



# Academic Year

## 2022-23

DLLE committee

3<sup>rd</sup> Aug 2022.

To,  
The Principal Madam,  
Oriental College of Pharmacy,  
Sanpada, Navi Mumbai- 400705.

Subject – Permission to conduct World BreastFeeding Week Campaign.

Respected Madam,

We are planning to conduct a campaign on the occasion of "World Breastfeeding Week" by visiting Agrawal Nursing Home in Vashi on 5th August 2022. DLLE students will be creating awareness about the benefits of Breastfeeding and guiding them to promote Breastfeeding. Also we would like to appreciate them by giving roses and chocolates.

We hereby request you to grant us permission to conduct the event.

Thank you,

Yours sincerely,  
DLLE committee.



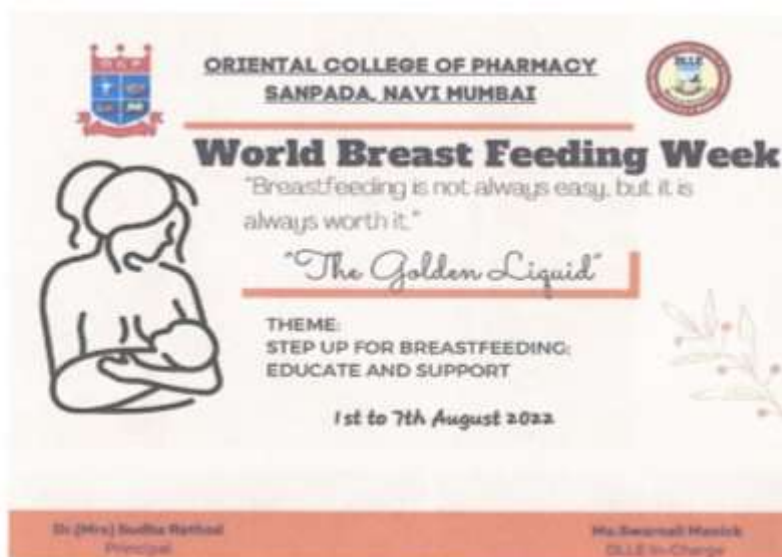
Ms. Swarnali Manick  
(DLLE In-charge)



Dr. Sudha Rathod  
(Principal)



## Report of World Breastfeeding Week (1<sup>st</sup> to 7<sup>th</sup> August 2022)



Students from DLLE committee from Oriental College of Pharmacy, Sanpada had visited various hospitals and maternity homes in groups from 1<sup>st</sup> to 7<sup>th</sup> August 2022, to inculcate the importance of breastfeeding the first milk among the young new mothers and/or pregnant women.

The students also distributed sweets and flowers to all the women as a token of appreciation to fight all the pain and burden to give birth to a new life.

Students also themselves learnt the importance of the same, their confidence to present themselves increased and also there were happy faces at the end of the day by meeting new born babies.

Approximately 20 to 30 DLLE students took part in this initiative.



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*Students in groups visited different hospitals and nursing homes*

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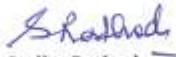
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*Student distributing chocolates among the mothers*

  
Dr. (Mrs.) Sudha Rathod  
(Principal)  
Oriental College of Pharmacy  
Plot No. 3, 4 & 5, Sector-2,  
Sanpada, Navi Mumbai



  
Ms. Swarnali Manick  
(DLLE Co-ordinator)

---

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## Report of National Nutrition Week (1<sup>st</sup> to 7<sup>th</sup> September 2022)

**NUTRITION WEEK**  
THE DLLE COMMITTEE  
ARE ORGANIZING A FOOD DONATION DRIVE ON THE OCCASION OF NATIONAL NUTRITION WEEK.  
YOU CAN BE A PART OF THIS NOBLE DEED BY DONATING:  
CEREALS (Wheat, Oats, Barley, Poha, Jowar, Rice etc)  
PULSES  
FRUITS  
VEGETABLES  
Collection date: 16 sep 2022 to 17 SEP 2022.  
Any quantity will be appreciated.

Dr.(Mrs)Sudha Rathod  
Principal

Ms.Swarnali Manick  
Mrs.Aparajita Patil  
DLLE Incharge

**ORIENTAL COLLEGE OF PHARMACY**  
SANPADA, NAVI MUMBAI  
Approved by AICTE, PCI, D.T.E. & Affiliated to University of Mumbai.  
NATIONAL NUTRITION WEEK  
1st to 7th September  
Organizing activities on the occasion  
SPEAKER:  
Dr. (Mrs) Sudha Rathod  
Principal  
Topic: "MINDFUL EATING, MYTHS AND FACTS ON NUTRITION"  
DATE: 16 sep 2022  
TIME: 2:30 pm to 3:30 pm  
VENUE: SEMINAR HALL  
Ms. Swarnali Manick  
Mrs. Aparajita Patil  
DLLE Incharge

On the occasion of National Nutrition Week, students of DLLE committee from Oriental College of Pharmacy, Sanpada got an auspicious opportunity to organize Food Donation drive under the guidance and notion of the DLLE in-charge Ms. Swarnali Manick.

Around 60 to 70 students had taken this advantage of doing noble deed by donating food (such as rice, flour, cereals, pulses, fruits, vegetables) to the needy ones.

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Students made the collection from all the teaching, non-teaching as well as pharmacy students, those who wished to donate and distributed in various places such as near Sanpada station and to the workers residing below Sanpada bridge. One group of students had also distributed in one of the old age homes to the elderly people.

By this activity, students inculcated the human values of donating and feeling of prosperity within themselves.



*DLE co-ordinator and DLE students with the principal*

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2



*Food Donation Drive*

3

### Food Distribution Drive



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Ms. Swarnali Manick had also organized a seminar on the topic "Mindful eating, myths and facts on nutrition".

Ms. Datta Patel, HOD of Nutrition and Dietetics in D.Y. Patil School of Medicine and Hospital, Nerul, had addressed the crowd on 16<sup>th</sup> Sept 2022.

She was an expert and a wonderful session was delivered regarding dos and don'ts to be followed to be healthy and physically fit. The session started with a small skit on nutrition, performed by S.Y. students, under the guidance of Ms. Swarnali Manick.



*Ms. Swarnali M. & Mrs. Aparajita awarding Ms. Datta Patel*

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*Anchors*



*The host showing the correct sitting posture*



*Audience for the seminar*




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*Ms. Dalta Patel  
(the host)*

*The host with the teaching staffs and  
the DLLE Students*

  
**Dr. (Mrs.) Sudha Rathod**  
**Dr. (Mrs.) Sudha Rathod**  
**(Principal)**  
Oriental College of Pharmacy  
Plot No. 3, 4 & 5, Sector-2,  
Sanpada, Navi Mumbai.



  
**Ms. Swarnali Manick**  
**(DLLE Co-ordinator)**

Plot No. 3,4 & 5 Sector -2, Near Sanpada Railway Station, Sanpada, Navi Mumbai – 400705.

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**Attendance of DLE students for attending seminar on National Nutrition  
Week (29<sup>th</sup> Sept 2022)**

**S.Y.B.Pharm**

Roll no	Name	Signature
2	Kanchan Badode	<u>Kanchan</u>
3	Komal Prakash Bandre	<u>bandre</u>
7	Neha Amarnath Bind	<u>Neha</u>
8	Rasika Bordekar	<u>Bordekar</u>
11	Abhishek Choudhary	<u>Choudhary</u>
12	Sahil Chaudhary	<u>Chaudhary</u>
14	Manjushree Eragi	<u>Eragi</u>
18	Niraj Gupta	<u>Niraj</u>
19	Rajkumar Sanjay Gupta	<u>Rajkumar</u>
20	Rohit Suryabhan Gupta	<u>Rohit</u>
21	Shivam Gupta	<u>Shivam</u>
22	Shivam satyanaayan Gupta	<u>Shivam</u>
25	Esha Rakesh Jain	<u>Esha</u>
28	Priya Jaiswal	<u>Priya</u>
31	Ananya Niraj Jha	<u>Ananya</u>
33	Nitin Kanojiya	<u>Nitin</u>
39	Bunty Gopal Lohar	<u>Bunty</u>
40	Aaqib manzoor mir	<u>Aaqib</u>
44	Shivani Mishra	<u>Shivani</u>
47	Vaishnavi Bharat More	<u>Vaishnavi</u>
48	Murtaza Mustaq	<u>Murtaza</u>
49	ovais mohi ud din	<u>Ovais</u>
50	Monali Madhab Panda	<u>Monali</u>
51	Swapnil Umeshkumar Pal	<u>Swapnil</u>
53	Aryan Pandey	<u>Aryan</u>
55	Saraubh Pandey	<u>Saraubh</u>
57	Raju Santal Pasi	<u>Raju</u>
58	Narayan Bhagyal	<u>Narayan</u>
61	Bhakti Pathak	<u>Bhakti</u>
62	Pathan Anjum Khaja	<u>Pathan</u>
63	Priti Patil	<u>Priti</u>
41	Mohammed Hamza meghhani	<u>Mohammed</u>



64	Shweta Patil
67	Shivani Pisal
68	Archana Radhakrishnan
70	Bharat Rathod
71	Nikita Rawat
72	Sanjana Sahu
75	Mukesh Saw
77	Sayyad Samina Elahi
79	Alfiya Shaikh
82	Saikh Jeeya
84	Numa Shaikh
85	Sadiqua Shaikh
86	Sameem Shaikh
87	Shahzad Shaikh
88	Shehnaz Shaikh
89	Zaid Shaikh
90	Sobiya Siddique
91	Ayush Singh
93	Vishnu Singh
94	Hibaa Surti
97	Pradnya Tiwari
98	Sanjana Tiwari
99	Aviral Tripathi
100	Sejal Wabhle
101	Aadarsh Yadav
105	Preeti Yadav
106	Rohit Yadav
107	Ruchi Yadav
108	Suraj Yadav
74	Priti Sasmal

Shweta  
Shivani  
Archana  
Nikita  
Sanjana  
Mukesh  
  
Sayyad  
Alfiya  
Saikh  
Numa  
Sadiqua  
Sameem  
Shahzad  
Shehnaz  
Zaid  
Sobiya  
Ayush  
Vishnu  
Hibaa  
Pradnya  
Sanjana  
Aviral  
Sejal  
  
Preeti  
Rohit  
Ruchi  
Suraj  
Priti

98	Mansi Tiwari
101	Rohit Yadav
103	Sakshi Yadav
104	Shailendra Yadav
105	Valdehi Zod
109	Vinayak Dubey

X Mansi Tiwari  
X Rohit Yadav  
X Sakshi Yadav  
X Shailendra Yadav  
X Valdehi Zod  
X Vinayak Dubey

