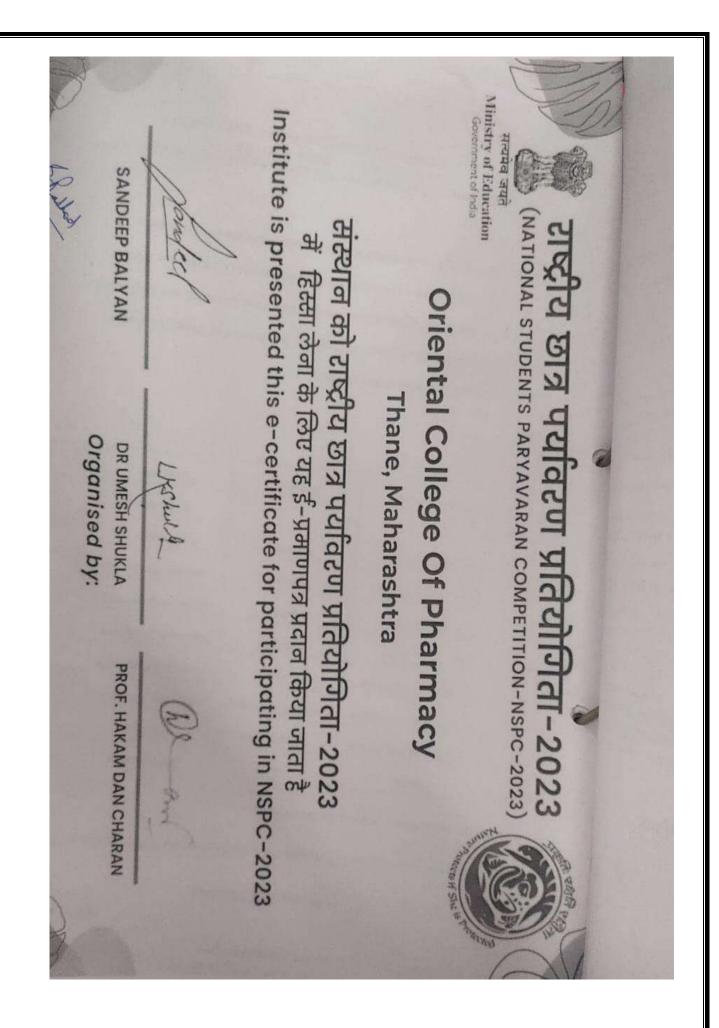
The competition did not take any monetary registration fees, rather they requested to sow seeds as the registration fees. With regards to this an initiative of tree plantation was undertaken in OCP in the medicinal garden. Principal of OCP Dr. (Mrs.) Sudha Rathod and other profs took part in the same.

Principal

Dr. (Mrs.) Sudha Rathod

Eco ctub incharge

Ms. Sanie Zehra Shaikh



Report

Painting Competition

Eco-club cell of Oriental College of Pharmacy arranged painting competition during the cultural week of college. Theme of this competition was "Conserve what our children deserve"

Students had to express through different hues, ways to curtail the environmental blues. They had to portray a clear message to the observer through their painting to save the environment/ nature like trees, plantations, air, water, ozone, soil, mountain, forest, wildlife, birds, aquatic animals, endangered species, or any other relevant subject related to nature. Writing short slogan was allowed to support the depiction.

This competition was held on 23rd February, 2023, between 10 a.m. - 12 p.m. in 3rd floor Pharmaceutics lab. A3 size canvas papers were supplied, which was purchased from amazon and costed 396/- for 12 sheets. Painting materials were brought by students. There were in total 13 participants from which 12 turned up for the competition.

Dr. Pradnya Palekar Shanbhag, Dr. Vandana Jain and Ms. Jhilika Singh were the evaluators. Codes were given to the participants, to keep the judges blind in order to avoid any bias. Based on the average scores given by the judges, 3 prizes were given.