**Final Yr B pharm**

**Roll no Name**

**Signature**

2	Sejal Chaurasiya
4	Sadiya Chaudhary
5	Avantika Dubey
13	Narsinha Jadhav
14	Rajeshree Jadhav
17	Bushra Khan
19	Juned Khan
20	Bilal Khan
21	Rafik Khan
28	Subhendu Mathur
32	Javeria Mukadam
33	Sahil Mulla
39	Janhavi Panchal
42	Sweta Pandey
45	Shweta Ramugade
58	Pratik Sonawane

*Shweta Ramugade*

ORIENTAL COLLEGE OF PHARMACY  
SANPADA, NAVI MUMBAI



# CERTIFICATE

OF APPRECIATION  
PROUDLY PRESENTED TO

*Ms. Datta Patel*

IN GRATEFUL RECOGNITION FOR INVALUABLE CONTRIBUTION AS GUEST  
SPEAKER DURING THE CONDUCT OF SEMINAR ENTITLED ,

"MINDFUL EATING, MYTHS AND FACTS ON NUTRITION"

HELD ON 16 SEPTEMBER 2022

MS.SWARNALI MANICK  
DLLE INCHARGE

DR.(MRS)SUDHA RATHOD  
PRINCIPAL

MRS.APARAJITA PATIL  
DLLE INCHARGE



## Report of National Cancer Awareness Day (7<sup>th</sup> November 2022)

**ORIENTAL COLLEGE OF PHARMACY**  
 SANPADA NAVI MUMBAI

ON OCCASION OF

**NATIONAL CANCER AWARENESS DAY**

THE DILE UNIT OF OCP IS ORGANISING...

**QUIZ** COMPETITION

TOPIC: CANCER AWARENESS, RISKY AND ITS PREVENTIVE MEASURES

**GUIDELINES:**

- Competition is open to all Dile and Non-dile students.
- Competition will contain 2 rounds.
- Each team will consist four students.
- There will be total 20 questions.
- For every correct answer points will be awarded.
- The participants are not allowed to use mobile or other electronic devices.
- IT cards are mandatory.
- Handwriting is not allowed.
- Evaluator decision is final and binding.
- Refer file for further rules.
- Winners will be awarded with exciting prizes.

DR. [Mrs] SUDHA RATHOD  
 PRINCIPAL

Ms. SWARNALI MANICK  
 Mrs. APARAJITA PATIL  
 DILE INCHARGE

**ORIENTAL COLLEGE OF PHARMACY**  
 SANPADA NAVI MUMBAI

On the occasion of

*National Cancer Awareness Day*

THE DILE UNIT IS ORGANISING...

**Poster Presentation** COMPETITION

Topic: **NOVELTY IN THE CANCEROUS WORLD**

**GUIDELINES:**

- Competition is open to all Dile and Non-dile students.
- No restriction on dimensions.
- Maximum 4 participants in a group.
- Time limit for presentation is 10 minutes.
- Evaluator decision is final and binding.
- Winners will be rewarded with exciting prizes.

DR. [Mrs] SUDHA RATHOD  
 PRINCIPAL

Ms. SWARNALI MANICK  
 Mrs. APARAJITA PATIL  
 DILE INCHARGE

**ORIENTAL COLLEGE OF PHARMACY**  
 SANPADA NAVI MUMBAI

On occasion of

**NATIONAL CANCER AWARENESS DAY**

THE DILE UNIT OF OCP IS ORGANISING

**Rangoli** Design Competition

TOPIC: **CLOSE THE CARE GAP**

Pledge yourself to spread awareness and end the inequality towards killer disease- Cancer

**GUIDELINES:**

- Competition is open to all Dile and Non-Dile students.
- No restrictions on dimensions.
- No infringements accepted.
- Can be done in duo or group of 4 (max)
- Evaluator's decision would be considered as the Final Decision.
- Winners will be awarded with exciting prizes.

Date: 7th Nov 2022 Time: 2:30pm

Dr. (Mrs) Sudha Rathod  
 Principal

Ms. Swarnali Manick  
 Mrs. Aprajita patil  
 Dile incharge







DLE committee co-ordinator Ms. Swarnali Manick decided to celebrate National Cancer Awareness Day by intra-collegiate competitions by which students can learn themselves as well as make others aware about the innovative modern technologies of early detection and novel drug treatment of various cancer.

Competitions such as Poster, quiz and rangoli making were held in the college premises in which winners were awarded with cash prizes for encouragement. Students from S.Y.B.Pharm showed great enthusiasm with maximum participation in all the competitions.

Poster competition was judged by Ms. Sanie Zehra (Assistant Professor of Pharmacology) and Mr. Shoaib Ansari (Assistant Professor of Pharmaceutical Chemistry).

Quiz competition was judged by Mr. Vijay Ikale, Ms. Jhilika Singh and Dr. Meenu Ganesh (Assistant Professors of Pharmaceutical Chemistry).

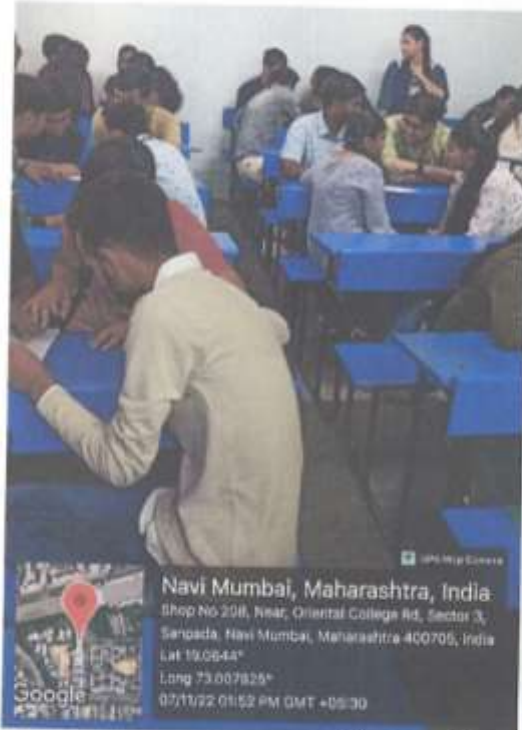
Rangoli competition was judged by Dr. Manasi Gholkar (Assistant Professor of Pharmacognosy).


The event had enlightened the audience with updation of their knowledge and also students' learning and responsibility of doing such awareness programs.



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Sanpada, Navi Mumbai, Maharashtra 400705, India  
Lat 19.0644°  
Long 73.007825°  
03/11/22 01:52 PM GMT +05:30

*Quiz Competition*



*Poster making Competition*

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*Rangoli making competition*



*Rangoli making competition*



*S Rathod*  
**Dr. (Mrs.) Sudha Rathod**  
**Dr. (Principal) Sudha Rathod**  
 Principal  
 Oriental College of Pharmacy  
 Plot No. 3, 4 & 5, Sector-2  
 Sanpada, Navi Mumbai



**Ms. Swarnali Manick**  
 (DLE Co-ordinator)

*Manick*

4



**POSTER PRESENTATION JUDGING SHEET**

Participants	Topic Relevance (out of 10)	Creativity and neatness (out of 10)	Originality (out of 10)	Explanation (out of 10)	Total (out of 40)
Kanchan Badode Niraj Gupta Shivani Mishra Shivam Gupta					
✓ Sadiqua Shaikh Hibaa Surti Aviral Tripathi Ayush Singh	10	09	09	10	38
✓ Priti Patil Bhakti Pathak Sanjana Sahu	10	10	08	08	36
✓ Anadita Kumari Ananya Jha	05	08	08	10	31
Preeti Yadav Archana Radhakrishnan Sameem Shaikh ✓ Alfiya Shaikh	05	10	05	08	28
Ruchi Yadav Priti Sasmal	10	10	10	10	40
✓ Rahimeen Momin Sneha Gupta Nandita Pandit	08	10	10	08	36

*(Co-ordinator)*

Sania Khatra Shaikh 09/11/2022  
Name of the Judge with signature and date

**POSTER PRESENTATION JUDGING SHEET**

Participants	Topic Relevance (out of 10)	Creativity and neatness (out of 10)	Originality (out of 10)	Explanation (out of 10)	Total (out of 40)
Kanchan Badode Niraj Gupta Shivani Mishra Shivam Gupta		Poster			
✓ Sadiqua Shaikh Hibaa Surti Aviral Tripathi Ayush Singh	10	9	9	10	38 (II)
Priti Patil Bhakti Pathak Sanjana Sahu	7	7	7	7	28
Anadita Kumari Ananya Jha	8	7	7	7	29
Preeti Yadav Archana Radhakrishnan Sameem Shaikh Alfiya Shaikh	8	8	7	7	30
Ruchi Yadav Priti Sasmal	10	10	10	10	40 (I)
✓ Rahimeen Momin Sneha Gupta Nandita Pandit	10	8	8	10	36 (III)

*(Co-ordinator)*

Ancari Shoaib An. 9/11/2022  
Name of the Judge with signature and date

**POSTER PRESENTATION COMPETITION EVALUATION SHEET**



### RANGOLI JUDGING SHEET

24 Oct 2022

Participants	Topic relevance (/10)	Colour combination (/10)	Details and clarity (/10)	Overall appearance and clarity (/10)	Total (/40)
Roshni kanojia Shruti pal Sneha Gupta Nandita Pandit	7	8	7	8	30
Niraj Gupta Rasika Boredkar Priya Jaiswal Kanchan badode	8	8	7	8	31
Neha bind Monali Panda Isha Jain Komal bandre	7	7	8	7	29
Sanjana tiwari Shivani pisol Samina sayyed Shweta Patil	6	6	8	7	27
Archana radhakrishna Sanjana Sahu Priti Patil Priti Sasmal	9	8	8	8	33
Numa shaikh Shehnaz Shaikh Nikita Rawat Pragya tiwari	7	7	8	7	29
Komal Ramdhar Gupta	9	8	8	7	32

3<sup>rd</sup>

1<sup>st</sup>

2<sup>nd</sup>

*(Signature)*  
(Co-ordinator)

Name of the judge Dr. Manasi Gholkar  
with signature *(Signature)*

### RANGOLI JUDGING SHEET

Participants	Topic relevance (/10)	Colour combination (/10)	Details and clarity (/10)	Overall appearance and clarity (/10)	Total (/40)
Roshni kanojia Shruti pal Sneha Gupta Nandita Pandit	6	8	8	8	30
Niraj Gupta Rasika Boredkar Priya Jaiswal Kanchan badode	8	10	9	9	36
Neha bind Monali Panda Isha Jain Komal bandre	8	8	8	8	32
Sanjana tiwari Shivani pisol Samina sayyed Shweta Patil	7	8	8	8	31
Archana radhakrishna Sanjana Sahu Priti Patil Priti Sasmal	10	9	9	10	38
Numa shaikh Shehnaz Shaikh Nikita Rawat Pragya tiwari	8	8	9	8	33
Komal Ramdhar Gupta	8	9	10	10	37

3

1

2

*(Signature)*  
(Co-ordinator)

*(Signature)*  
(Name of the judge with signature)

## RANGOLI COMPETITION EVALUATION SHEET

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**ORIENTAL COLLEGE OF PHARMACY**

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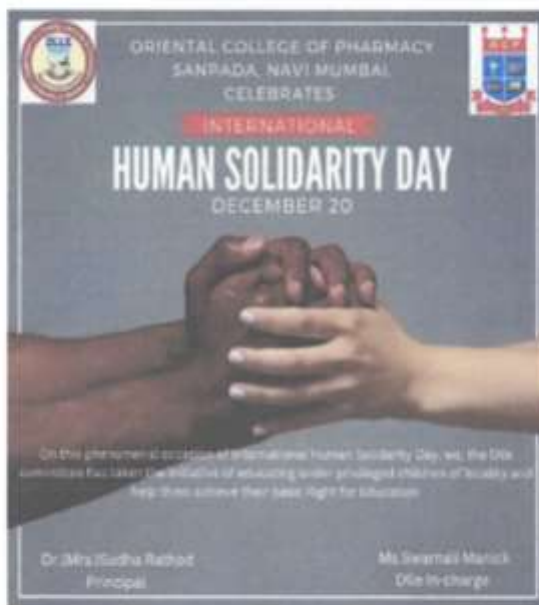


*T.Y. students teaching underprivileged*





## Report of International Human Solidarity Day (20<sup>th</sup> December 2022)



DLE Students of T.Y.B.Pharm took the initiative under the guidance of DLE in-charge Ms. Swarnali Manick to celebrate the International Human Solidarity Day by educating underprivileged children staying in slum areas.

The theme of International Human Solidarity Day for the year 2022 is to advance social justice and cultural equality in order to advance human and social development, particularly in developing nations.

After their regular schedule in college, the students used to spend 2 hours everyday till 2 weeks to educate them and also spend quality time with them.

Few students took this opportunity to educate the students staying in Sanpada village and also few of them educated children staying in slum somewhere near to their resident.

DLE students also distributed notebooks and pencils to the children in the last day and also felt prosperous by doing this activity.





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*T.Y. students teaching under privileged students*

*Sudha*  
**Dr. (Mrs.) Sudha Rathod**  
**Dr. (Mrs.) Sudha Rathod**  
**(Principal)**  
Principal  
Oriental College of Pharmacy  
Plot No. 3, 4 & 5, Sector-2,  
Sanpada, Navi Mumbai.



*Swarnali*  
**Ms. Swarnali Manick**  
**(DLE Co-ordinator)**

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## Report of Eye Check-up campaign (21<sup>st</sup> December 2022)



DLE Committee of OCP took the initiative of setting up free Eye Check-up campaign in association with Saraswati Netralaya, Vashi.

Dr. Shalini Kaul (DNB, MNAMS, FMRF, ORBIS(USA)) had visited our campus along with two junior doctors.

Arrangements and set up were made by Final Year students in Boys common room and entire OES campus were invited for this campaign.

The event were successful by the contribution of Principal Mam, teaching and non-teaching staffs from pharmacy, students as well as by the students and staffs from other departments in OES campus.

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*Dr. Shalini Kaur with her team and Principal*

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*Principal Dr. Sudha Rathod getting her eyes checked up*

*S Rathod*

**Dr. (Mrs.) Sudha Rathod**  
**Dr. (Principal) Sudha Rathod**  
Principal  
Oriental College of Pharmacy  
Plot No. 3, 4 & 5, Sector-2,  
Sanpada, Navi Mumbai.



*Manick*

**Ms. Swarnali Manick**  
**(DLLE Co-ordinator)**

---

Plot No. 3,4 & 5 Sector -2, Near Sanpada Railway Station, Sanpada, Navi Mumbai – 400705.

Tel: 27758715/ 27752213 / 27751116

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## Report of Fun fair Event (10<sup>th</sup> January 2023)



DLE department of Mumbai University also gives the students a fair opportunity of entrepreneurship so that students learn a bit about the hard work and dedication required behind a business setup, also how to earn profit from the customers by also providing them satisfactory product at reasonable rates.

First Year and Second Year students showed great enthusiasm in putting up various stalls, among which, maximum were food stalls. Apart from that, few game zone stalls, mehendi stall and jewelry stalls were also set up.

Only home-made food items were allowed in the food stall and entire OES campus were invited to buy food items from them. Students as well as buyers enjoyed a lot by this event, which included their prosperity in earning huge profits.





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Under the guidance and management of Ms. Swarnali Manick, also from the mere support of Management and Principal Madam, Dr. Sudha Rathod, students were able to make this event a huge success.

Students had decorated and made the arrangements near the parking lot in ground floor (space near the accounts window). DLLE Committee is also thankful to Mr. Imran Chaus for helping out the students with tables and restricting the parking of two wheelers on that day.

Overall 15 stalls were setup and around 40-50 students contributed in this event.



Menu Board



Welcome Board



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*Teaching Staffs*



*Pani puri stall*



*Pani puri stall*

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Game stall



Mehendi stall



South Indian foods



Sweet dish

*Sudha*  
**Dr. (Mrs.) Sudha Rathod**  
**(Principal)**  
 Oriental College of Pharmacy  
 Plot No. 3, 4 & 5, Sector-2,  
 Sanpada, Navi Mumbai



*Swarnali*  
**Ms. Swarnali Manick**  
**(DLE Co-ordinator)**

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**Report of Eventgenix Inter-college Competitions (4<sup>th</sup> March 2023)**



DLLE committee of OCP headed towards arranging one inter-collegiate event where various competitions were decided by the DLLE students, under the guidance of Ms. Swarnali Manick.

Few competitions that would interest the participants were decided by the Student Managers, such as Poster making, quiz, grab the goods, wordsworth and Pictionary.

These events were planned to lighten the stressful environment of the students and motivate to increase their productivity as a student.

We had participants from H.K. College of Pharmacy as well and maximum participation were from OCP. Around 100 students showed their interest and all were provided with participation certificates. Winners were awarded with cash prizes.

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DLE Committee would like to do special mention of the students, who went out of the way to put extra efforts to plan everything and manage such a successful event- **Mr. Hamza Menghrani, Ms. Sadiqua Shaikh and Mr. Abhishek Choudhary**. These all are S.Y.B.Pharm students. Rule book was also made for each event for easy understanding for the participants as well as judges leaving no space for unwanted chaos.

**Winners are:-**

**A) Poster making-**

- 1<sup>st</sup> position-** Komal Gupta and Jyoti Gupta (T.Y)
- 2<sup>nd</sup> position-** Daksh Amin (F.Y.) and Niraj gupta (S.Y)
- 3<sup>rd</sup> position-** Pratik Sonawane and Saloni Kamerkar (Final Yr)

**B) Quiz –**

- 1<sup>st</sup> position-** Dishant Singh, Yuvraj Malviya, Mahir Nager, Parag Prajapati (F.Y.)
- 2<sup>nd</sup> position-** H.K. college students
- 3<sup>rd</sup> position-** Priti Patil, Bhakti Pathak, Sanjana Sahu, Archana Radhakrishnan (S.Y.)

**C) Pictionary-**

- 1<sup>st</sup> position-** Gaurav Sharma, Bani Yadav, Akhilesh Yadav, Abej Khan (F.Y.)
- 2<sup>nd</sup> position-** Javeria Mukadam, Avantika Dubey, Shumayel, Narsinha Yadav (Final Yr)

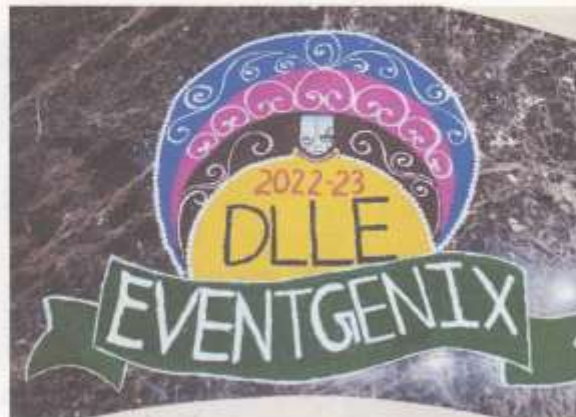
**D) Grab the goods-**

- 1<sup>st</sup> position-** Ashutosh Yadav, Priti Sasmal, Ruchi Yadav, Manvendra Dubey, Sanjana Sahu (S.Y.)
- 2<sup>nd</sup> position-** Richa Mahadik, Sakshi More, Navya Unnikrishnan, Mugdha Rane, Shivam patil (T.Y.)

**E) Wordsworth-**

- 1<sup>st</sup> position-** Pradnya Tiwari (S.Y.)
- 2<sup>nd</sup> position-** Bunty Lohar (S.Y.)
- 3<sup>rd</sup> position –** Sadiya Chowdhury (Final Yr.)





*Pictionary*



*Grab the goods  
(Judges and 2nd winner)*

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*Poster making competition*



*H.K. College students winners of Quiz*





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Awarding of winners with cash prizes

*Sudha Rathod*  
**Dr. (Mrs.) Sudha Rathod**  
**(Principal)**  
Principal  
Oriental College of Pharmacy  
Plot No. 3, 4 & 5, Sector-2,  
Sanpada, Navi Mumbai



*Swarnali Manick*  
**Ms. Swarnali Manick**  
**(DLE Co-ordinator)**

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### Riverbank Cleaning Drive on 25<sup>th</sup> June 2023

Details of activity:

<b>Name of the Activity</b>	Riverbank Cleaning Drive	<b>Activity Number</b>	DLLE/2022-23/10 ; NSS/2022-23/01
<b>Day/ Date</b>	25 <sup>th</sup> June 2023/ Sunday	<b>Department /Committee or Faculty</b>	DLLE Committee/ NSS Committee/ PHO Committee
<b>Venue</b>	Sagar Vihar, Vashi	<b>Time</b>	11 am onwards
<b>Nature of Activity (Indoor/Outdoor)</b>	Outdoor	<b>Total number of Participants</b>	20 students

Activity Information:

<b>Objectives</b>	The objective behind this drive was to restore the beauty of mother nature and save the flora and fauna, animals of the water bodies from human cruelty of polluting water bodies.
<b>Methodology or Brief summary</b>	The initiative was taken by DLLE Committee in association with NSS and PHO Committees. Ms. Swamali Manick (DLLE Co-Ordinator) and Mr. Vijay Ikale (PHO Co-Ordinator) were present at the venue for monitoring the students as well as guiding them. The reason for such venue selection was the recommendation from the Principal for eliminating any possible accidents that could have occurred near any sea-bank. Despite of heavy rainfall, F.Y.B.Pharm showed great enthusiasm to successfully conduct the task assigned to them all. The flyer and posters were prepared by the DLLE students and reimbursement of all the expenses by the students was done by the DLLE committee.