1st: Eco-05 (Ms. Mauli Sangar from F.Y. B. Pharm-B)

2nd: Eco-01 (Ms. Meena Gupta from T.Y. B. Pharm-A)

3rd: Eco-06 (Ms. Nehal Sarvaiya from T.Y. B. Pharm-B)

Cash prizes and achievement certificates were given to all winners on the following annual day. First prize 1000/-, second prize-600/- and third prize-400/-. All the other participants were given participation certificate.

All the paintings done by students were very beautiful. They were presented to Principal-Dr. (Mrs.) Sudha Rathod, she was highly impressed, praised all students and asked to keep all paintings on display.

Dr. (Mrs.) Sudha Rathod

Ms. Sanie Zehra Shaikh



















ECO-01

Report of World Earth Day celebration

On 22nd April 2022, on the occasion of World Earth Day, Eco-club committee of Oriental College of Pharmacy celebrated the day by planting new medicinal herbs in our medicinal garden, which will not only benefit our earth but they will be beneficial for humans as well.

Every year on April 22, billions of people across the globe join together to raise the awareness about environmental protection. Today around 1 billion people in 193 countries take part in Earth Day and resolve to protect the environment and biodiversity.

Eco-Club committee contributed a bit to this and few medicinal herbs were planted by our principal madam, teaching staff, non-teaching staff and committee in-charges.

Dr. Sudha Rathod

(Principal)

Ms. Swarnali Manick

(Eco-club co-ordinator)

Ms. Sanie Zehra Shaikh

(Eco-club co-ordinator)

Images of Event: World Earth Day celebration

















Page **167** of **179**













Report

Best out of waste/ Build the trash

Best out of waste event was organized by the Eco-club cell of Oriental College of Pharmacy in the cultural week of college. The theme of the event was anything useful and innovative out of daily wastes. Students had to make something useful out of daily wastes like peanut shells, egg shells, coconut shells, used matchsticks, empty blister packs of tablets or capsules, empty medicine bottles, dry leaves or flowers, old used clothes, used paper or plastic cups straws, used pens, etc. Students were encouraged to actively participate in the event.

On 16th March, 2022 event was arranged in S. Y. B. Pharm classroom (207) at 12:00pm. There were 5 groups of 3 individuals each. Models on completion were evaluated by Mrs. Varsha Patil and Mrs. Aparajita Patil.

First and second winners were awarded with cash prizes of 1000 and 500 each and certificates to each winner. All the other participants were given consolation certificate.

The first prize winners were from S. Y. B. Pharm Division-B, they had made a model on the concept of Neuro-humoral transmission in Pharmacology.

Principal Dr. Sudha Rathod came to see the models and was highly impressed with first prize winning model, and thus madam asked to display it in OCP museum.

Principal

Dr. Sudha Rathod

Fco slub in charge

Ms. Sanie Zehra Shaikh

Eco club in charge

Ms. Swarnali Manick















ORIENTAL EDUCATION SOCIETY'S ORIENTAL COLLEGE OF PHARMACY



(Approved by AICTE, PCI, D.T.E, Affiliated to University of Mumbai & Certified by ISO 9001:2008)

REPORT

WORLD ENVIRONMENT DAY 2021

Date: 5th June 2021, Saturday

World Environment Day is celebrated every year on 5th June since 1974. World Environment Day has been celebrated by the United Nations with a view to create awareness and encourage people to act for the protection of the environment.

Multiple environmental issues like marine pollution, human overpopulation, global warming, sustainable consumption, and wildlife crime need special address so as to conserve and protect our environment. Based on these requirements the UN declares a theme to achieve these goals. The theme for World Environment Day 2021 was Reimagine, Recreate, Restore.