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**DLLE and NSS Students engaged in cleanliness drive**

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Before the cleanliness drive began



After the cleanliness drive



Successful Riverbank Cleaning Drive

Ms. Swarnali Manick  
 (DLE Co-Ordinator)

Mr. Vijay Ikale  
 (PHO Co-Ordinator)

Mr. Nilesh Babre  
 (NSS Co-Ordinator)

Dr. (Mrs.) Sudha Rathod  
 Principal  
 Oriental College of Pharmacy  
 Plot No. 3, 4 & 5, Sector-2,  
 Sanpada, Navi Mumbai.



Plot No. 3,4 & 5 Sector -2, Near Sanpada Railway Station, Sanpada, Navi Mumbai – 400705.  
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## “World Leprosy Day” Campaign



### The Indian Pharmaceutical Association Maharashtra State Branch Students' Forum

PUBLIC HEALTH OFFICE 2022-2023

#### Activity Report – “World Leprosy Day” Campaign

##### AWARENESS CAMPAIGN

##### Organizing Institute:

Oriental College of Pharmacy College, Navi Mumbai, Maharashtra

##### Co-ordinator of Activity :-

Sr no.	Name	Designation	Contact number	Gmail
1	Mr. Vijay Ikale	Assistant Professor	+91 95450 91901	Vijayikale1@gmail.com

##### Digital platform/s where the event was conducted:

Sr. no.	Location	Social media links (promotional posts/ videos)	Date	Timing	Activity
1.	Near Sanpada Station	WhatsApp Groups	30 January 20 23	14 : 30 pm	Leprosy Awareness Campaign
2.	Vatsalya Trust	Instagram: @ocp_official_page			

Number of target audience : 55

AIM OF THE ACTIVITY :- Public Health Office aims to increase community participation and awareness among the people by reaching out to them at their doorstep.

*S. Pathod*

List of volunteers and their contact numbers:

Volunteers Name	Contact numbers	Roll numbers
Jeeya Shaikh	7666688799	82
Rohit Yadav	7208740254	106
Om Singh	88888 70115	92
Rohit Yadav	7208740254	106
Manvendra Dubey	88928151046	13
Ruchi Yadav	7304306007	107
Alfiya Shaikh	9004251499	79
Manjushree Eragi	+91 91378 44496	14

Short description of the activity:

- A fortnight-long leprosy awareness campaign commenced in Vatsalya Trust on January 30, the day which was observed as the World Leprosy Day .
- Our Volunteers made the audience aware of the signs and symptom of the Leprosy disease through a camp near Sanpada Station and Vatsalya Trust.
- Leprosy can be treated, This was explained to people with the help of our volunteers .
- Adding that the disease is completely curable, the volunteers said people should consult doctors when they come across white patches in their body.

Impact of the Camp :-

- Patients and normal peoples were educated about the leprosy disease, its symptoms and complications, overcoming patient barriers, the benefits of self-reporting, early diagnosis, and adherence to the prescribed therapy .
- People gave positive response towards the campaign

Methods used for conducting the campaign:

- The Volunteers explained the meaning of leprosy to the people around the area
- Volunteers altogether on this day promoted awareness campaigns and activities to spread the word that leprosy is preventable by early diagnosis, proper treatment, and adherence to the prescribed course.
- People were made aware that Leprosy is curable with a combination of antibiotics known as Multi Drug Therapy (MDT). This treatment is available for free across the world. If leprosy is not treated, it can lead to serious complications.

Promotions of the activities:-

- The poster's and baners were circulated on the WhatsApp and Instagram via stories and messages .
- Promotional messages were circulated
- There was a verbal visit to Vatsalya Trust.
  - Instagram link :-  
[https://www.instagram.com/p/Cn\\_OMhtPEB07igshid=YmMyMTA2M2Y=](https://www.instagram.com/p/Cn_OMhtPEB07igshid=YmMyMTA2M2Y=)
  - People were given a feed back form .

**Result of your activity:**

The goal for this day to educate people about the condition to bring attention to individuals affected by it, was successfully achieved.

**SCANNED ID's :-**

**Volunteers ID :**





**Leprosy Awareness Camp Near OCP**



**Leprosy Awareness Camp Near OCP**

Folic Acid Awareness Camp







**Folic Acid Awareness Camp**



**Folic Acid Awareness Camp**





**Folic Acid Awareness Camp**



## PUBLIC HEALTH OFFICE 2022-2023

### EVENT REPORT – Online LOGO and SLOGAN competition

AIM : To conduct online logo and slogan competition

- LOCATION:
  - Conducted via google forms
- DATE :
  - 21/09/2022-23/09/2022
- ACTIVITY:
  - Manually drawn logos
  - Original slogans of participants

➤ LIST OF VOLUNTEERS INVOLVED :

SR.NO.	NAME	PHONE NO.	POSITION
1	Fardeen Ansari	8828194803	PHO Head
2	Raj ankush rao	8268471117	Associate
3	Jeeya Shaikh	766688799	Associate
4	Ruchi Yadav	7304306007	Associate

- PROMOTION OF EVENT
- CIRCULATED THE POSTER IN ONLINE MODE OFFICIALLY AS WELL AS UNOFFICIALLY
  - ANNOUNCEMENTS WERE MADE BY MEMBERS
  - STUDENTS WERE PERSONALLY CONTACTED AND INFORM

*S. Lakshad*

• **Winners**

- For logo competition: PRITI SASMAL (S.Y)
- For slogan competition: TEJASHRI GUNJAL (T.Y)

The display board is divided into four quadrants. The top-left quadrant shows a portrait of Priti Sasmal, a young woman with dark hair, smiling. Below her portrait is the text "PRITI SASMAL" and "S.Y B.Pharm". The top-right quadrant shows a portrait of Tejashri Gunjal, a young woman with long dark hair, smiling. Below her portrait is the text "TEJASHRI GUNJAL" and "T.Y B.Pharm". The bottom-left quadrant is titled "LOGO" and displays a logo for "World Thrombosis Day" featuring a globe held by two hands. Below the logo is the name "PRITI SASMAL". The bottom-right quadrant is titled "SLOGAN" and contains a list of eight slogans in Marathi, followed by the name "TEJASHRI GUNJAL" at the bottom.

**List of Winners**

OUTCOME OF EVENT: - Successfully organized logo and slogan competition, which was enthusiastically participated by our student pharmacists

The event was conducted on the account of WORLD PHARMACIST DAY

Students were passionately involved in visualizing their creativity in the form of logo and slogan

P.S: After the digitalization of the winner's logo, it will be the official logo of PHO committee

JUDGED BY: MR.BINITH RAJ SINGH

-PHO IN-CHARGE

SPECIAL THANKS TO :

- DR.(MRS) SUDHA RATHOD (PRINCIPAL OF OCP)
- MR.BINITH RAJ SINGH (PHO IN-CHARGE)

*S. Rathod*

## PUBLIC HEALTH OFFICE 2022-2023

### EVENT REPORT – Awareness of various diseases

AIM : To conduct event of Awareness of various diseases

- LOCATION:
  - ORIENTAL COLLEGE OF PHARMACY, NAVI MUMBAI
- DATE:
  - 24/09/2022
- ACTIVITY:
  - Students giving information about various lifestyle diseases.

➤ LIST OF PARTICIPANTS INVOLVED :

Sr. NO.	NAME	TOPIC TAKEN	PHONE NO.	POSITION
1	NAHIDA SHAIKH	PCOD	8828444836	PHO MEMBER
2	MANVENDRA KUMAR DUBEY	TUMORS	8928151046	PHO MEMBER
3	VINAYAK DUBEY	DIABETES	9372590962	PHO MEMBER
4	SIDDHARTH BHAGAT	HEART ATTACK	9372932882	PHO MEMBER

*S.Rathod*



All participants were passionately given the information about diseases and advising students to take precautionary measures.

UNDER THE GUIDENCE OF: MR. BINITH RAJ SINGH  
-PHO IN-CHARGE

SPECIAL THANKS TO :

- DR. (MRS) SUDHA RATHOD (PRINCIPAL OF OCP)
- MR. BINITH RAJ SINGH (PHO IN-CHARGE)

*S. Rathod*

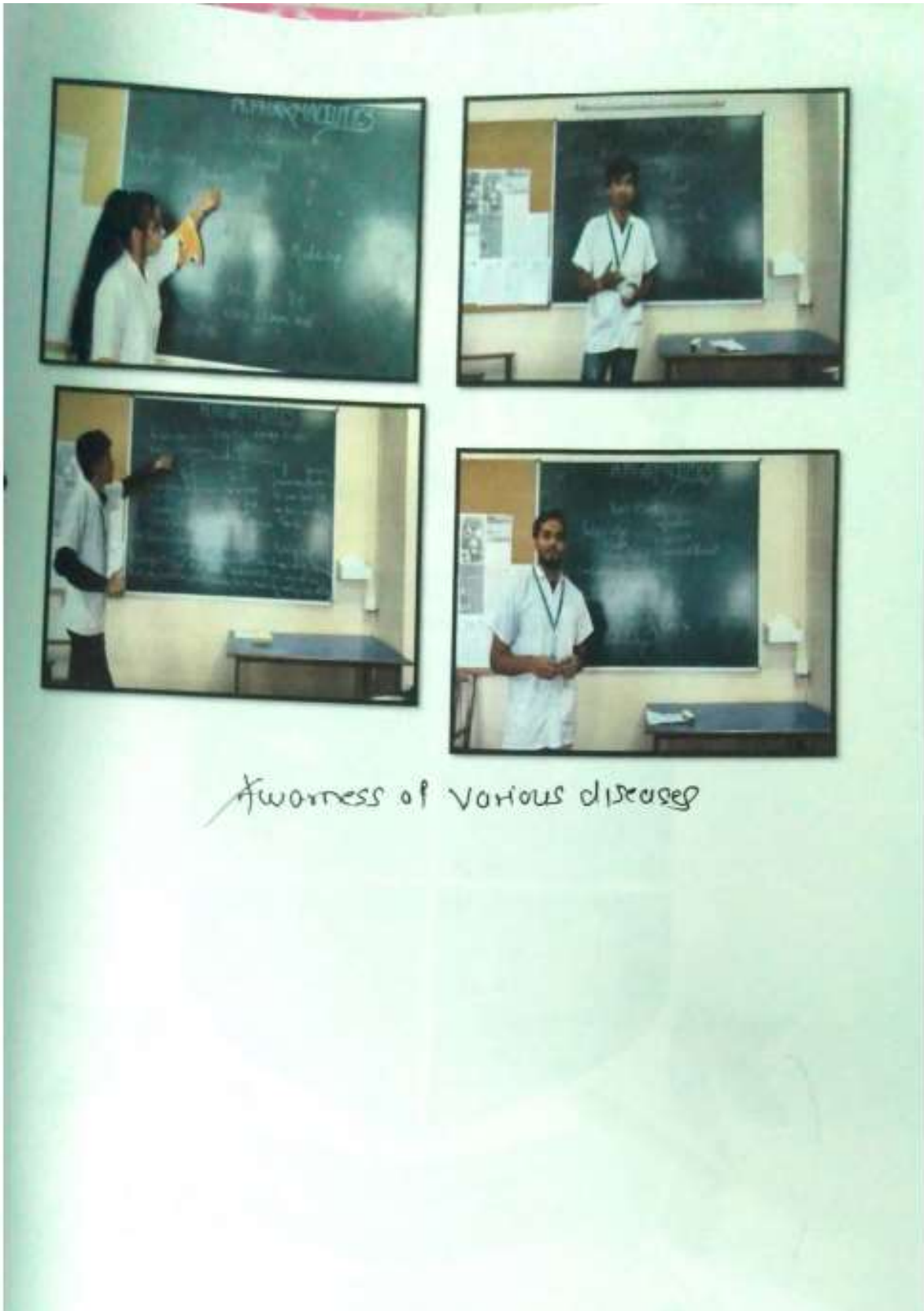


**OUTCOME OF EVENT: - Successfully organized "AWARENESS OF VARIOUS DISEASES" which was enthusiastically participated by our PHO members.**

**The event was conducted on the account of WORLD PHARMACIST DAY.**

*Shahed*

**Awareness Camp "Various Diseases"**



Awareness of Various diseases

**Awareness Camp\_ Various Diseases**

# ORS Campaign

## Introduction

Acute diarrhea is a major problem worldwide, although the overall mortality rate from diarrheal disease has steadily declined over the last few decades<sup>1</sup>. The critical factor for the reduction in the mortality from diarrhea was the introduction of oral rehydration therapy (ORT). The standard World Health Organization oral rehydration solution (WHO-ORS) was initially assessed for cholera treatment, and then shown to be effective irrespective of cause of diarrhea or age of the patient<sup>2</sup>. However, the WHO-ORS does not substantially decrease either stool volume or the duration of diarrhea episodes<sup>3</sup>. As a result, improved ORSs for enhancing treatment of acute diarrhea continually have been sought for and evaluated.

## Project Location

## Project Description/ Intent/Concept

In an adult, the daily intestinal water load is approximately 6,500 mL from the combination of oral intake, gastric juices and pancreaticobiliary juices, as well as an additional 1,000 mL secreted by the upper intestine. This volume is reduced to 1,500 mL by the distal ileum and is further reduced in the colon to a final output of 250 mL per day. The net absorption of water and ion is the result of two opposing unidirectional fluxes of ions, one absorptive and the other secretory. And the two processes are anatomically separated: absorption takes place mainly in the mature villous cells, whereas secretion seems to occur in the crypt cells. In normal circumstances, absorptive processes for water and electrolytes prevail over secretory processes and as a result, water is absorbed. However, during diarrheal disease, there is a disturbance in the absorptive-secretory processes by osmotic and/or secretory mechanisms. The absorption of water and nutrients is dependent on the osmotic gradient dictated by sodium transport via the following three mechanisms: neutral NaCl absorption, sodium absorption coupled to the absorption of organic solutes such as glucose and amino acids, and electrogenic sodium absorption. In diarrheal disease, disruption of these processes occurs except the sodium absorption coupled glucose and other organic solutes, even in patients associated with epithelial damage. The preservation of this facilitated cotransporter of glucose and sodium is the scientific rationale for the development of the ORS. By this intact Na<sup>+</sup>/glucose cotransporter, unaffected by pathologic processes that induce secretion, sodium and water are absorbed and in turn, extracellular fluid is expanded without change in serum osmolarity.



## ORS CONTENT

ORS Manufacturing Company	Product Name	No.					Osmolality (mOsm/L)	Solute (g/L)	Concentration (g/L)		
		Na	K	Cl	NaCl	Na			Other		
Sandoz	PHARMALIN	15	20	30	30	1.00		11.5	100		
	PHARMALIN	30	30	30	30			23.0	200		
	EDITHALIN (100)	30	30	30	30			9	100		
Commercially Available in Other Countries	West German Laboratories (Frankfurt, FRG)	ORALON	30	30	30	30			9	100	
		PHARMALIN	30	30	30	30	1.4		9	100	
	Lafayette Laboratories (Channahon, IL)	PHARMALIN	30	30	30	30			9	100	
		PHARMALIN	30	30	30	30			9	100	
	U.S. Pharm. (Lafayette, LA)	PHARMALIN	30	30	30	30			9	100	
	Quaker Products (Cincinnati, OH)	PHARMALIN	30	30	30	30			9	100	
	Quaker Products, L.L.C. (Cincinnati, OH)	PHARMALIN	30	30	30	30			9	100	
	Commercially Available in India	Mallinath	PHARMALIN	18	1	14	14		Hydrous	9	100-200
			PHARMALIN	18	1	14	14		Hydrous	9	100
		Waring Foods	PHARMALIN	18	1	14	14		Hydrous	7	100
ORS available in Indian Territory	Quaker ORS (Cincinnati, OH)	Quaker ORS (Cincinnati, OH)	18	1	14	14			1.0	100	
		Quaker ORS (Cincinnati, OH)	30	1	11	11			2.0	200	
		Quaker ORS (Cincinnati, OH)	30	1	11	11			2.0	1.0	
		Quaker ORS (Cincinnati, OH)	30	1	11	11			2.0	1.0	
		Quaker ORS (Cincinnati, OH)	30	1	11	11			2.0	1.0	

## Project Funding

Details about cost

### Conducted Camp Description:

ORS has been used successfully in the treatment of diarrhoeal illness and has resulted in a reduction in childhood mortality from diarrhoea. The standard WHO-ORS has been used to replace water and electrolytes lost in stools, but it does not decrease diarrhoea duration or the stool volume. This has led to search for modified ORSs with improved efficacy. Reduced osmolality ORS is superior in that it has been found to decrease the fecal volume and duration of diarrhoea. Because of that, it is currently used as a recommended ORS formulation by the WHO for the treatment of acute non-cholera diarrhoea. The addition of zinc to be superior than the standard WHO-ORS for treating acute diarrhoea. Polymer-based ORS seems to be superior than the standard WHO-ORS for treating acute diarrhoea. Further studies against the current reduced osmolality ORS are needed. We have given the information about the ORS to the people of (TRUST NAME, ADDRESS) and concluding the success of this event.

### Organized By:

Principal: Dr. (Mrs.) Sudha Rathod.  
 PHO in charge: Mr. Binith Raj (Asst Prof Pharmacology)

Volunteers Details:

Name	Position
Shumayel Amari	PRD HEAD
Vaidhi Zod	Associate head
Vinayak Dubey	Member

Event Photographs:



Oral dehydration therapy  
Spashed

Oral Dehydration Therapy



ॐ  
वात्सल्य ट्रस्ट, मुंबई  
VATSALYA TRUST, MUMBAI

रजि. नं. ई. १९८०/मुंबई ८.२.८३

KANJUR ☎ 25782958  
25794798  
25784810  
25784820  
SANPADA ☎ 27757390  
27753689  
ALIBAG ☎ (02141) 220218



Kanjur Office : Near Kanjurmarg Police Station, Kanjurmarg (E) Mumbai - 400 042.  
Sanpada : Plot 11, Sector - 2 Sanpada, Navi Mumbai - 400 0705.  
Alibag : House No. 1510 B- 2 (Behind Mayur Bakery) Alibag - 402 201, Dist. Raigad  
Badlapur : Survey No. 12/1, 12/2 and 13/1, Dahivali, Bhoj Prakaip, Badlapur, Dist.Thane.

दिनांक - ०७-०७-२०२२

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Shri Damle G.A.  
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Shri. Saraf N. S.

Shri. Vaidya Ramchandra

संदर्भ क्र. \_\_\_\_\_

To

The Principal,

Oriental College of Pharmacy,

Sanpada,

Navi Mumbai.

Subject:- Permission granted for ORS Campaign.

Respected Sir,

We Received your letter for conducting ORS Campaign at Our NGO(Vatsalya Trust).By understanding the problems occurs due to dehydration, it is the necessity of peoples to survive from such diseases. So considering these all things permission granted to conduct the camp at our NGO,on 8<sup>th</sup> July 2022.