To create awareness amongst the students of OCP, a virtual poster competition was held on the occasion of the World Environment Day. The students were given freedom to use their preferred medium to create a poster to represent their ideas. Following the current governmental COVID-19 norms this competition was a held in a virtual mode and the pictures of the posters were evaluated by the judges. Two best entries were awarded. The first prize was awarded to Ms. Komal Gupta of F. Y. B. Pharm and the second prize winner was Ms. Nisha Rajbhar. Awards in the form of gifts were home delivered to the prize winners.

Dr. Sudha Rathod

Principal
PRINCIPAL
OWNENTAL COLLEGE OF PHARMACY

Dr. Manasi Gholkar

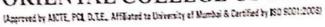
Cultural In-charge

Mr. Suraj Gupta

Associate Cultural In-charge

ORIENTAL EDUCATION SOCIETY'S

ORIENTAL COLLEGE OF PHARMACY





- In accordance with the competition, it was suggested to undertake tree plantation before 25th August.
- Gardener updated the madam and members on dry and wet waste separation, management, and utilisation of compost.
- Madam suggested to keep file updated as required by NAAC accreditation.

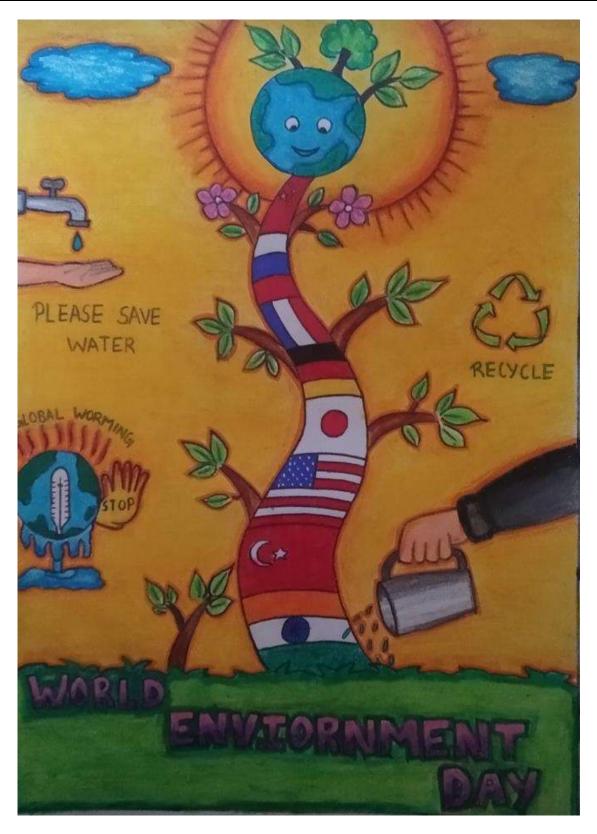
Meeting ended with thanks to all the present members.

Principal

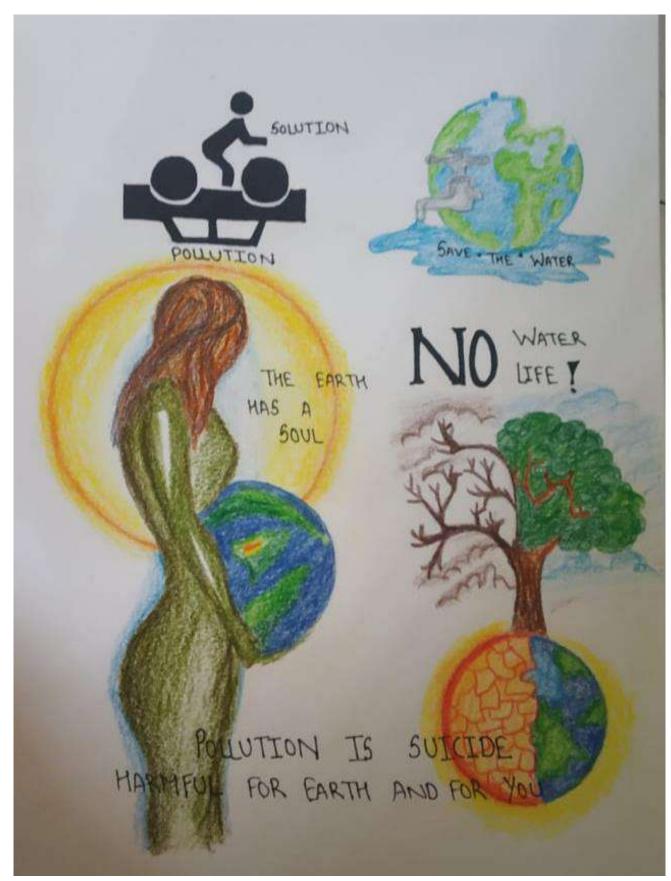
Dr. (Mrs.) Sudha Rathod

Eco Club Incharge

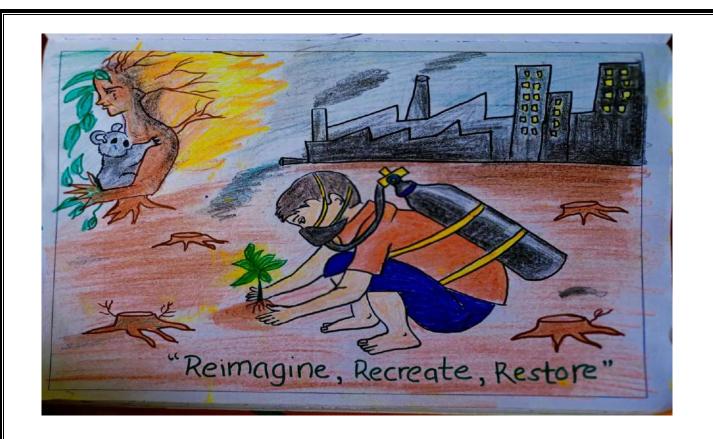
Ms. Sanie Zehra Shaikh

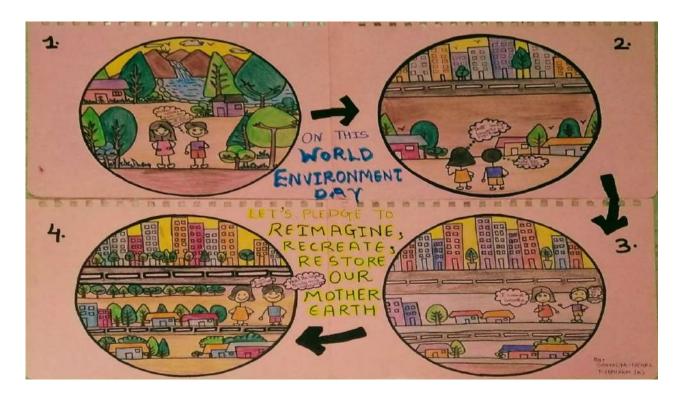


World Environment Day 05th June 2021

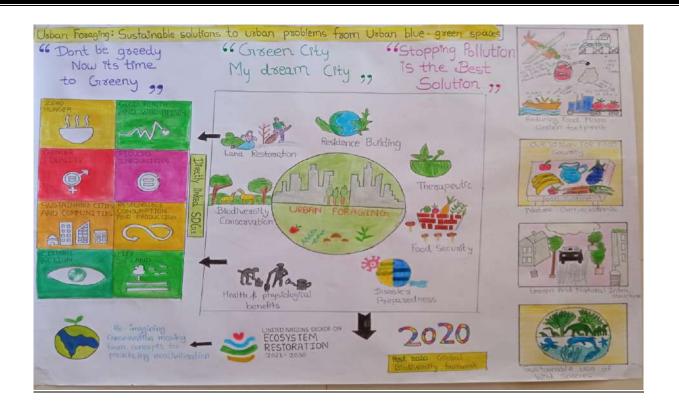


World Environment Day 05th June 2021





World Environment Day 5th June 2021



World Environment Day 05th June 2021