Thanking You,

Yours Truly



AN No. AAATV0345H, Email : vatsalyatrust\_sanpada@yahoo.com/vatsalyatrustmumbai@gmail.com Website : www.vatsalyatrustmumbai.org  
FCRA - Registration No. : 083780862 for online payment in rupees you can use website payment gateway (SBI Collect)  
Certificate No. DIT (E) MC / 80-G/1615/2009-2010 w.e.f. Dt. 01-04-2009 The Certificate shall continue to be valid in perpetuity

Reviewed with CamScanner



**PUBLIC HEALTH OFFICE 2022-2023**  
**EVENT REPORT – FIRST-AID AWARENESS E-POSTER MAKING COMPETITION**

- LOCATION:
  - CONDUCTED VIA GOOGLE FORMS
- DATE :
  - 27/06/2022-30/06/2022
- ACTIVITY:
  - E-POSTER MAKING

> **NUMBER OF VOLUNTEERS INVOLVED :**

SR.NO.	NAME	PHONE NO.	POSITION
1	SHUMAYEL ANSARI	9920797924	PHO HEAD
2	VAIDEHI ZOD	9769794359	ASSOCIATE HEAD
3	ANIKESH YADAV	9766390560	MEMBER
4	RUCHI YADAV	7304306007	MEMBER
5	JEEYA SHAIKH	7666688799	MEMBER
6	SAMEEM SHAIKH	9529442117	MEMBER
7	ANANYA JHA	9892851569	MEMBER
8	GRACY SINGH	8454996404	MEMBER
9	VINAYAK DUBEY	9372590962	MEMBER
10	ANKITA DUBEY	9987843708	MEMBER

*S. Rathod*

**First Aid Awareness E- Poster Competition**

> NUMBER OF PARTICIPANTS:

SR.NO.	NAME	E-MAIL ID	CLASS/DIV
1	KHUSHI BHUPENDRA CHAUBEY	chaubey.khushi_b.pharma@ocp.edu.in	S.Y/A
2	ANKITA PRAMOD DUBEY	ankita.dubay_b.pharma@ocp.edu.in	S.Y/B
3	POOJA PRAKASH GAWDE	gawade.pooja_b.pharma@ocp.edu.in	S.Y/A
4	SEJAL RAJPUT	sejal.rajput_b.pharma@ocp.edu.in	S.Y/B
5	ANANYA JHA	ananya.jha_b.pharma@ocp.edu.in	F.Y/A
6	BHARGAVI RAMESH TAWARE	bhargavi.taware_b.pharma@ocp.edu.in	S.Y/B
7	ROHIT RADHESHYAM YADAV	rohitathlete199@gmail.com	F.Y/B
8	SASMAL PRITI TARUN	pritisasmal0202@gmail.com	F.Y/B
9	GRACY JAY SINGH	gracyjaysingh2002@gmail.com	S.Y/B
10	ANIKESH UPENDRA YADAV	anikesh.yadav_b.pharma@ocp.edu.in	F.Y/B
11	VINAYAK P. DUBEY	vinayak.dubey_b.pharma@ocp.edu.in	S.Y/B
12	SHAIKH ALFIYA SHAMSUDDIN	alfiya.shaikh_b.pharma@ocp.edu.in	F.Y/B
13	SHAIKH SADIQUA BANO AHMED ALI	sadiqua.shaikh_b.pharma@ocp.edu.in	F.Y/B
14	SAMEEM IMTIYAZ SHAIKH	sameem0306shaikh@gmail.com	F.Y/B

List of participant - First Aid Awareness Camp

- AIM: TO SPREAD THE KNOWLEDGE OF FIRST-AID THROUGH POSTERS
- TOPICS COVERED:
  - ✓ TREATMENT OF DIZZINESS
  - ✓ IF CARCINOGENIC COMPOUNDS COME IN CONTACT WITH SKIN
  - ✓ TREATMENT FOR ACCIDENTAL CUTS
- PROMOTION OF EVENT
  - ✓ CIRCULATED THE POSTER IN ONLINE MODE OFFICIALLY AS WELL AS UNOFFICIALLY
  - ✓ ANNOUNCEMENTS WERE MADE BY MEMBERS
  - ✓ STUDENTS WERE PERSONALLY CONTACTED AND INFORM

WINNERS :



NAME: SHAIKH SADIQUA  
BAND AHMED ALI  
POSITION: 1<sup>st</sup> PRIZE  
F.Y/B

NAME: SHAIKH ALFIYA  
SHAMSUDDIN  
POSITION: 2<sup>nd</sup> PRIZE  
F.Y/B

NAME: POOJA PRAKASH  
GAWADE  
POSITION: 3<sup>rd</sup> PRIZE  
T.Y/A

First Aid Awareness E-Poster making competition

**First Aid Awareness E-Poster Making Competition**



OUTCOME OF EVENT:- Successfully organized an E - Poster competition, which was enthusiastically participated by our student pharmacists

Students were able to visually represent the key points on FIRST-AID, and elaborate on the same which facilitates their retention and recall of events and facts.

Students were made aware of a critical topic in a creative way

JUDGED BY: MR. BINITH RAJ SINGH

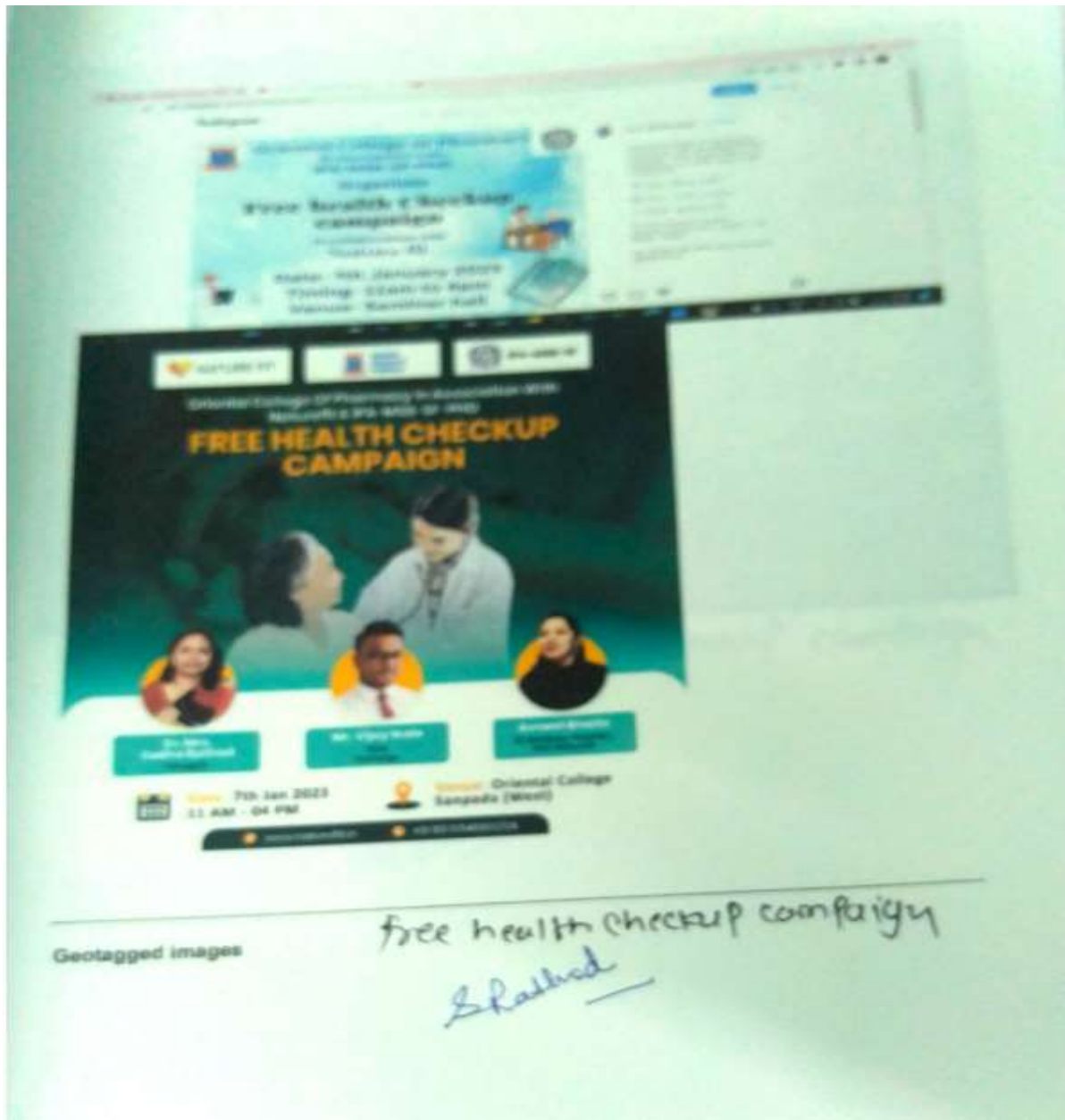
-PHO IN-CHARGE

- ❖ THE KNOWLEDGE OF FIRST AID, WHEN APPLIED PROPERLY CAN MEAN THE DIFFERENCE BETWEEN RAPID RECOVERY OR LONG-TERM DAMAGE.
- ❖ IN THIS WAY WE CAN IMPART THE KNOWLEDGE OF FIRST-AID AMONG STUDENTS

SPECIAL THANKS TO :

- DR.(MRS) SUDHA RATHOD (PRINCIPAL OF OCP)
- MR. BINITH RAJ SINGH (PHO IN-CHARGE)

*S. Rathod*



Free health Check-up Campaign



free health checkup' campaign

Salwa

**Free health Check-up Campaign**



The Indian Pharmaceutical Association  
Maharashtra State Branch Students'  
Forum

PUBLIC HEALTH OFFICE 2022-2023

**Activity Report – "Health checkup Campaign"**

Type of the campaign to be mentioned i.e., Innovative/ World Health Day/ Health check-up / Community Outreach

Organizing Institute Oriental College of Pharmacy College, Navi Mumbai, Maharashtra in collaboration with Nature fit

Co-ordinator of Activity and her/his e-mail address and contact number:

Sr. No	Name	Designation	Email-address	Contact
1.	Mr. Vijay ikale	Assistant Professor   Pharmaceutical Chemistry	vjayikale1@gmail.com	+91 95450 91901

Digital platform/s where the event was conducted:

Sr. no	Location	Social media links (promotional posts/ videos)	Date	Timing	Activity
1.	College campus	—	7/01/2023	11:00 – 4:00	Health checkup done

*S. Rathod*

Scanned with CamScanner



2.	Instagram @nca_official_page	<a href="https://www.instagram.com/nca_official_page">https://www.instagram.com/nca_official_page</a>	401/2023		
3.					

Number of target audience : 152

List of volunteers and their contact numbers:  
(Scanned ID's/Library Cards/Latest fee receipt to be attached at the end with the photos)

Name	Contact no.
Anikesh yadav	97663 90560
Gracy Singh	84549 96404
Rohit yadav	7208740254
Sameem shaikh	9529442117
Raj ankhushree	8268471117
Sanjana kharat	9011630156
Ankita dubey	9004175850

Short description of the activity-  
Health check-up: Measurement of  
 Weight  
 Height  
 Neck  
 Chest  
 Waist  
 Hips  
 For bmi  
 Blood pressure  
 Glucose  
 Oxygen pulse  
 Ayurveda  
 Homeopathy  
 Naturopathy

**Methods used for conducting the campaign:**

•The ultimate goal of a pharmacist is to improve an individuals quality of life.  
 Through the offline health campaign-

There was a awareness of important health issues and stimulate individual's to seek information and to increase knowledge.  
The goal was achieved as the whole pho committee had given the task to bring atleast 5 outsiders.  
The campaign has collaborated with nature fit who had their best doctors.

- The materials used for the campaign
- Poster
- Instagram promotions
- Pr messages

#### Advertisement of the activity

- The poster was circulated all over the college
- The poster's and banners were circulated on the WhatsApp and instagram via stories and messages.
- Promotional messages wee circulated.
- There was a verbal visit to old age home.

#### Result of your activity

Result of the activity

- The outsiders and students responded in a positive way towards the campaign.
- The total number of college staff was 25
- The total number of college students was 26.
- The total number of outsiders was 101.

#### Observation

- The observation made during the campaign was that most of the people were not ready for the sugar test but as the protocol mentions the sugar test they were said to follow that.

#### Photo, videos, and other documents

Screen Shot of Promotional Posts



## Free Health Check-up Campaign



**Free Health Check-up Campaign**





**Free Health Check-up Campaign**



### Free Health Check-up Campaign



### Free Health Check-up Campaign



Health Checkup Campaign

**Free Health Check-up Campaign**





Health Checkup Center

### Free Health Check-up Campaign



### Free Health Check-up Campaign



**Free Health Check-up Campaign**

## PUBLIC HEALTH OFFICE 2022-2023

### EVENT REPORT - BMI CHECK UP

AIM: To conduct BMI check up

- LOCATION:
  - Oriental college of pharmacy(sanpada),seminar hall.
- DATE :
  - 21-10-2022
- ACTIVITY:
  - Calculating BMI and fat of the individuals

#### > LIST OF VOLUNTEERS INVOLVED:

SR.NO.	NAME	POSITION
1	Fardeen Ansari	PHO Head
2	Raj ankush rao	Associate
3	Jeeya Shaikh	Associate
4	Ruchi Yadav	Associate
5	Khushi chaubey	Associate
6	Anikesh Yadav	Associate
7	Manvendra kumar Dubey	Member
8	Sidharth bhagat	Member

S. Pathod



9	Rohit Yadav	Member
10	Ashutosh Yadav	Member
11	Priya Jaiswal	Member
12	Majushree cragi dattaray	Member
13	Sanjana kharat	Member

➤ **PROMOTION OF EVENT :**

- Circulated the flyer in online mode officially as well as unofficially
- Announcements were made by members in different departments of the college

**OUTCOME OF EVENT: - Successfully organized BMI and fat Check up for the faculty/staff as well as for the students of various departments of the college which was completely free of costs along with free doctor consultations**

**The campaign was conducted by the PHO committee of OCP in association with NATURE FIT (vashi)**

**The campaign was whole heartedly appreciated by all the individuals who were part of it**



UNDER THE GUIDANCE OF: MR. BINITH RAJ SINGH  
-PHO IN-CHARGE

SPECIAL THANKS TO :

- DR. (MRS) SUDHA RATHOD (PRINCIPAL OF OCP)
- DR. MOHIB KHAN (VICE PRINCIPAL OF OCP)
- MR. BINITH RAJ SINGH (PHO IN-CHARGE)

*Shashid*



BMI checkup

Silathad

## BMI Check-up Camp



BMI CHECKUP

**BMI Check-up Camp**





BMI checkup

Shabbad

**BMI Check-up Camp**



# NATURE FIT™

Office Address: BCU/ A Wing B2EL Tech Park, Sector 30 A, Vashi, Pin Number - 400702,  
(Opposite Vashi Railway Station, Next to Reliance Digital)  
Website: [www.naturefit.in/](http://www.naturefit.in/) Contact: +91 93709 46902/04

## TO WHOM IT MAY CONCERN

**Subject: Health Camp by Nature Fit, (AYUSH PRACTITIONERS)**

Respected Sir / Madam,

Greetings from NatureFit!

We wish to conduct a natural healing health camp at your premises / residential complex / campus / institutions / banquet with clear focus on preventive healing and holistic health.

Naturefit is on a mission to make "Our Indian" ancient medical system of medicine and healing to be more accessible and available to all our citizen & globally.

As a part of the camp, we will conduct complete mind & body analysis.

E.g.

1. BP
2. Diabetic / Pre-Diabetic
3. BMI - Fat Percentage Analysis
4. Stress Test
5. Prakriti Analysis - [Vata /Kapha /Pitta] body type and suggest diet /lifestyle person to person.

We will be having Ayurved /Homeopathy /Yoga/ Dietician/ Unani consultations by expert doctors. [any of the given experts]. And their consultations fees are anywhere from Rs. 500 to Rs. 3000.

But we will be conducting at free of cost.

So, there is a bigger objective of this camp to get natural healing to your doorstep and being a start-up, we appreciate all your support and exempt us for charges for the same.

Kindly give your consent for the same, so that we would take pre booking for the camp to avoid queue /waiting time.

Thanks & Regards,

Naturefit

It's a Computer Generated doesn't need signature / stamp



DATE: 19-10-2022

## NOTICE

### TEACHING/NON-TEACHING


It is to bring in your concern that PHO Committee in association with Nature Fit is organizing Health and Wellness Camp for Teaching Non-teaching & Students.


Consultants - doctors are from field of Ayurveda, Homeopathy & yoga. It is a kind requested to give your presence (10-15 Minutes) for free health checkup which includes **BMI, BLOOD PRESSURE, BLOOD SUGAR LEVEL & EYE TEST.**

Note: - There would be no allopathy advisors.

Venue: Ground floor, Seminar Hall,

21<sup>st</sup> October 2022, 10 am - 5 pm

  
Anil K. Singh  
Ant. Prof. Pharmacology  
IPA/PHO in charge

  
Principal,  
Dr. (Mrs.) Sudha Rathod  
Oriental college of pharmacy



Special Thanks to:

Dr. (Mrs.) Sudha Rathod (Principal of OCP)

Mr. Binith Raj Singh (PHO Incharge) (who guided a lot for the skit)

Binith Raj,

Asst. Prof Pharmacology,

IPA/PHO Incharge

Principal,

Dr. (Mrs.) Sudha Rathod,  
Oriental College of Pharmacy



## PUBLIC HEALTH OFFICE 2022-2023

## EVENT REPORT - FREE EYE CHECK UP CAMPAIGN

AIM: To conduct free eye check up

- LOCATION:
  - Oriental college of pharmacy(sanpada),seminar hall.
- DATE :
  - 21-10-2022
- ACTIVITY:
  - Vision checkup(screening)
  - Free optometry

> LIST OF VOLUNTEERS INVOLVED:

SER.NO.	NAME	POSITION
1	Fardos Anwar	PHO Head
2	Raj anush mo	Associate
3	Jeeya Shaikh	Associate
4	Ruchi Yadav	Associate
5	Khushi chaubey	Associate
6	Anikesh Yadav	Associate
7	Manvendra kumar Dabey	Member
8	Sidharth bhagat	Member

*S. Shabud*

9	Rohit Yadav	Member
10	Ashutosh Yadav	Member
11	Priya Jaiswal	Member
12	Majushree cragi dattaray	Member
13	Sanjana kharat	Member

> PROMOTION OF EVENT :

- Circulated the flyer in online mode officially as well as unofficially
- Announcements were made by members in different departments of the college

OUTCOME OF EVENT: - Successfully organized eye check up campaign for the faculty/staff as well as for the students of various departments of the college which was completely free of costs along with free ophthalmologist consultations .

The campaign was conducted by the PHO committee of OCP in association with NATURE FIT (vashi).

The campaign was whole heartedly appreciated by all the individuals who were part of it .



BMI Group

UNDER THE GUIDANCE OF: MR. BINITH RAJ SINGH

-PHO IN-CHARGE.

SPECIAL THANKS TO :

- DR.(MRS) SUDHA RATHOD (PRINCIPAL OF OCP)
- DR. MOHIB KHAN (VICE PRINCIPAL OF OCP)
- MR. BINITH RAJ SINGH (PHO IN-CHARGE)

BMI Group

## FREE DOCTOR CONSULTATION

### PUBLIC HEALTH OFFICE, 2022-2023

#### EVENT REPORT – FREE DOCTOR CONSULTATION

AIM: To conduct costless doctors consultation

- LOCATION:
  - Oriental college of pharmacy(sanpada),seminar hall.
- DATE :
  - 21-10-2022
- ACTIVITY:
  - Homeopathy doctor consultation (specially for skin, hair, infertility, PCOD)
  - Ayurveda doctor consultation (specially for pain management, diabetes, thyroid, and various gynae related issues. )

#### > LIST OF VOLUNTEERS INVOLVED :

SR.NO.	NAME	POSITION
1	Farjeen Ansari	PHO Head
2	Raj ankush rao	Associate
3	Jeeya Shaikh	Associate
4	Ruchi Yadav	Associate
5	Khushi chaubey	Associate
6	Anikesh Yadav	Associate
7	Manvendra kumar Dubey	Member

*Spashed*



8.	Sidharth bhagat	Member
9	Rohit Yadav	Member
10	Ashutosh Yadav	Member
11	Priya Jaiswal	Member
12	Majushree cragi dattaray	Member
13	Sanjana kharat	Member

➤ PROMOTION OF EVENT :

- Circulated the flyer in online mode officially as well as unofficially
- Announcements were made by members in different departments of the college

**OUTCOME OF EVENT:** - Successfully organized costless doctor consultation for the faculty/staff as well as for the students of various departments of the college.

Individuals with Skin, hair, infertility, PCOD, etc along with pain management, diabetes, thyroid, and various gynae related issues, were counselled by the doctor .

Faculties and students of different departments enthusiastically involved themselves in this campaign.

The campaign was conducted by the PHO committee of OCP in association with NATURE FIT (yashi).

The campaign was whole heartedly appreciated by all the individuals who were part of it.



**List of doctors involved :**

- **Dr. Jayashree Madhekar** (Ayurveda- pain management)
- **Dr. Pragati Jagtap** (Ayurveda and panchkarma, diabetes,thyroid, gynaec)
- **Dr. Rupa Upadhyay** (Homeopathy-skin and hair)
- **Dr. Leena Suryavanshi** (Homeopathy- skin diseases,infertility,PCOD)

**UNDER THE GUIDANCE OF: MR.BINITH RAJ SINGH**

-PHO IN-CHARGE

SPECIAL THANKS TO

- DR.(MRS) SUDHA RATHOD (PRINCIPAL OF OCP)
- DR.MOHIB KHAN (VICE PRINCIPAL OF OCP)
- MR.BINITH RAJ SINGH (PHO IN-CHARGE)

*Sudha*

## WORLD PATIENT SAFETY DAY

ORIENTAL EDUCATION SOCIETY'S  
**ORIENTAL COLLEGE OF PHARMACY**  
Approved by MCI, NRI & UGC, Affiliated to University of Mumbai & Certified by PCI 600/2008



Date: 14/09/2022

To,  
Principal,  
Dr. (Mrs.) Sudha Rathod,  
Oriental Education Society,

**Subject: Permission for conducting skit on World Patient Safety Day.**

Respected Madam,

I **Himth Raj**, Assistant Professor, Pharmacology department of Pharmacy, O.C.P it is to bring in your concern on "Patient Safety and Pharmacovigilance department of Boehringer Ingelheim, India" has taken initiative to collaborate with students of Oriental College of Pharmacy, under PHO Committee for a small skit program on **MEDICATION ERROR**.


**Objectives:**

1. To Spread Awareness
2. Contribute to decrease the occurrence of medication errors.

It is my humble request to kindly give permission for the same.

Thanking You,

**Himth Raj**,  
ASST. Prof Pharmacology,  
IPA/PHO In-charge.

  
Principal,  
Dr. (Mrs.) Sudha Rathod,  
Oriental College of Pharmacy

Plot No. 3,4 & 5 Sector -2, Near Sanpada Railway Station, Sanpada, Navi Mumbai - 400705.  
Tel: 27758715/ 27752113 / 27751116  
E-Mail: admin@ocp.edu.in Website: www.ocp.edu.in

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**Requirements:**

1. Volunteers (8-10) to perform the road show
2. A suitable location to host the event

**Timelines:**

12<sup>th</sup> September – 17<sup>th</sup> September

**Budget:**

These events will be financially aided by Boehringer Ingelheim India

**Next Steps:**

Incase you wish to collaborate with us on this project kindly revert back at the earliest.

*sh*

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# World Patient Safety Day- Project Proposal

An initiative by the Patient Safety and Pharmacovigilance (PSPV) Department –  
Boehringer Ingelheim India

## Project Background:

The PSPV team has always focused and emphasized on Patient Safety and their well being. Every year the PSPV team has been organizing events based on the WHO theme for World patient safety day which is held on 17<sup>th</sup> September. For the year 2022 WHO has declared the theme as Medication Safety.

The project focuses on Medication Error: What is it, The various categories that fall into it, How an individual may come across it in his day to day life and How it can be avoided.

## Project Objective:

1. To spread awareness
2. Contribute to decrease the occurrence of medication errors

## Project Scope:

The theme Medication Safety is highly relevant to the Patient and Caregiver community and the PSPV team wishes to make the most out of it. Medication error is such a topic that one may come across in his /her daily life but may go unnoticed due to the lack of awareness and we wish to change that. We intend to reach out to people in the interiors of the country by organizing a road show in a dispensary/public area. Using daily life instances and enact scenarios based on these instances making it simple for the people to relate to and understand how to prevent such errors. We wish to collaborate with your esteemed organization to help carry out this project in the rural areas and help prevent adversities that can be avoided just by spreading a little awareness.

\*All the volunteers will be provided with a certificate on behalf of Boehringer Ingelheim PSPV team.

**IPA-MSB-3F Interview.**

Date: 04<sup>th</sup> Feb 2023

Students who appeared for interview	Year
Sujal Jain	F.Y
Shravani Pisal	F.Y
Vidya Chand	F.Y
Hamza Menghrani	F.Y
Sadiqua Shaikh	F.Y
Aviral Tripathi	F.Y
Aditi Tayade	F.Y
Mansi Tiwari	S.Y
Richa Mahadik	S.Y

**STUDENTS WHO GOT SELECTED:**

Executive Committee – HAMZA MENGHRANI

Cultural Committee- SHRAVANI UDAY PISAL

Editorial- AVIRAL TRIPATHI



Javeria Farooque Mukadam	TY	Public Health Officer (PHO)
Sediya Chowdhary	TY	Asst. PHO
Khan Bushra kareem	TY	PHO member
Afiya Aital Tamboli	TY	PHO member
ANISH DEVENDRA NISHAD	TY	PHO member
Shaikh Arman	SY	PHO member
Bhargavi taware	SY	PHO member
Sakshi More	SY	PHO member
Shaikh Asad	SY	PHO member
Vaidhi zod	SY	PHO member
Fardeen Anwar	SY	PHO member





ORIENTAL EDUCATION SOCIETY'S  
**ORIENTAL COLLEGE OF PHARMACY**

(Approved by AICTE, PCL D.T.E., Affiliated to University of Mumbai & Certified by ISO 9001:2008)



**Date: 28/08/2023**

**Report**

**Paryavarn Sanrakshan Gatividhi (PSG)**

**Subject: National Students Paryavaran Competition (NSPC)**

Climate control is the top agenda under the leadership of our Hon'ble PM. It is now a well-established fact worldwide that concerted efforts are required for climate control to avoid further degeneration which may result in irreversible consequences. The ministry of Environment, Forest and Climate Change had organized National Students Paryavaran Competition (NSPC) under the aegis of Paryavaran Sanrakshan Gatividhi (PSG), which was scheduled from 1<sup>st</sup> July, 2023- 21<sup>st</sup> August, 2023. The objective of this program was to succeed in creating awareness amongst students to comprehend in depth the complexity of looming dangers of uncontrolled climate devastation.

**64 students from Oriental College of Pharmacy enthusiastically participated in the competition. All of them received certificates for participation.**

**10 students and eco club incharge got certificates for their outstanding performance in the competition.**

**Oriental College of Pharmacy got certificate for its participation in this awareness drive.**

The competition did not take any monetary registration fees, rather they requested to sow seeds as the registration fees. With regards to this an initiative of tree plantation was undertaken in OCP in the medicinal garden. Principal of OCP Dr. (Mrs.) Sudha Rathod and other profs took part in the same.

**Principal**

**Dr. (Mrs.) Sudha Rathod**

**Eco club incharge**

**Ms. Sanie Zehra Shaikh**



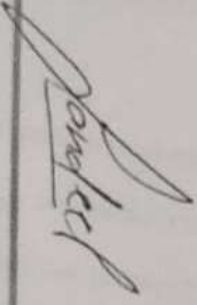
सत्यमेव जयते  
Ministry of Education  
Government of India

राष्ट्रीय छात्र पर्यावरण प्रतियोगिता-2023  
(NATIONAL STUDENTS PARYAVARAN COMPETITION-NSPC-2023)

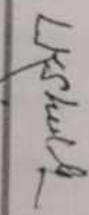


**Oriental College Of Pharmacy**  
Thane, Maharashtra

संस्थान को राष्ट्रीय छात्र पर्यावरण प्रतियोगिता-2023  
में हिस्सा लेना के लिए यह ई-प्रमाणपत्र प्रदान किया जाता है  
Institute is presented this e-certificate for participating in NSPC-2023

  
\_\_\_\_\_

SANDEEP BALYAN

  
\_\_\_\_\_

DR UMESH SHUKLA  
Organised by:

  
\_\_\_\_\_

PROF. HAKAM DAN CHARAN

## Report Painting Competition

Eco-club cell of Oriental College of Pharmacy arranged painting competition during the cultural week of college. Theme of this competition was "Conserve what our children deserve"

Students had to express through different hues, ways to curtail the environmental blues. They had to portray a clear message to the observer through their painting to save the environment/nature like trees, plantations, air, water, ozone, soil, mountain, forest, wildlife, birds, aquatic animals, endangered species, or any other relevant subject related to nature. Writing short slogan was allowed to support the depiction.

This competition was held on 23<sup>rd</sup> February, 2023, between 10 a.m. – 12 p.m. in 3<sup>rd</sup> floor Pharmaceutics lab. A3 size canvas papers were supplied, which was purchased from amazon and costed 396/- for 12 sheets. Painting materials were brought by students. There were in total 13 participants from which 12 turned up for the competition.

Dr. Pradnya Palekar Shanbhag, Dr. Vandana Jain and Ms. Jhilika Singh were the evaluators. Codes were given to the participants, to keep the judges blind in order to avoid any bias. Based on the average scores given by the judges, 3 prizes were given.

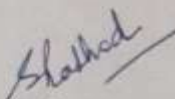
1<sup>st</sup>: Eco-05 (Ms. Mauli Sangar from F.Y. B. Pharm-B)

2<sup>nd</sup>: Eco-01 (Ms. Meena Gupta from T.Y. B. Pharm-A)

3<sup>rd</sup>: Eco-06 (Ms. Nehal Sarvaiya from T.Y. B. Pharm-B)

Cash prizes and achievement certificates were given to all winners on the following annual day. First prize 1000/-, second prize-600/- and third prize-400/-. All the other participants were given participation certificate.

All the paintings done by students were very beautiful. They were presented to Principal-Dr. (Mrs.) Sudha Rathod, she was highly impressed, praised all students and asked to keep all paintings on display.

  
Principal

Dr. (Mrs.) Sudha Rathod

  
Eco-club in charge

Ms. Sanie Zehra Shaikh







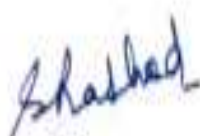


## Report of World Earth Day celebration

On 22<sup>nd</sup> April 2022, on the occasion of World Earth Day, Eco-club committee of Oriental College of Pharmacy celebrated the day by planting new medicinal herbs in our medicinal garden, which will not only benefit our earth but they will be beneficial for humans as well.

Every year on April 22, billions of people across the globe join together to raise the awareness about environmental protection. Today around 1 billion people in 193 countries take part in Earth Day and resolve to protect the environment and biodiversity.

Eco-Club committee contributed a bit to this and few medicinal herbs were planted by our principal madam, teaching staff, non-teaching staff and committee in-charges.

  
Dr. Sudha Rathod  
(Principal)

  
Ms. Swarnali Manick  
(Eco-club co-ordinator)

  
Ms. Sanie Zehra Shaikh  
(Eco-club co-ordinator)

**Images of Event: World Earth Day celebration**













## Report

### Best out of waste/ Build the trash

Best out of waste event was organized by the Eco-club cell of Oriental College of Pharmacy in the cultural week of college. The theme of the event was anything useful and innovative out of daily wastes. Students had to make something useful out of daily wastes like peanut shells, egg shells, coconut shells, used matchsticks, empty blister packs of tablets or capsules, empty medicine bottles, dry leaves or flowers, old used clothes, used paper or plastic cups straws, used pens, etc. Students were encouraged to actively participate in the event.

On 16<sup>th</sup> March, 2022 event was arranged in S. Y. B. Pharm classroom (207) at 12:00pm. There were 5 groups of 3 individuals each. Models on completion were evaluated by Mrs. Varsha Patil and Mrs. Aparajita Patil.

First and second winners were awarded with cash prizes of 1000 and 500 each and certificates to each winner. All the other participants were given consolation certificate.

The first prize winners were from S. Y. B. Pharm Division-B, they had made a model on the concept of Neuro-humoral transmission in Pharmacology.

Principal Dr. Sudha Rathod came to see the models and was highly impressed with first prize winning model, and thus madam asked to display it in OCP museum.



Principal

Dr. Sudha Rathod



Eco club in charge

Ms. Sanie Zehra Shaikh



Eco club in charge

Ms. Swarnali Manick

Images of Event:









